

## INSTRUCTIONS

During Training #3, you'll learn about some of the research that QPI is based upon—specifically the importance of attachment and relationships. While applying this research to foster care, Dr. Zeanah looks specifically at transitions, and the key components to developmentally-informed transitions. This Training Companion will help you prepare for your Discussion Group on **March 12th**. Be ready to talk about these Three Cs in your discussion group, including how they relate to QPI's principles.

During the training, you can take notes on each of the three Cs:

### 1. Collaboration:

### 2. Communication:

### 3. Continuity: