

The

Life

Of





Important People

(Contact Information)

NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL

NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL

MESSAGES

FROM IMPORTANT PEOPLE IN MY LIFE

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed by large, orange, curly brackets on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed by large, orange, curly brackets on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed by large, orange, curly brackets on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

MESSAGES

FROM IMPORTANT PEOPLE IN MY LIFE

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed in large, orange curly braces on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed in large, orange curly braces on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed in large, orange curly braces on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

MESSAGES

FROM IMPORTANT PEOPLE IN MY LIFE

A yellow rectangular card with four horizontal black lines for writing. The card is framed by orange curly braces on the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with four horizontal black lines for writing. The card is framed by orange curly braces on the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with four horizontal black lines for writing. The card is framed by orange curly braces on the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

MESSAGES

FROM IMPORTANT PEOPLE IN MY LIFE

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed by large, orange curly braces on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed by large, orange curly braces on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed by large, orange curly braces on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

TAB:

Labeled: All About Me

All About Me

Name: _____

My Favorites

Food:



Color:



Activity:



Animal:



Place:



Likes & Dislikes

Things I Like:



1 _____

2 _____

3 _____

Things I do not like:



1 _____

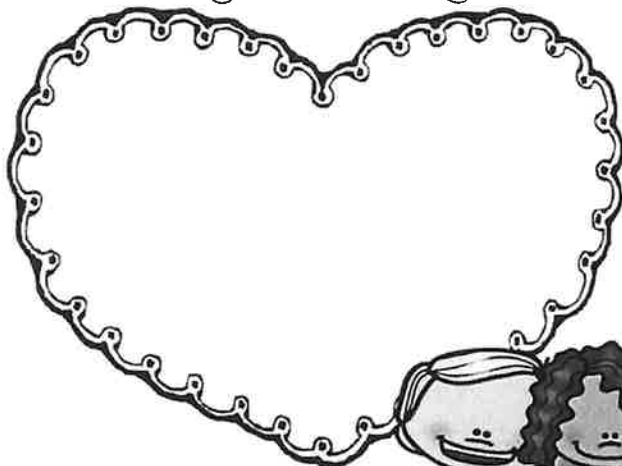
2 _____

3 _____

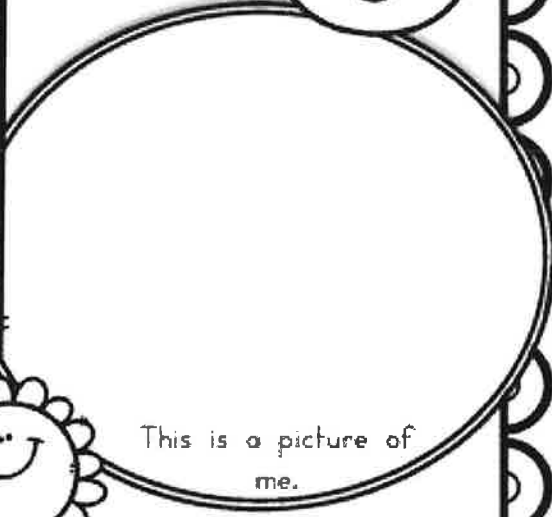
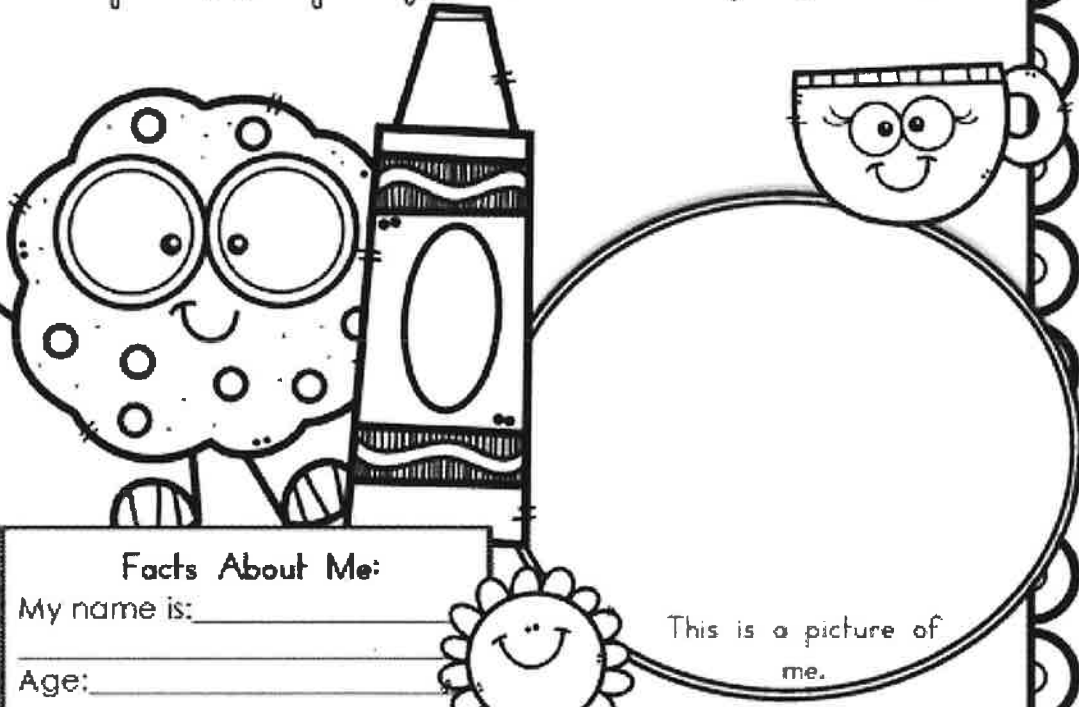
When I Grow Up

I want to be...

My Family



All About Me!



Facts About Me:

My name is: _____

Age: _____

When I grow up I want to be:

This is a picture of me.

My Favorites

Animal: _____

Food: _____

Sport: _____

Color: _____

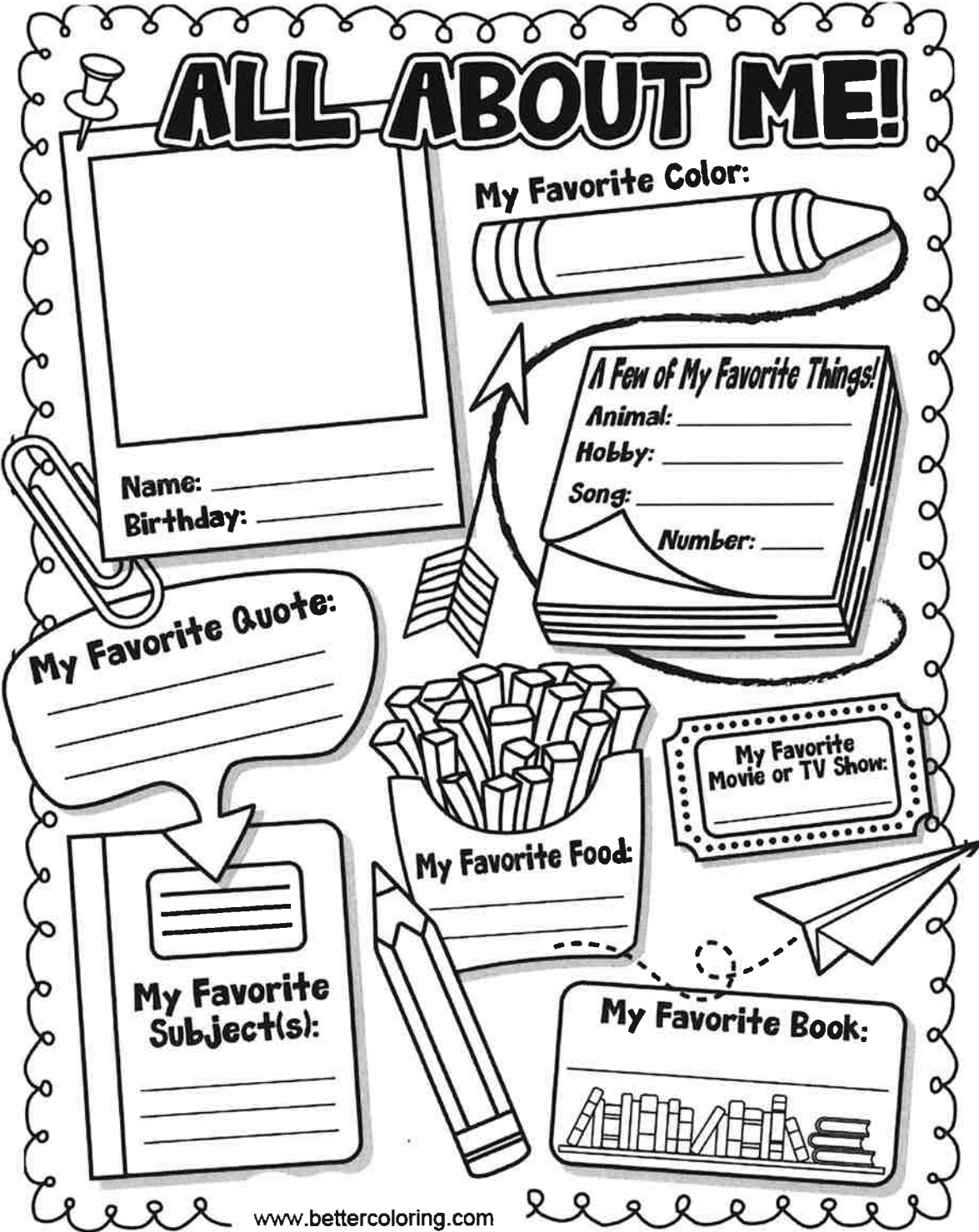
Book: _____

Things to do at home:

My Hero

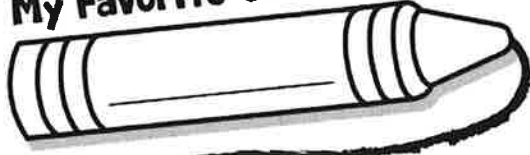
Something You Don't Know About Me

ALL ABOUT ME!



Name: _____
Birthday: _____

My Favorite Color:



A Few of My Favorite Things!

Animal: _____
Hobby: _____
Song: _____
Number: _____

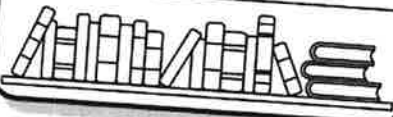
My Favorite Quote:

My Favorite Food:

My Favorite
Movie or TV Show:

My Favorite
Subject(s):

My Favorite Book:





all about me

my favorite color is



my favorite food is



I'm a superstar because



my birthday is in this month



my favorite place to visit is



when I grow up I want to be a



my best friend is



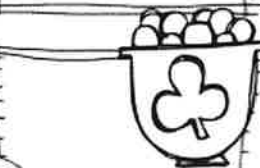
my favorite book is



I am this many years old



my favorite subject is

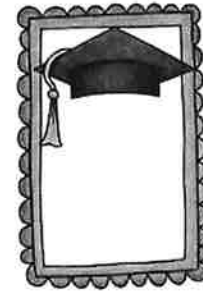


I want you to know this most of all!

my favorite holiday is



all about Me



My favorite word

“ ”

My birthday

MONTH	DAY

My self portrait

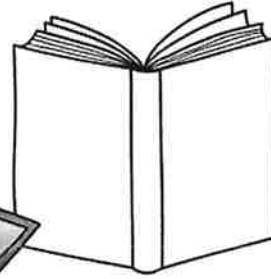


My favorite color

My favorite animal



My favorite School subject



What makes me happy

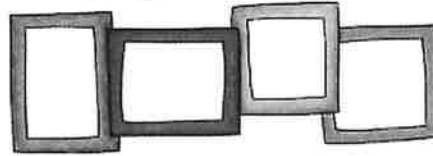


My favorite food

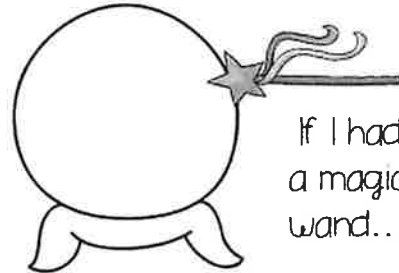
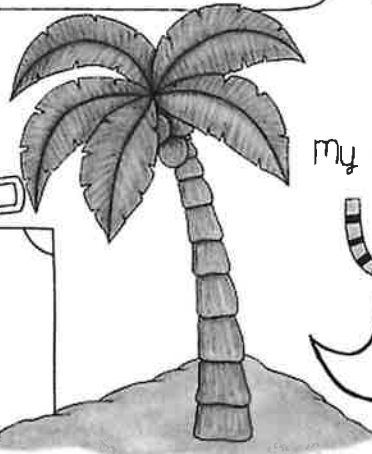
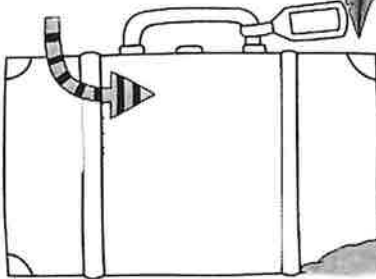


What I'm afraid of or worried about

My friends

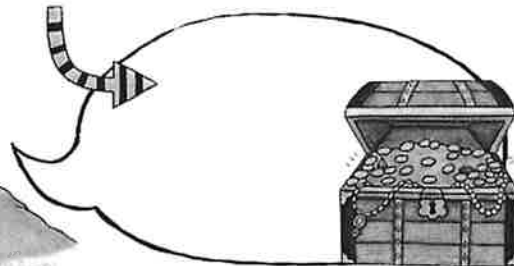


What I'd bring on a deserted island



If I had a magic wand...

My most treasured possession



TAB:

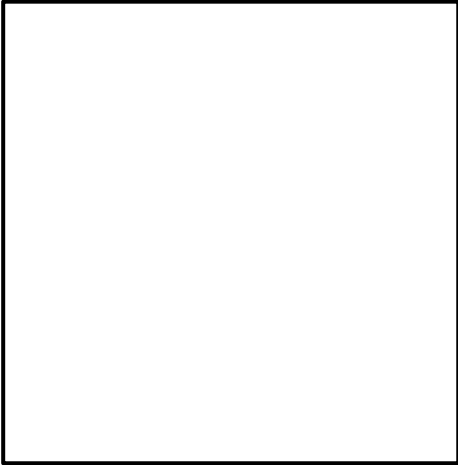
Labeled: My family

My Family Story

A large, stylized outline of a house in a brown color. The house has a triangular roof and a chimney on the right side, outlined in red. The interior of the house is filled with horizontal lines for writing. There are four lines in the attic area and sixteen lines in the main body of the house, providing a total of twenty lines for a story.

My Family Story

A house-shaped writing template. The house is outlined in brown and has a red chimney on the right side. The interior of the house is filled with horizontal lines for writing. There are 18 lines in total, with the first four lines being shorter to fit under the roofline and the remaining 14 lines extending to the full width of the house.



MY _____ MOM

(BIRTH, STEP, FOSTER, ADOPT)

MY MOM'S NAME IS: _____

MY MOM WAS BORN ON: _____

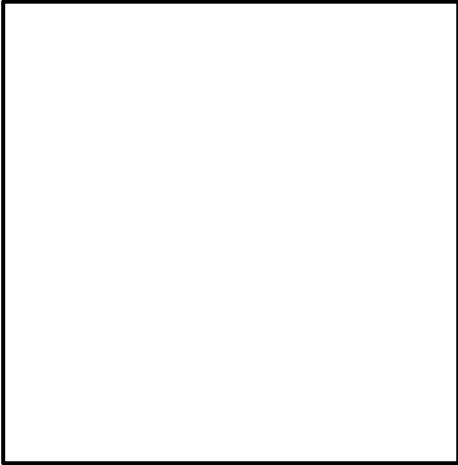
MY MOM IS FROM: _____

THE BEST THING ABOUT MY MOM ...

THE THINGS I LIKE DOING WITH MY MOM ARE:

A SPECIAL MEMORY I HAVE WITH MY MOM IS:

A STORY MY MOM HAS TOLD ME:



MY _____ MOM

(BIRTH, STEP, FOSTER, ADOPT)

MY MOM'S NAME IS: _____

MY MOM WAS BORN ON: _____

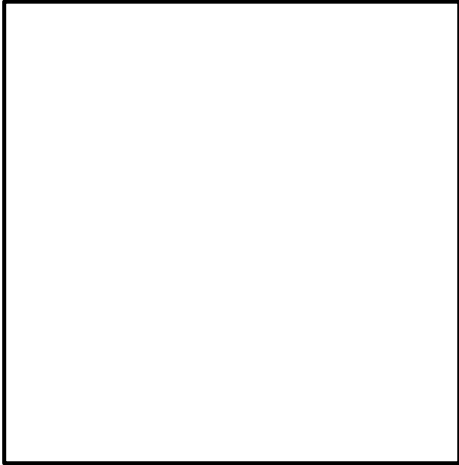
MY MOM IS FROM: _____

THE BEST THING ABOUT MY MOM ...

THE THINGS I LIKE DOING WITH MY MOM ARE:

A SPECIAL MEMORY I HAVE WITH MY MOM IS:

A STORY MY MOM HAS TOLD ME:



MY _____ DAD

(BIRTH, STEP, FOSTER, ADOPT)

MY DAD'S NAME IS: _____

MY DAD WAS BORN ON: _____

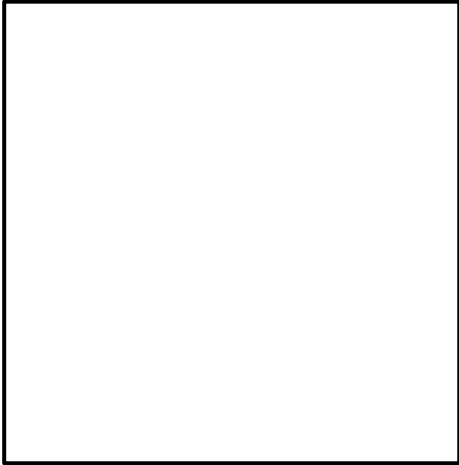
MY DAD IS FROM: _____

THE BEST THING ABOUT MY DAD ...

THE THINGS I LIKE DOING WITH MY DAD ARE:

A SPECIAL MEMORY I HAVE WITH MY DAD IS:

A STORY MY DAD HAS TOLD ME:



MY _____ DAD

(BIRTH, STEP, FOSTER, ADOPT)

MY DAD'S NAME IS: _____

MY DAD WAS BORN ON: _____

MY DAD IS FROM: _____

THE BEST THING ABOUT MY DAD ...

THE THINGS I LIKE DOING WITH MY DAD ARE:

A SPECIAL MEMORY I HAVE WITH MY DAD IS:

A STORY MY DAD HAS TOLD ME:

My Brother

My brother is important to me because _____

I like to _____

_____ with my brother.

Words that describe my brother:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

A special memory _____

My Brother

My brother is important to me because _____

I like to _____

_____ with my brother.

Words that describe my brother:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

A special memory _____

My Brother

My brother is important to me because _____

I like to _____

_____ with my brother.

Words that describe my brother:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

A special memory _____

My Brother

My brother is important to me because _____

I like to _____

_____ with my brother.

Words that describe my brother:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

A special memory _____

My Sister

My sister is important to me because _____

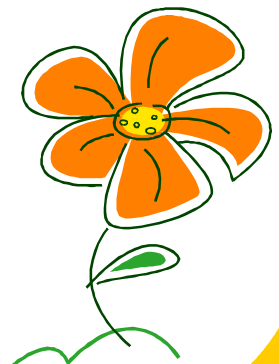
I like to _____

_____ with my sister.

Words that describe my sister:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

A special memory _____



My Sister

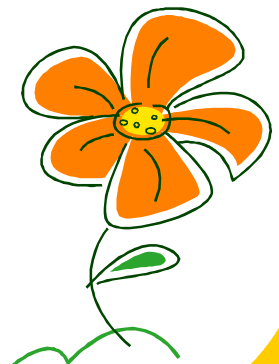
My sister is important to me because _____

I like to _____

_____ with my sister.

Words that describe my sister:

A special memory _____



My Sister

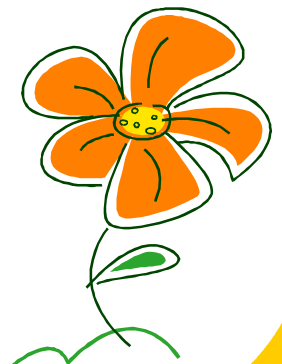
My sister is important to me because _____

I like to _____

_____ with my sister.

Words that describe my sister:

A special memory _____



My Sister

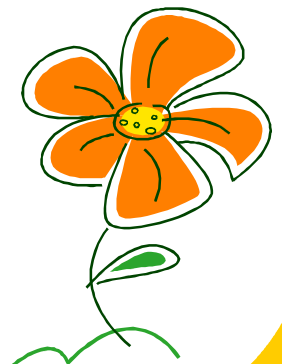
My sister is important to me because _____

I like to _____

_____ with my sister.

Words that describe my sister:

A special memory _____

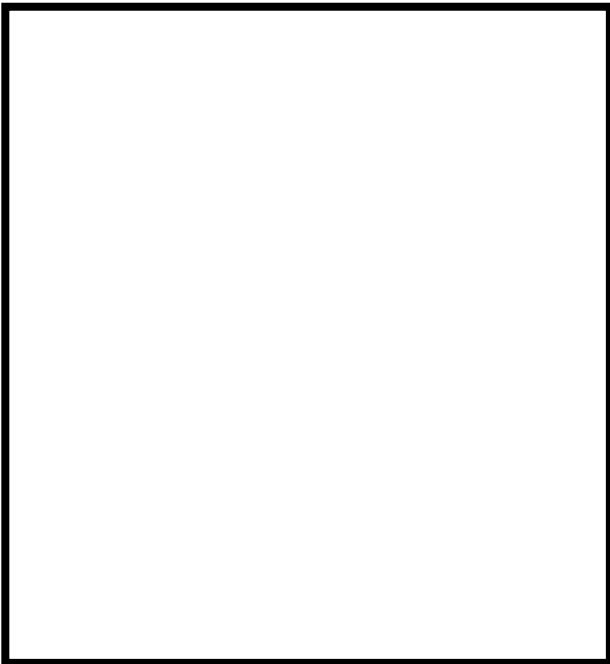
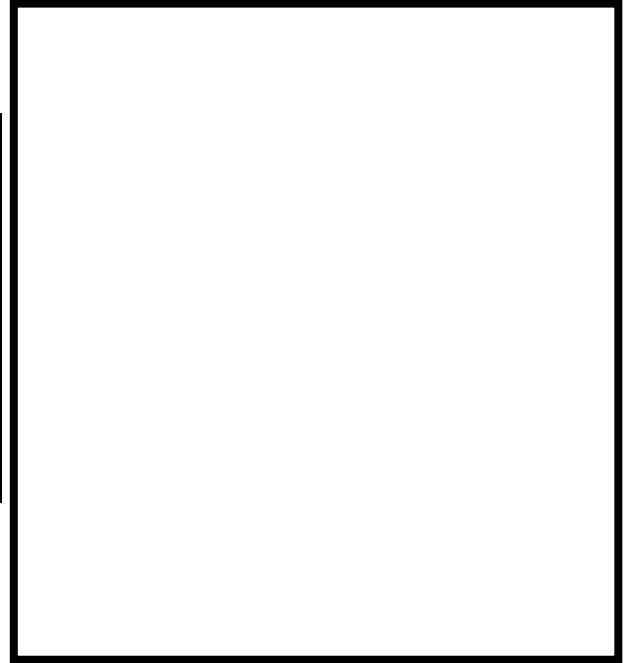


MY EXTENDED FAMILY MEMBERS

Family member's name: _____

How are we related: _____

Memories:



Family member's name: _____

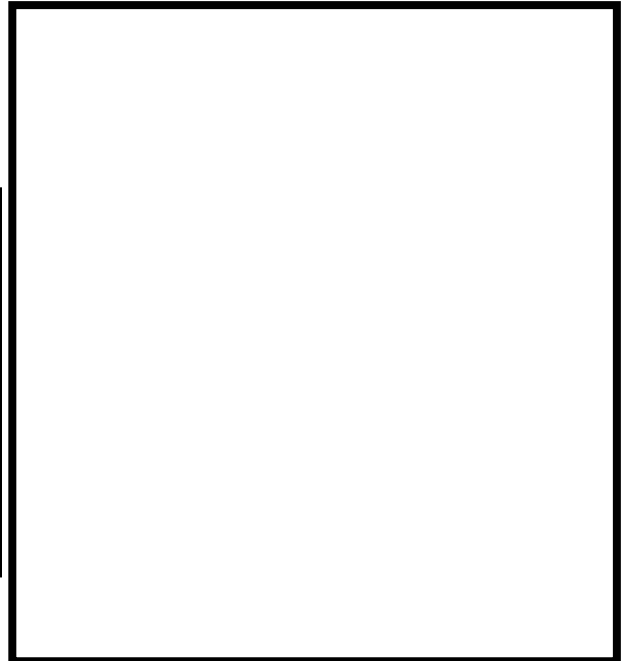
How are we related: _____

Memories:

Family member's name: _____

How are we related: _____

Memories:

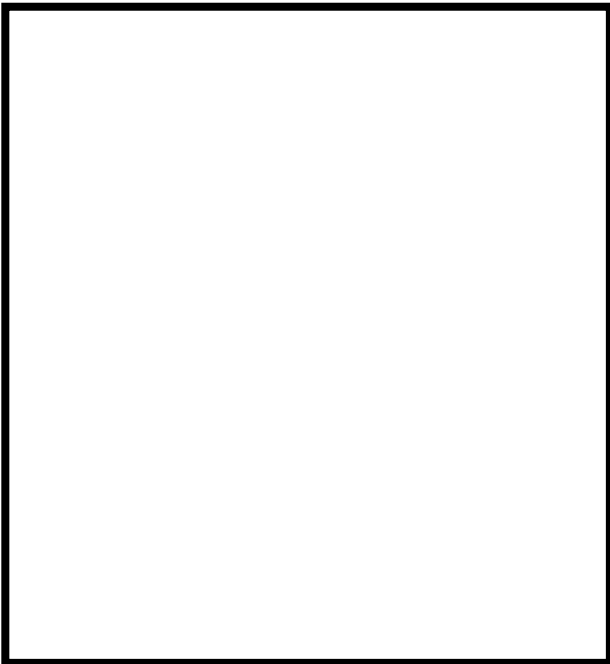
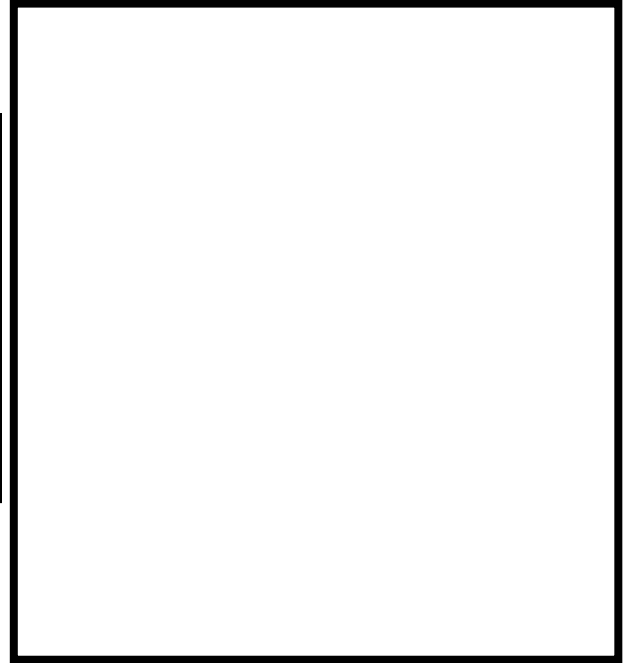


MY EXTENDED FAMILY MEMBERS

Family member's name: _____

How are we related: _____

Memories:



Family member's name: _____

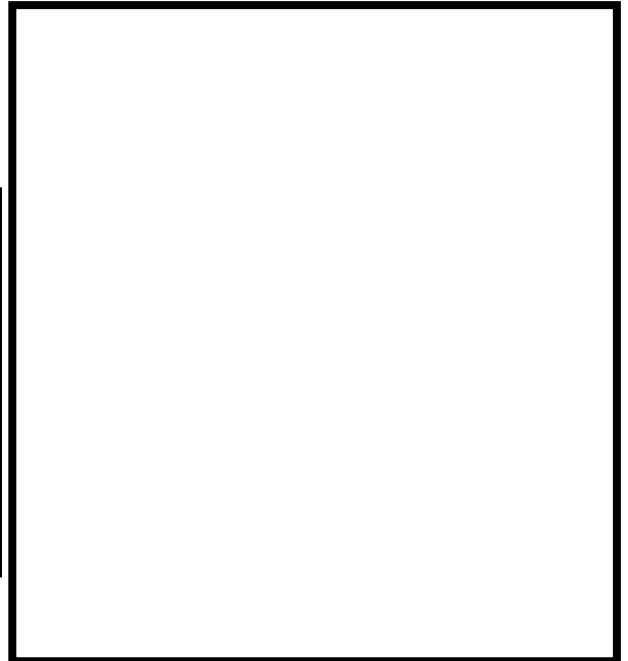
How are we related: _____

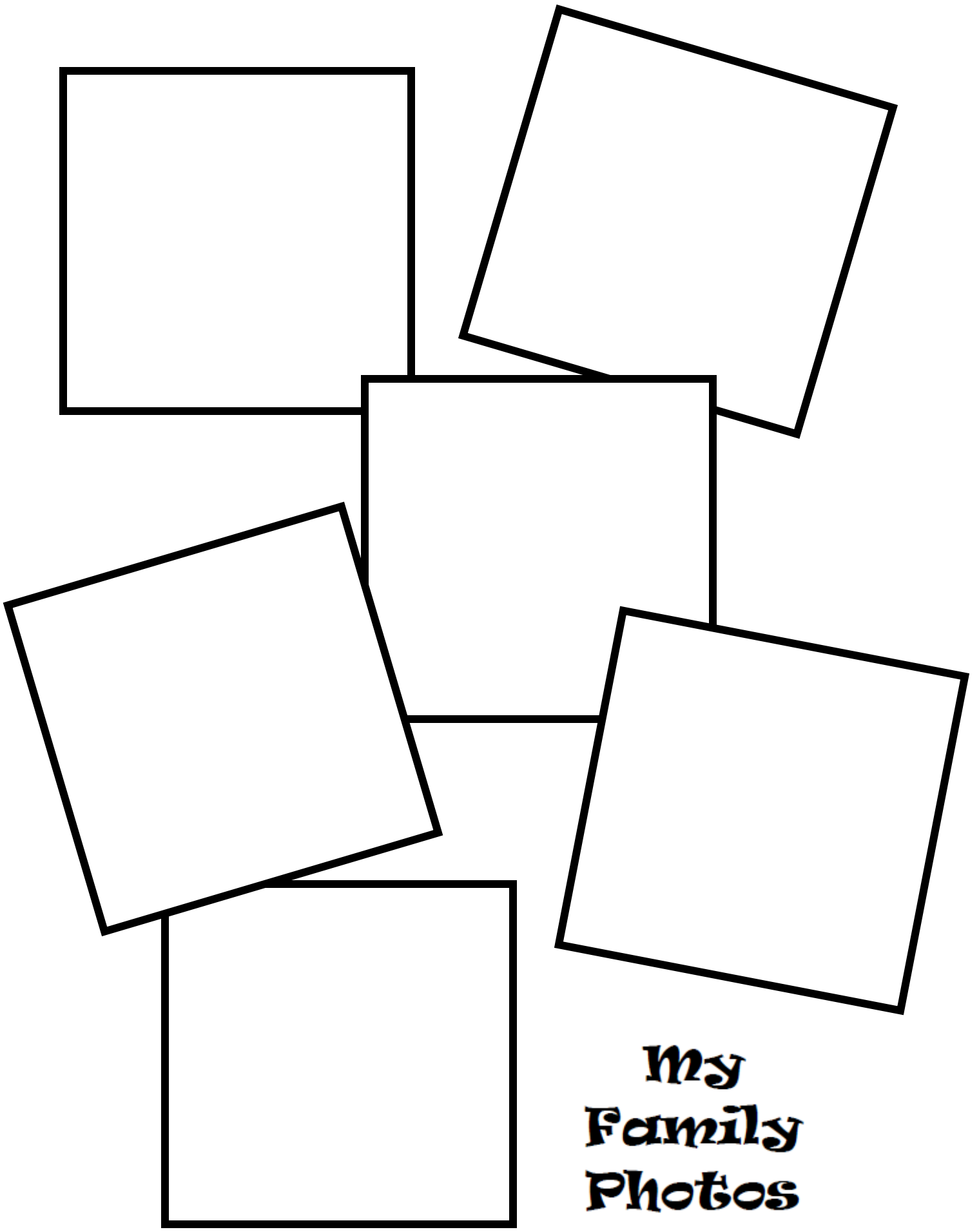
Memories:

Family member's name: _____

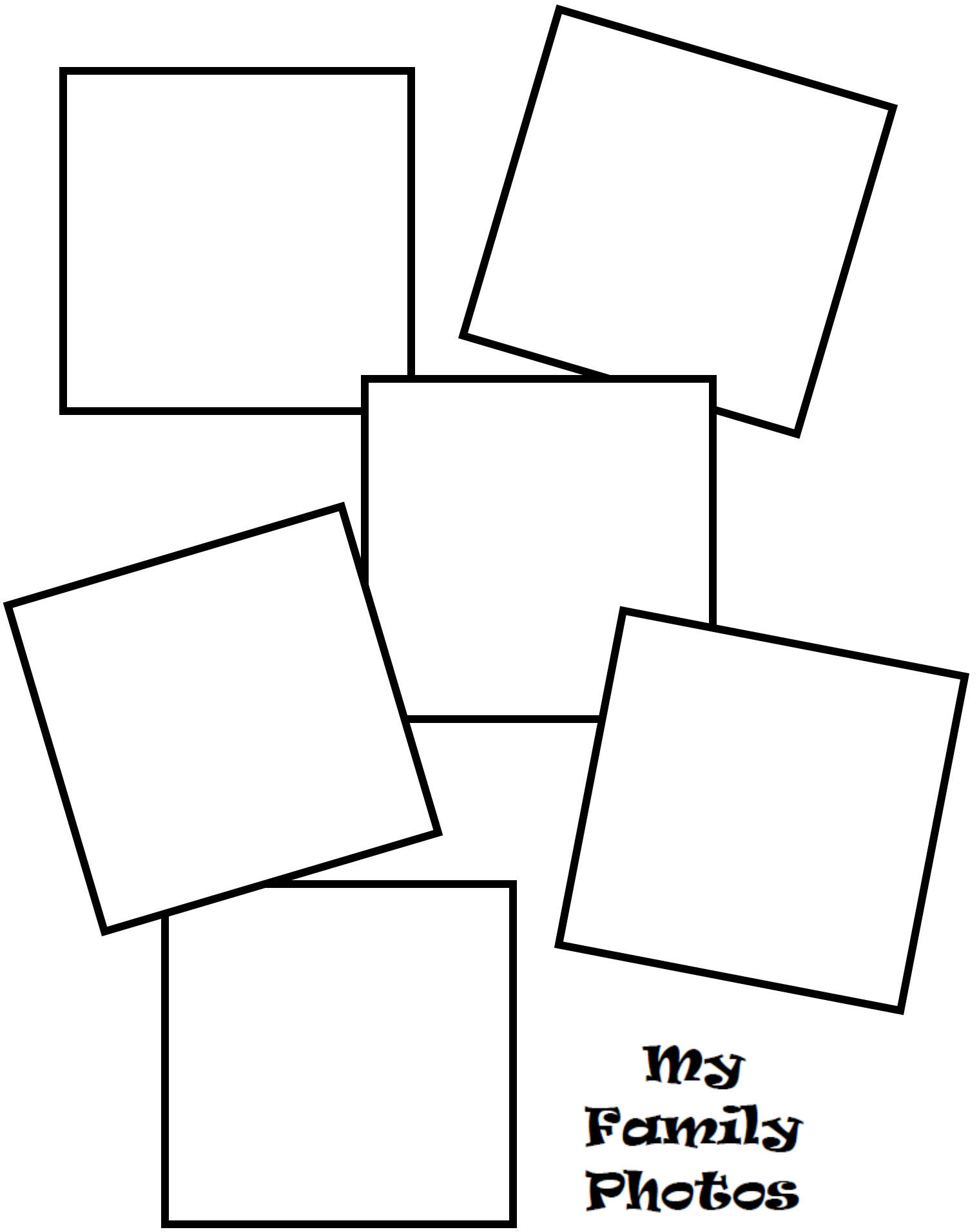
How are we related: _____

Memories:





**My
Family
Photos**



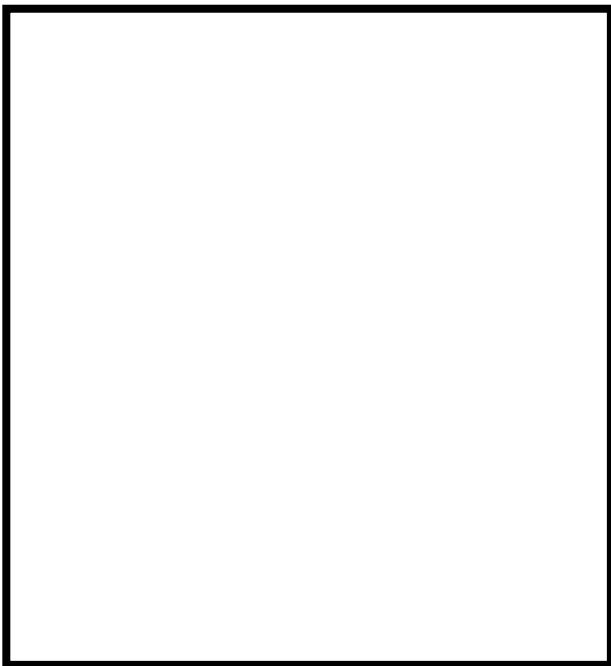
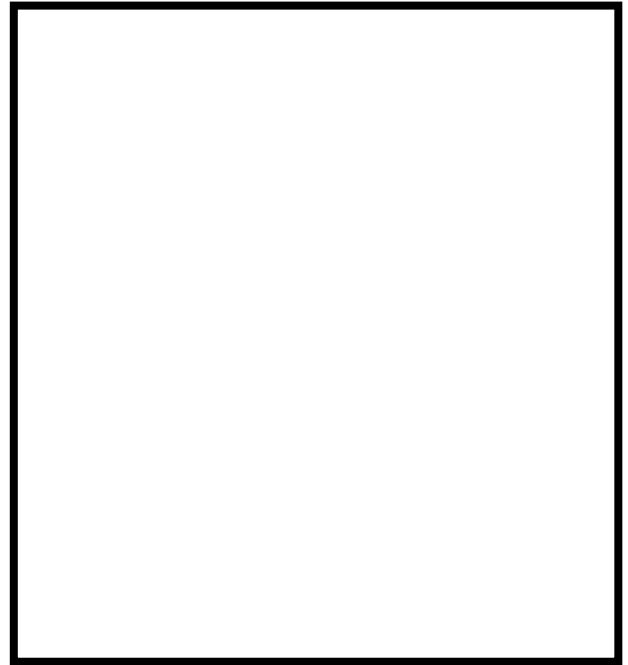
**My
Family
Photos**

TAB:

Labeled: People in my life

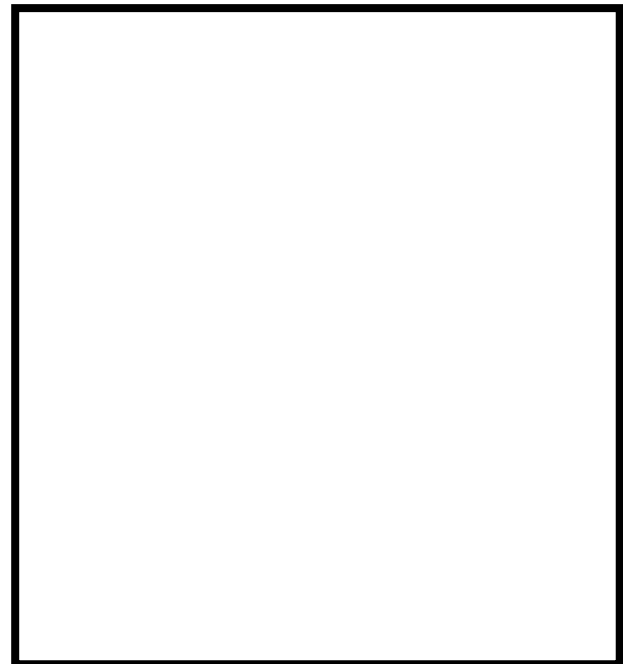
Someone I look up to

_____ means so much to me because



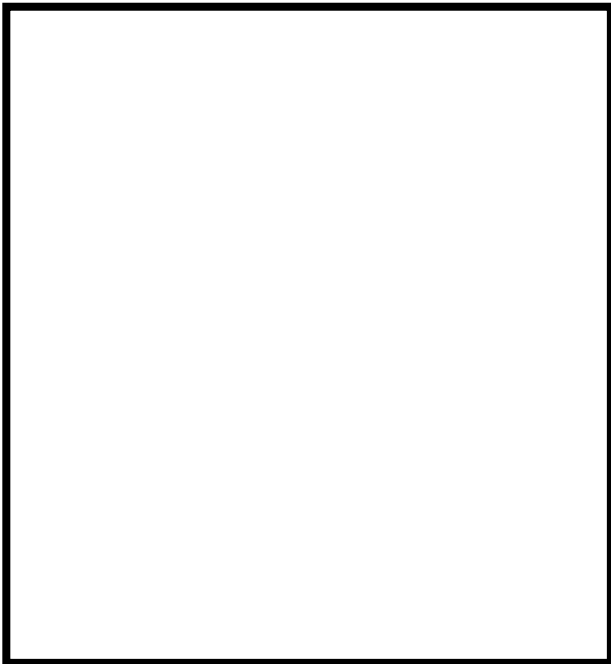
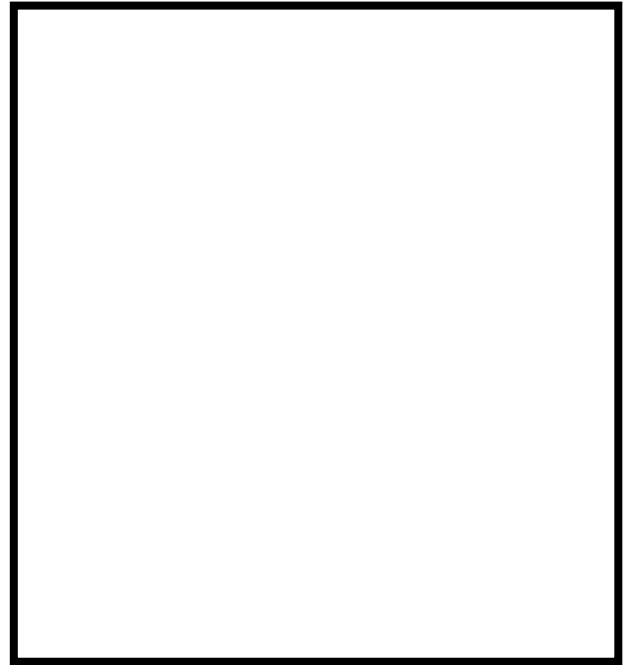
_____ means so much to me because

_____ means so much to me because



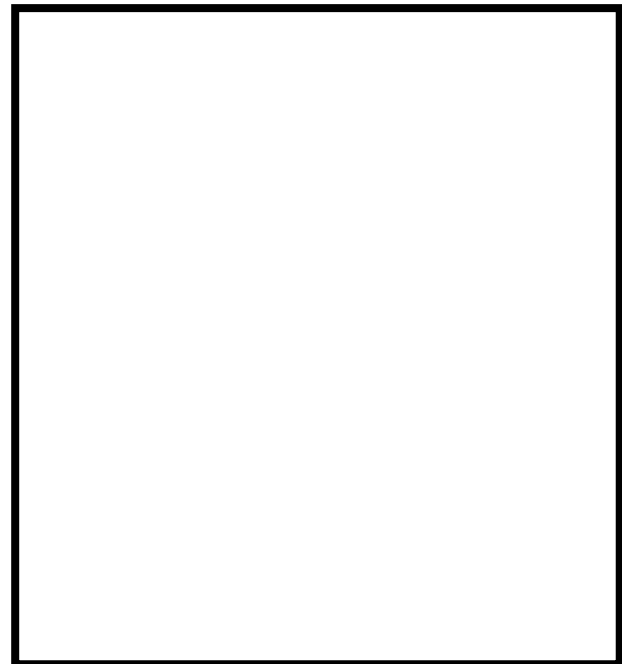
Someone I look up to

_____ means so much to me because



_____ means so much to me because

_____ means so much to me because

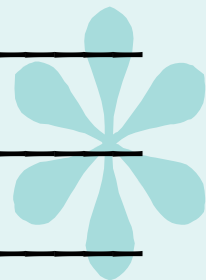




Someone I Care About

is special to me because

A happy memory:

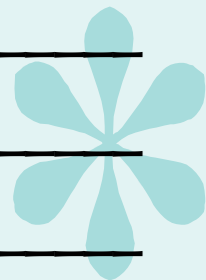


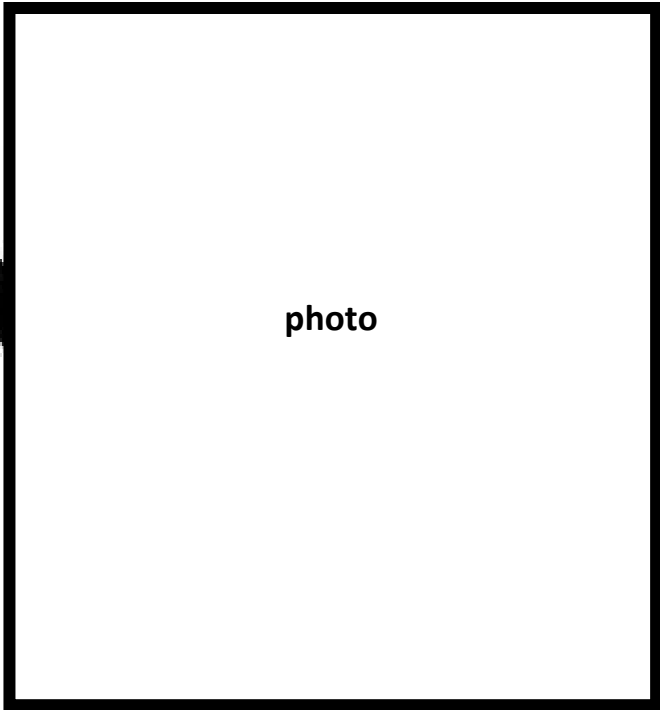


Someone I Care About

is special to me because

A happy memory:





photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

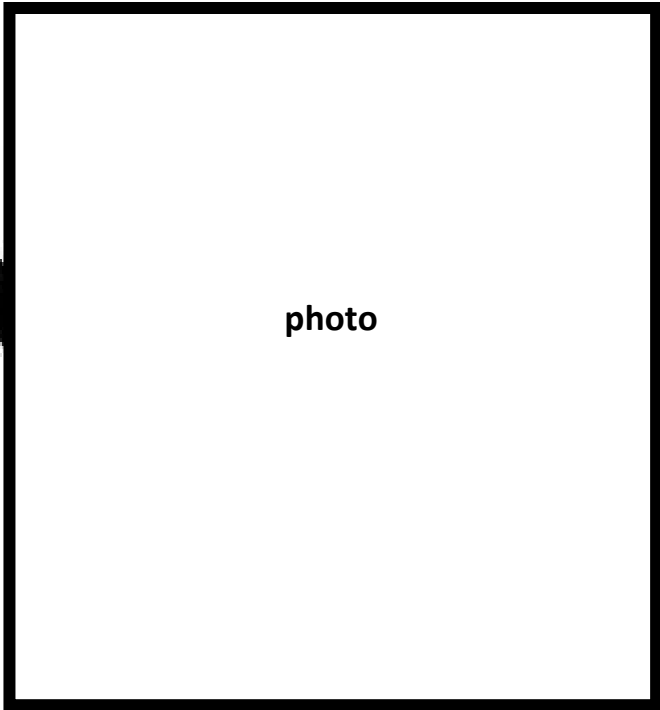
My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because



photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

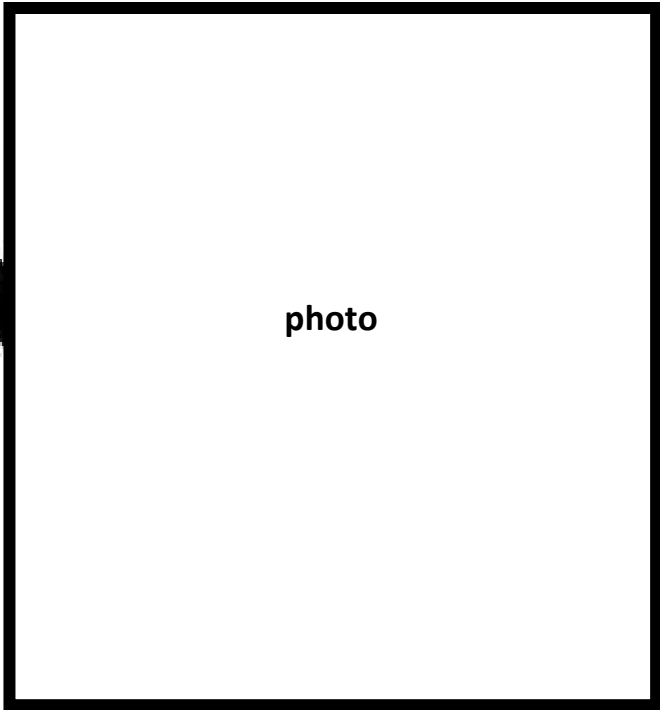
My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because



photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

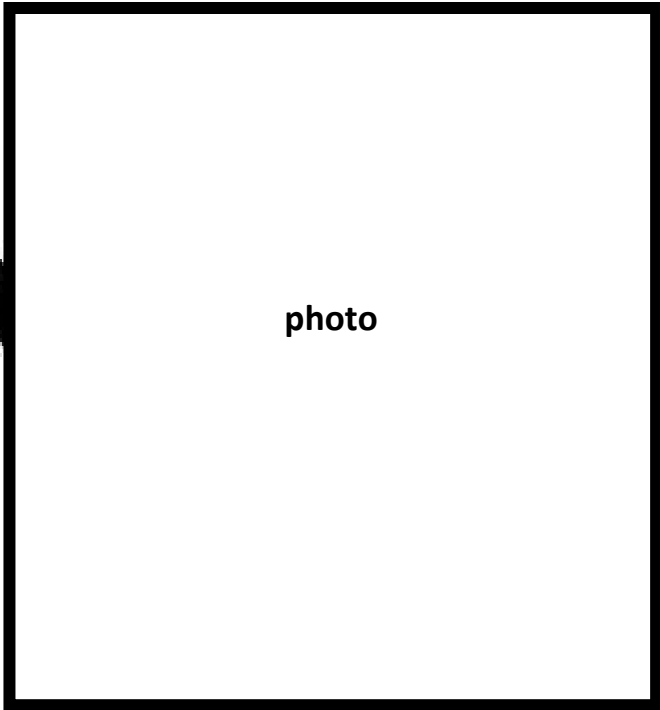
My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because



photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

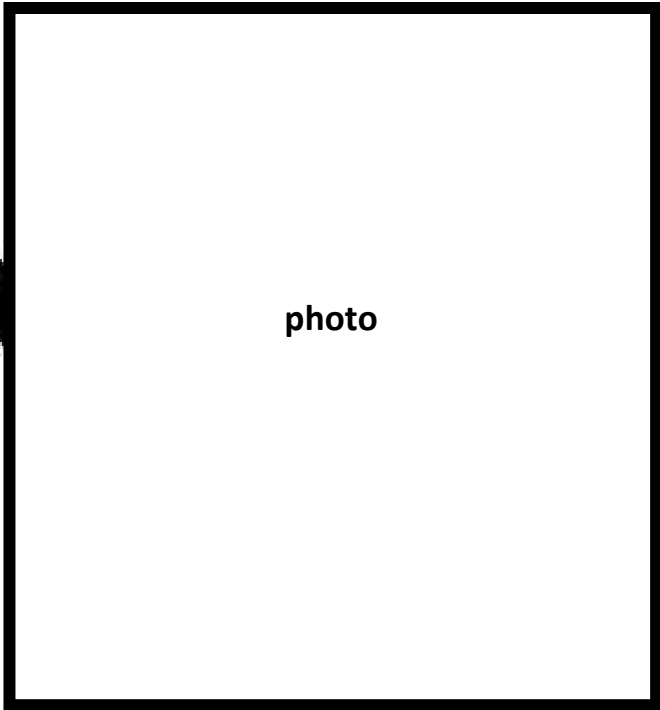
My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because



photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

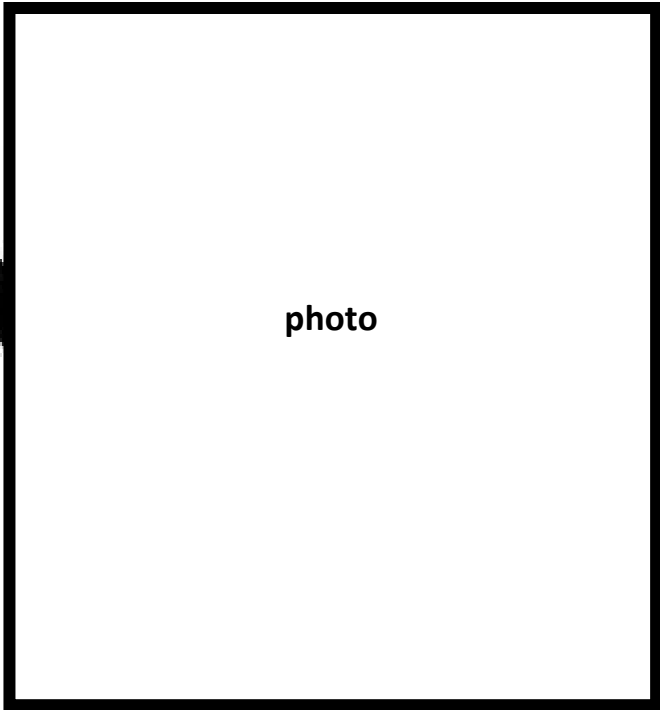
My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because



photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because

TAB:

Labeled: Milestones & School



When I was born

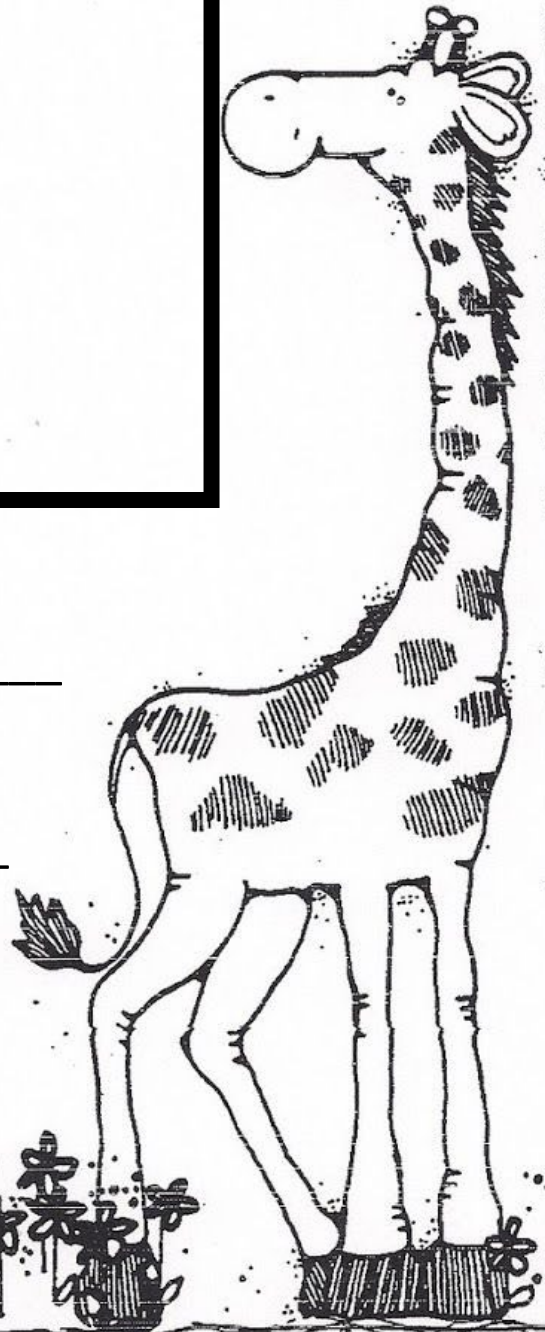
My Full Name

My birth date & time

Weight

Length

Location



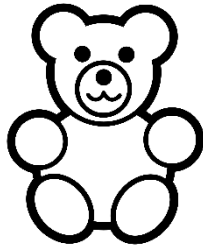
Baby Milestones

Smiling

(around 8 weeks)

Date:

Age:



Grabbing

(3-4 months)

Date:

Age:

Hugging

(around 5 months)

Date:

Age:

Rolling Over

(2-3 months)

Date:

Age:

Sitting Up

(10-18 months)

Date:

Age:

Crawling

(6-10 months)

Date:

Age:

Peek-a-Boo

(around 6 months)

Date:

Age:

Walking

(10-18 months)

Date:

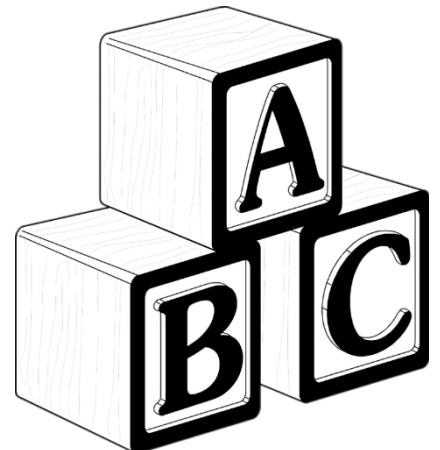
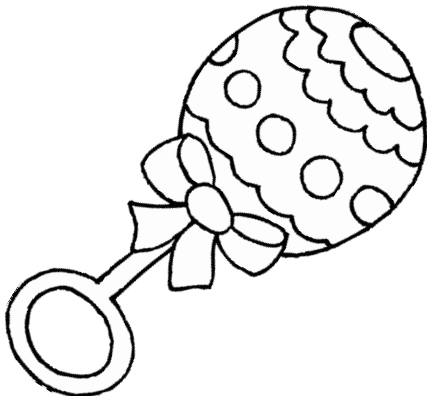
Age:

Pulling Up

(around 8 months)

Date:

Age:



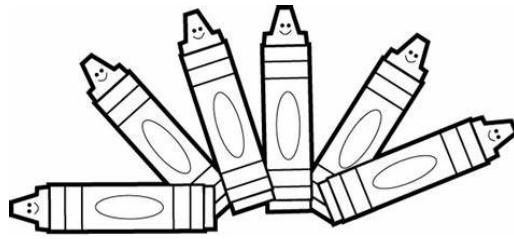
Baby Milestones

Scribbles

(around 1 years old)

Date:

Age:



First Word

(18 months)

Date:

Age:

First Friend

Name:

Age:

Hair cut

Date:

Age:

First tooth

(around 6 months)

Date:

Age:

Brush teeth

Date:

Age:

Cup

(6-9 months)

Date:

Age:

Claps

(9 months)

Date:

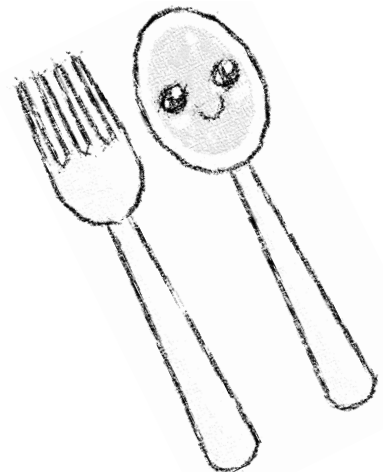
Age:

Fork & Spoon

(10-12 months)

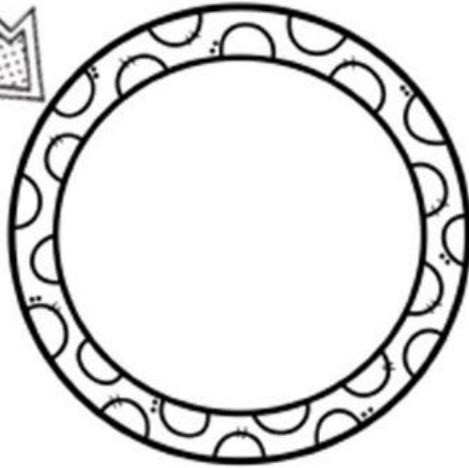
Date:

Age:

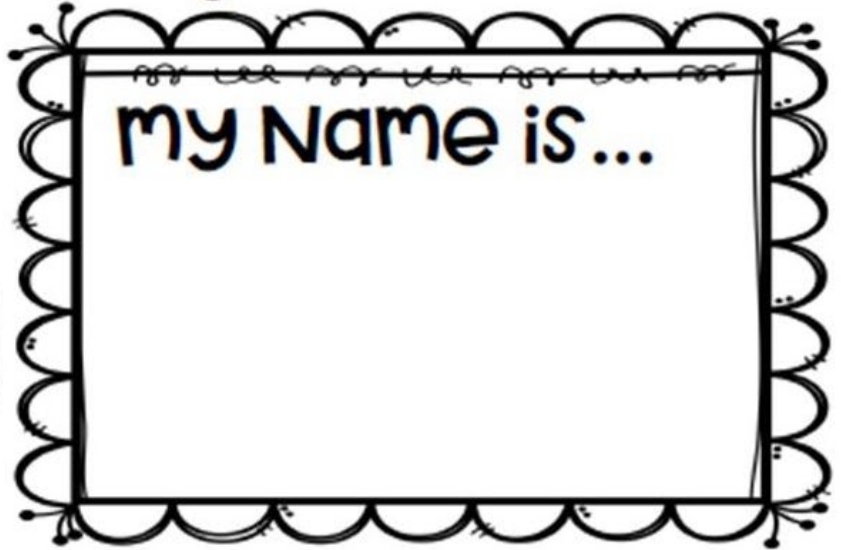


I'm an Amazing Preschooler!

This is ME!



my Name is...



I am _____ years old!

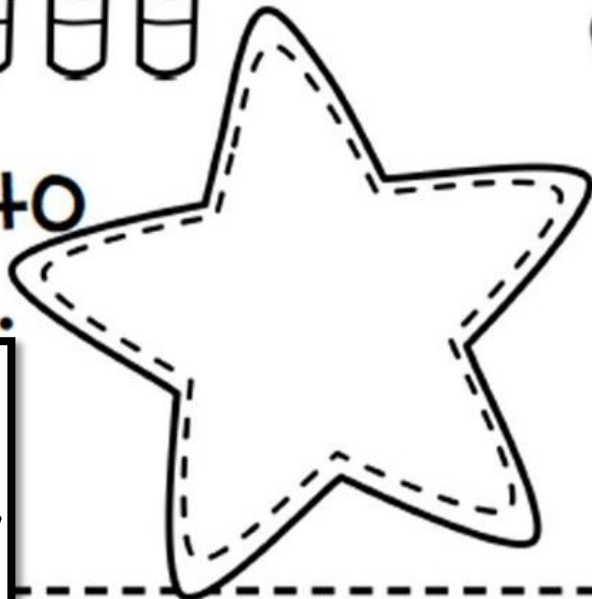
Color in the correct number of candles.



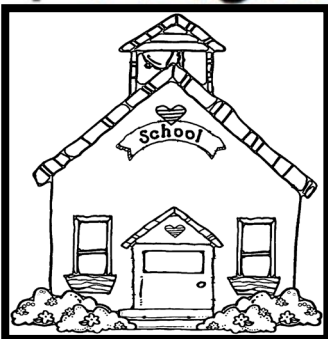
my favorite
color is



I like to
play...



ALL
ABOUT
ME!

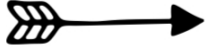


FIRST



kindergarten

ALL ABOUT ME



name



Large empty rectangular box for drawing or writing.

I AM _____ YEARS OLD

MY SCHOOL _____

MY TEACHER _____

MY FAVORITE FOOD _____

MY FAVORITE THING TO DO IS _____

WHEN I
GROW UP I
WANT TO BE:

Empty rectangular box for writing the answer to the question above.

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle

CHEER



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle

CHEER



MY SCHOOL IS



WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle

CHEER



MY SCHOOL IS

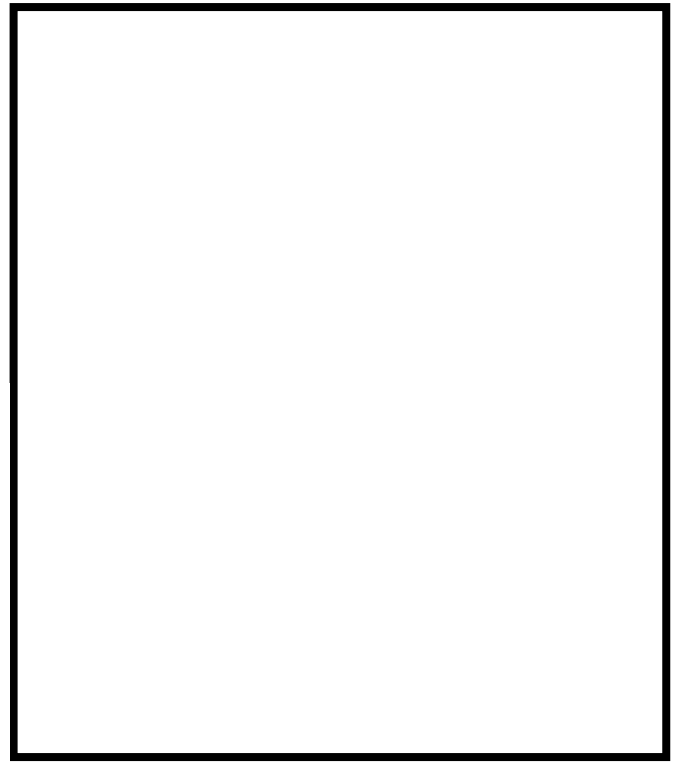


WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

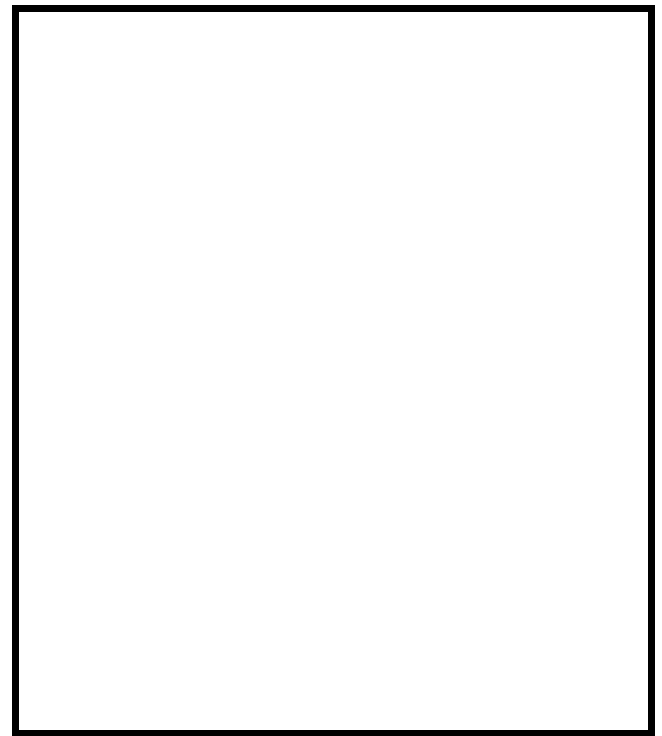
TAB:

Labeled: Birthday & Memories



All About it:

I am _____ years old!



All About it:

I am _____ years old!



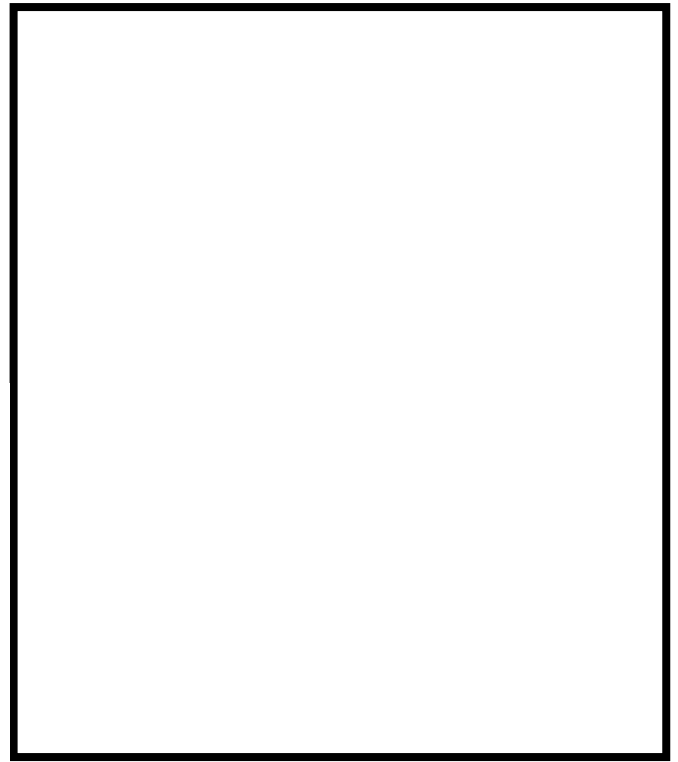
All About it:

I am _____ years old!



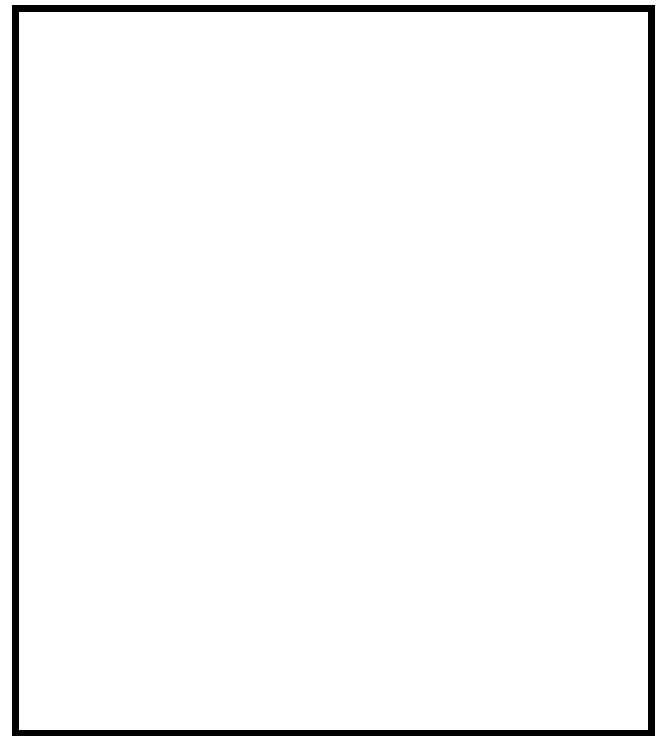
All About it:

I am _____ years old!



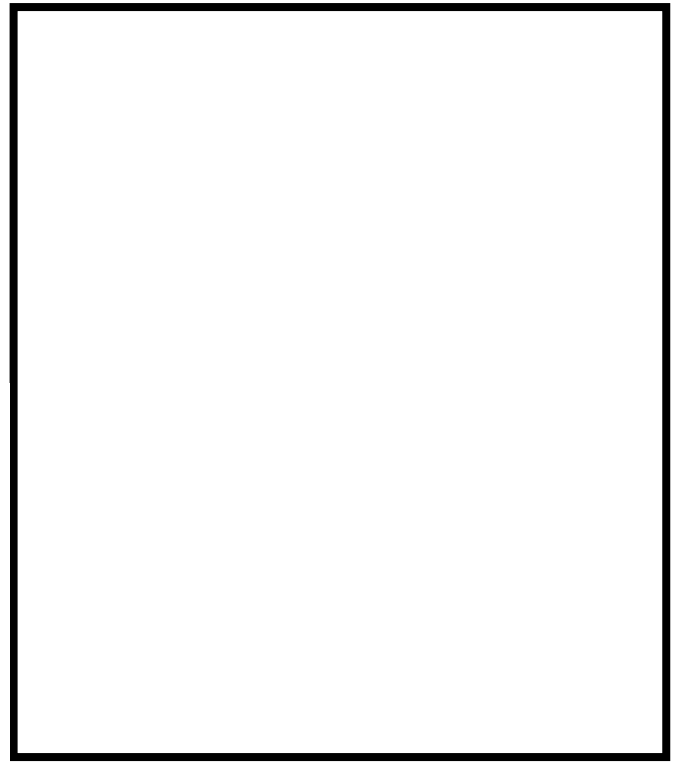
All About it:

I am _____ years old!



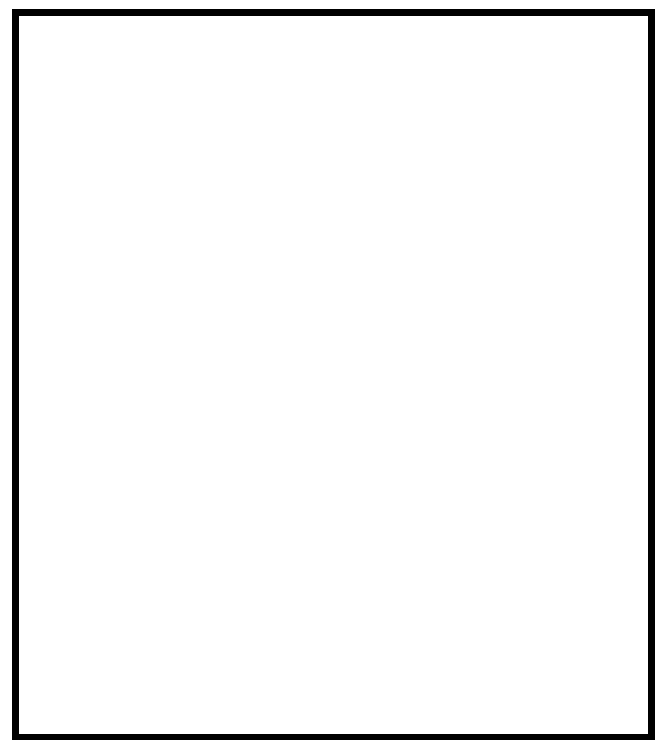
All About it:

I am _____ years old!



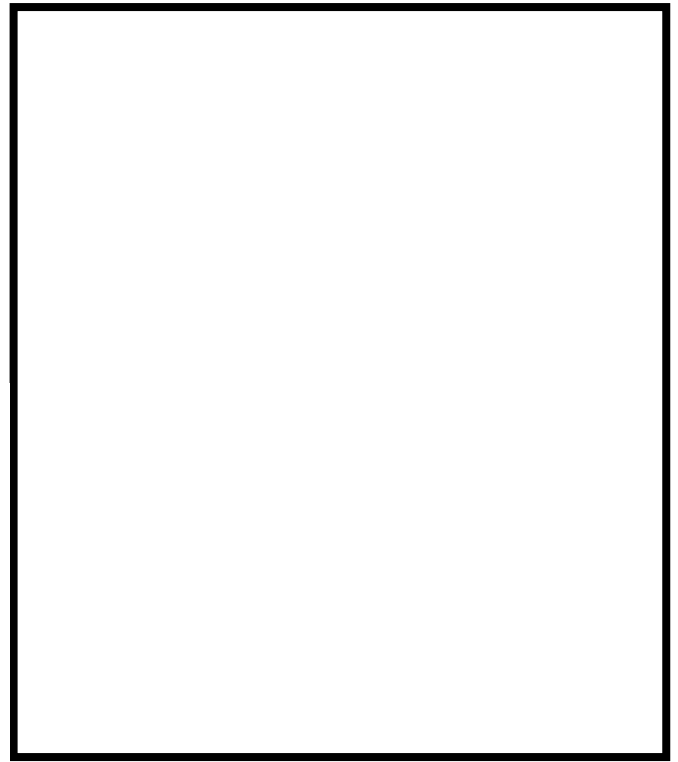
All About it:

I am _____ years old!



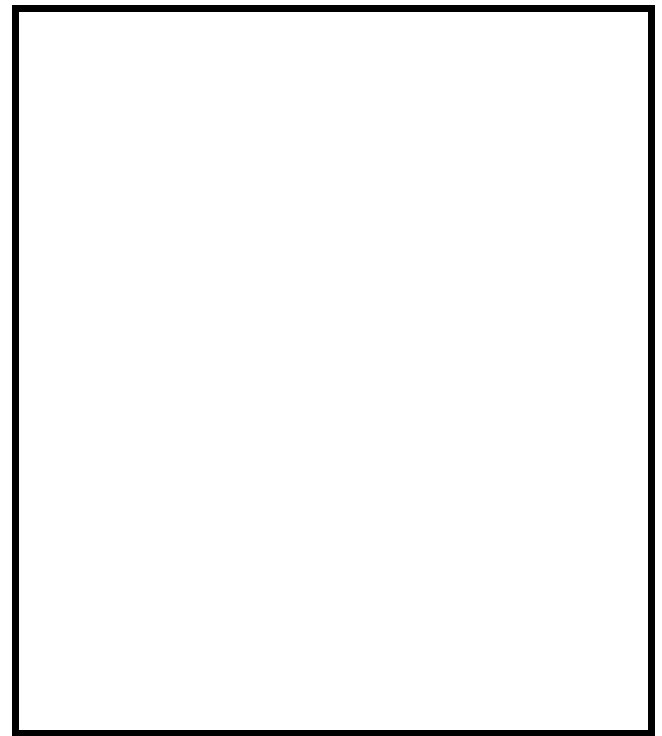
All About it:

I am _____ years old!



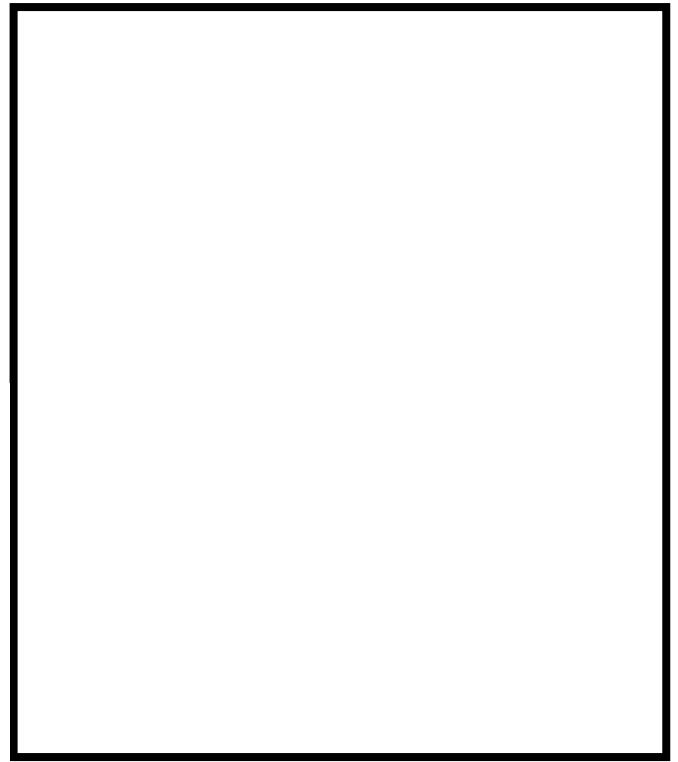
All About it:

I am _____ years old!



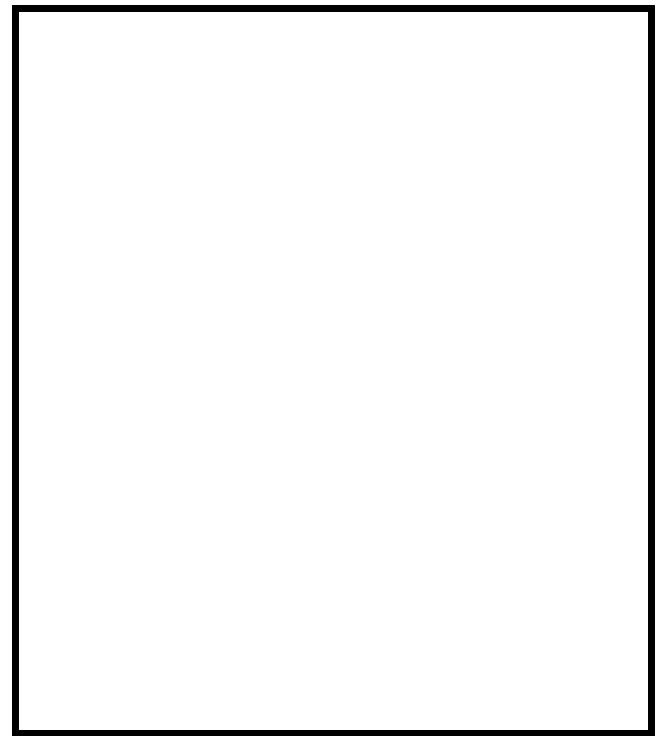
All About it:

I am _____ years old!



All About it:

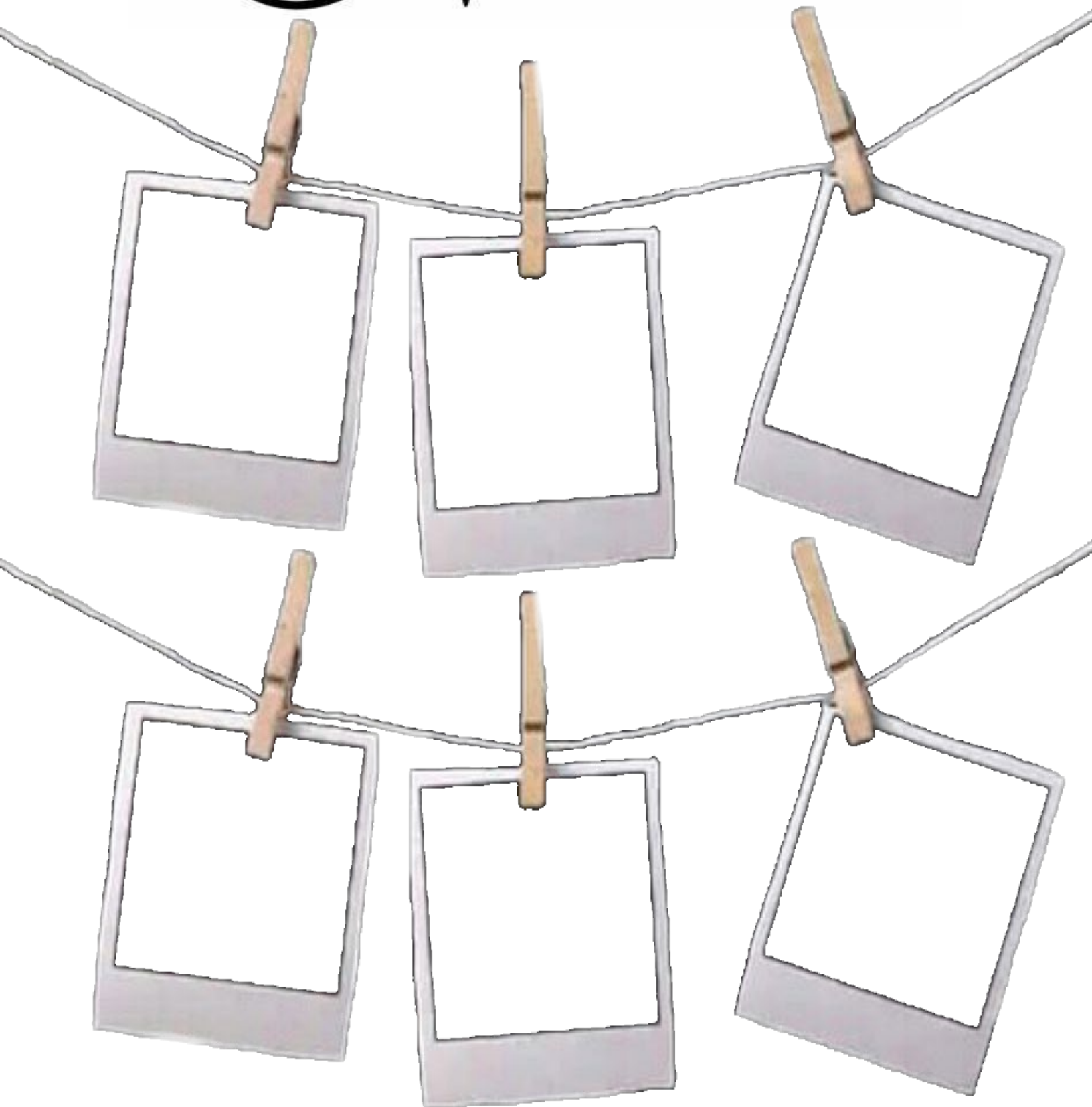
I am _____ years old!



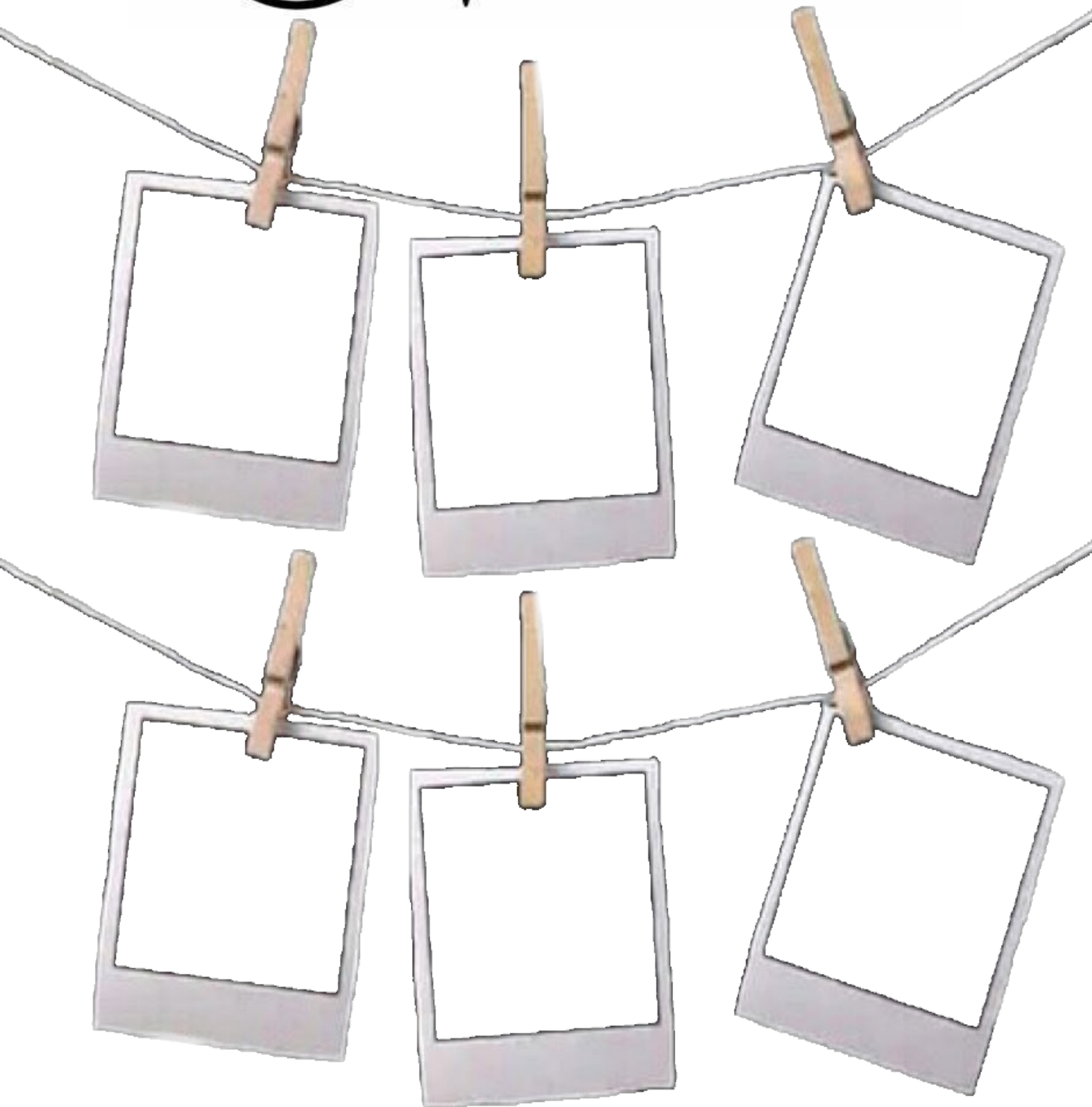
All About it:

I am _____ years old!

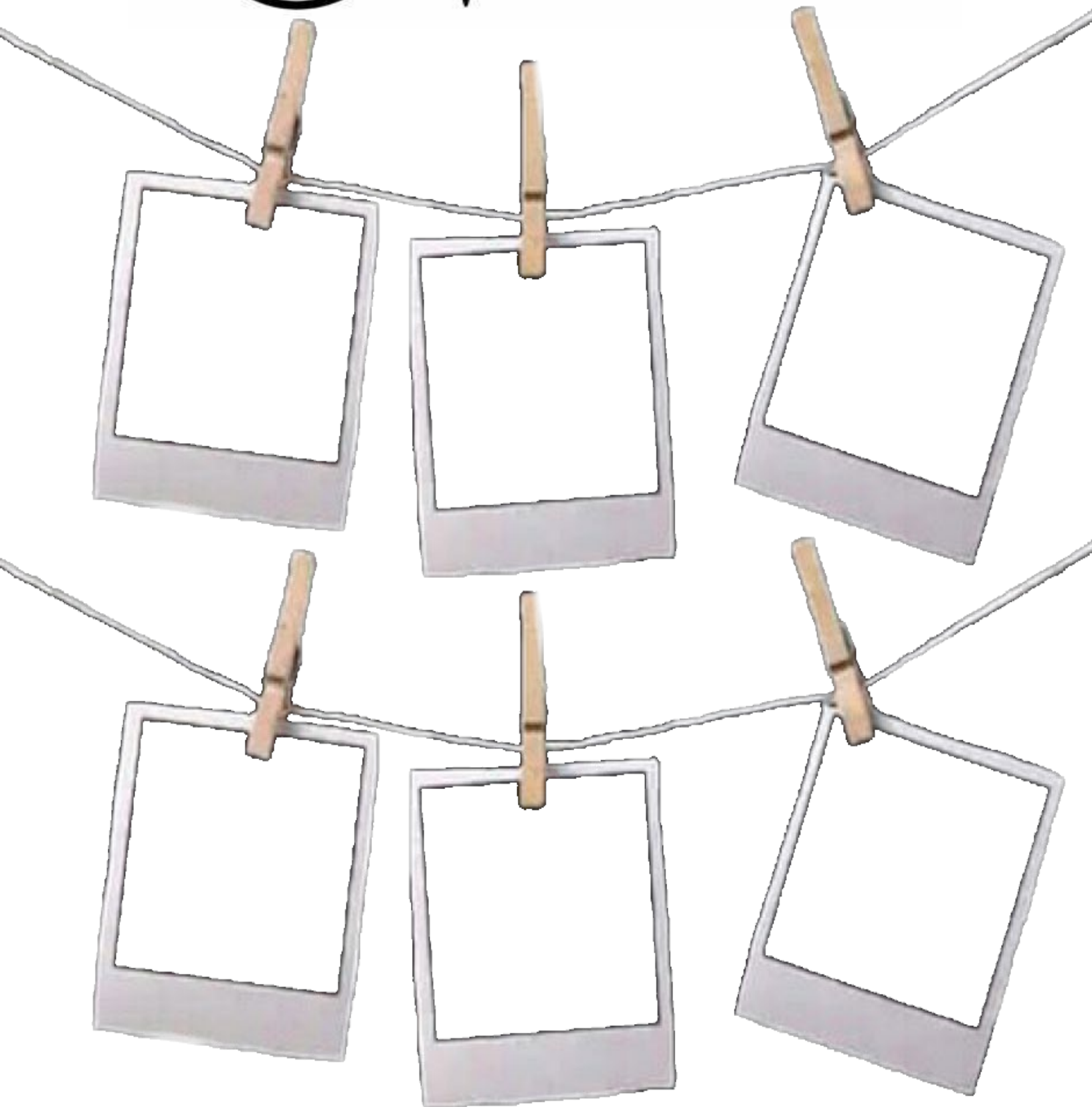
Captured Memories



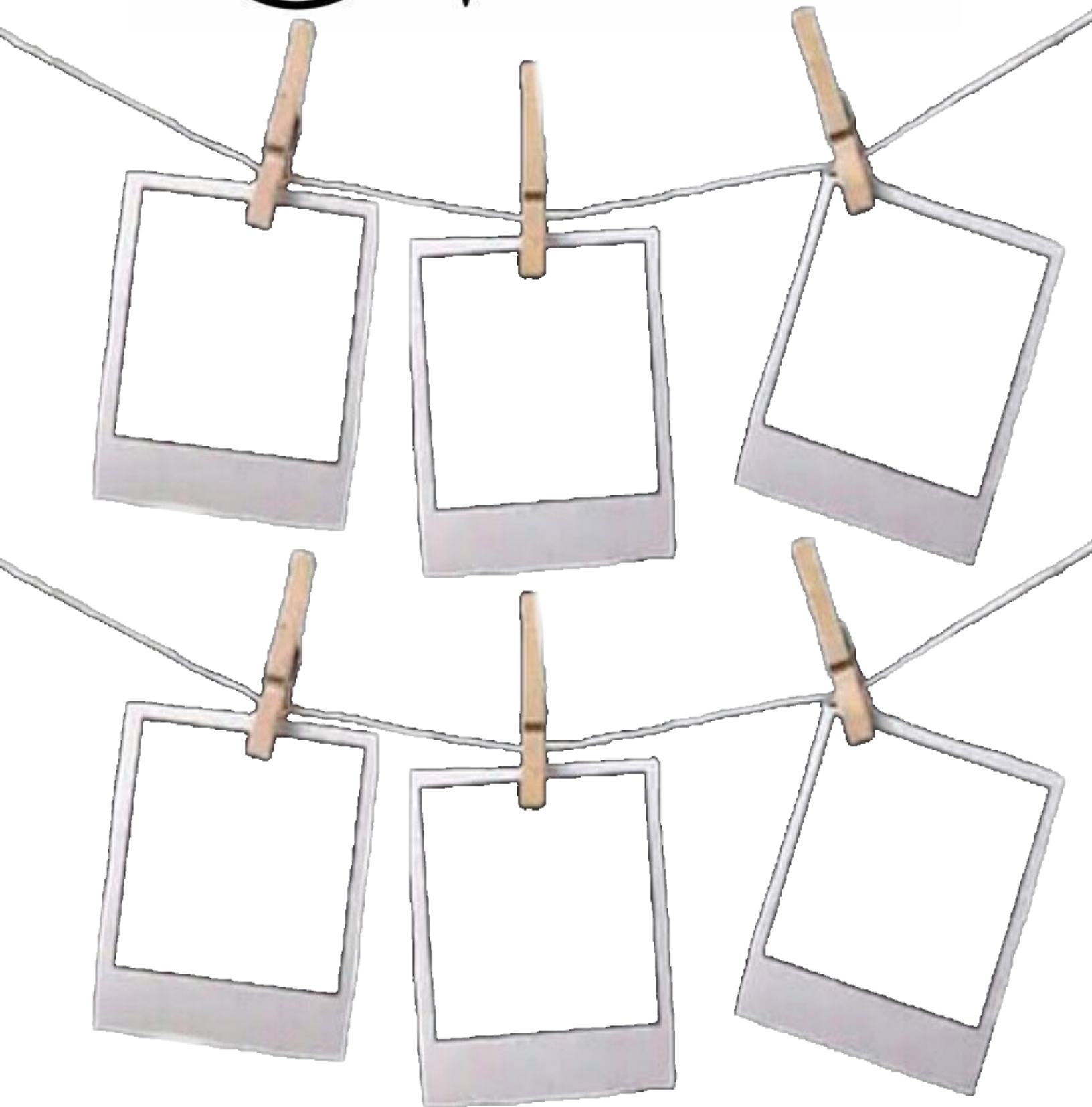
Captured Memories



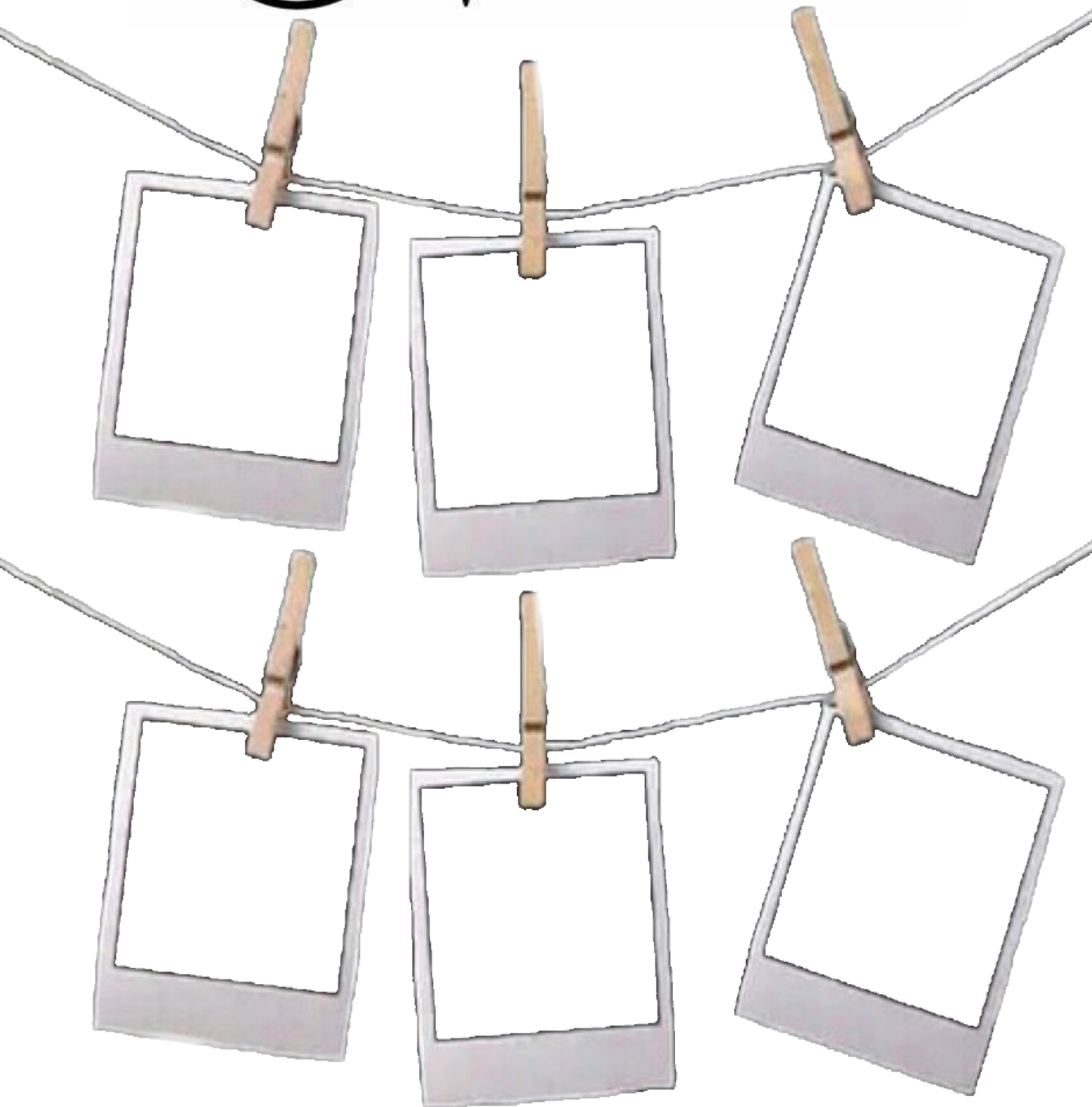
Captured Memories



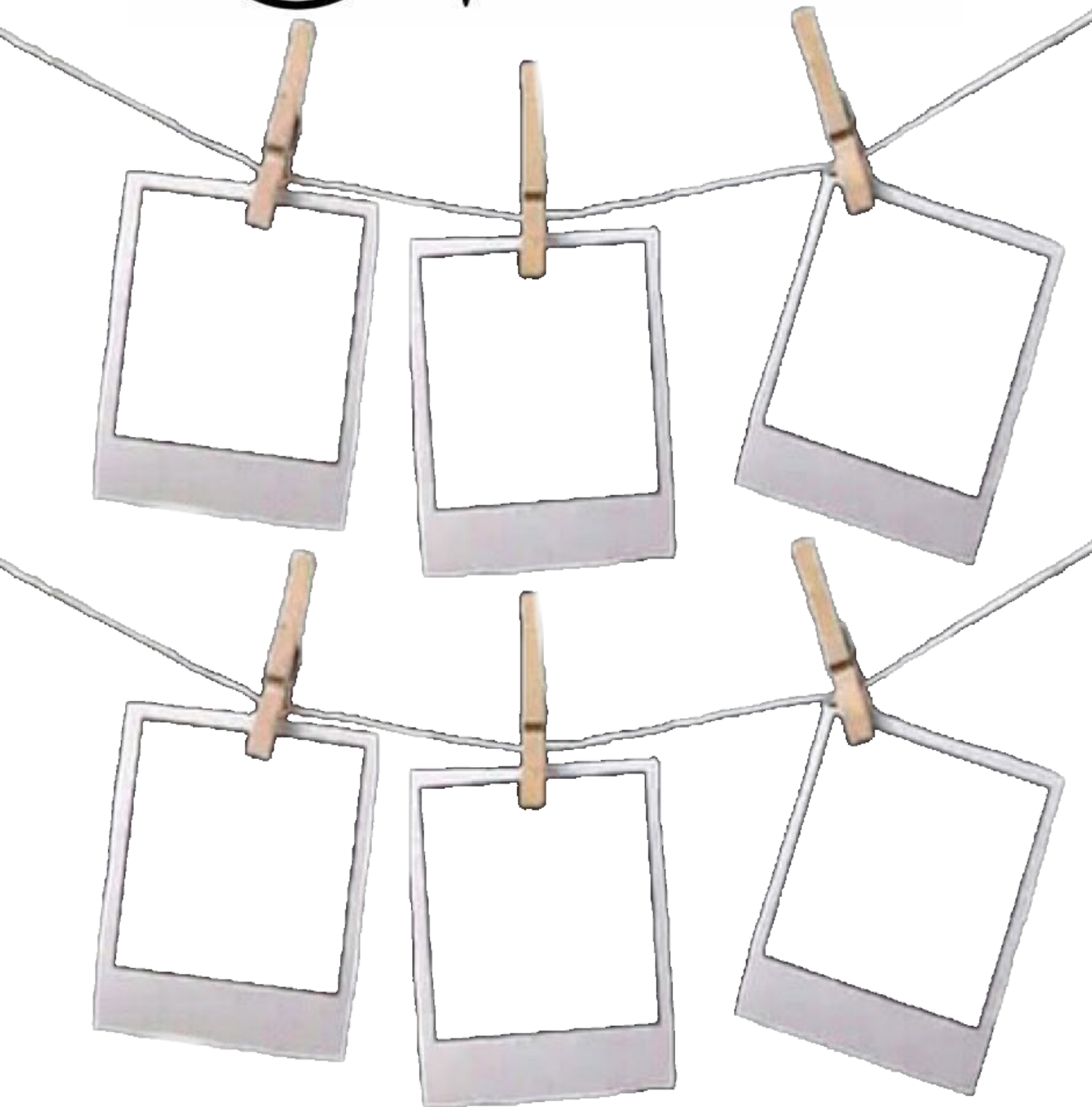
Captured Memories



Captured Memories



Captured Memories



TAB:

Labeled: My friends & my future

MY FRIENDS

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

MY FRIENDS

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

MY FRIENDS

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

MY FRIENDS

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:



Friends

(Contact Information)

Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:
Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:
Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:

Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:
Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:
Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:
Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:

MY FAVORITE THINGS

Movies

Songs

Hobbies

Books

Colors

TV Shows

Sports

Actors

Foods

Animals

Musicians

Subjects

Board Games

Holidays

Websites

Restaurants

**My Wishes for
Myself Right Now**

**My Wishes for
Myself in the Future**

**My Wishes
for the World**

**My Wishes for
my Family**



My Wishes

Words That Describe ME!

fun

athletic

quiet

LOUD

sad

musical

SMART

short

happy

proud

TALL

silly

responsible

friendly

artistic

confused

upbeat

daydreamer

bossy

creative

WILD

nervous

SCARED

generous

adventurous

careful

ENERGETIC

LOVING

mad

beautiful

serious

tired

KIND

PLANNING *my* FUTURE



AFTER HIGH SCHOOL, I WANT TO...

work go to college live at home go to a vocational school move out
 join the military (branch _____) take a year off other (_____)

IF GOING TO COLLEGE...

College that I want to attend: _____ Major: _____

How many years of college will I need? _____ The year I hope to graduate: _____

WORK

Job that I want to have: _____ Place I want to work: _____

The annual salary I hope to make: _____

What I plan to do with the money that I earn: _____

LIFESTYLE

State or country that I want to live in: _____

What features do I want my house to have? (# of bedrooms, pool, big yard, etc.) _____

Type of car I want to drive: _____

Do I want to be married? Yes No Children? Yes No How many? _____

What hobbies, sports, or organizations do I hope to be a part of? _____

What do I want my social life and friend group to look like? _____

What do I want my relationship with my parents and siblings to look like? _____

HOW I'M FEELING ABOUT MY FUTURE:

excited optimistic pessimistic sad anxious angry prepared unprepared
 stressed curious enthusiastic overwhelmed hopeful confident ashamed

What steps do I need to take or changes do I need to make to help my future look the way that I want it to?

What help do I need from others? _____

When I get older, I want to look back and say, "I've lived a _____ life!"

The

Life

Of





Important People

(Contact Information)

NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL

NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL
NAME: PHONE: EMAIL	NAME: PHONE: EMAIL	NAME: PHONE: EMAIL

MESSAGES

FROM IMPORTANT PEOPLE IN MY LIFE

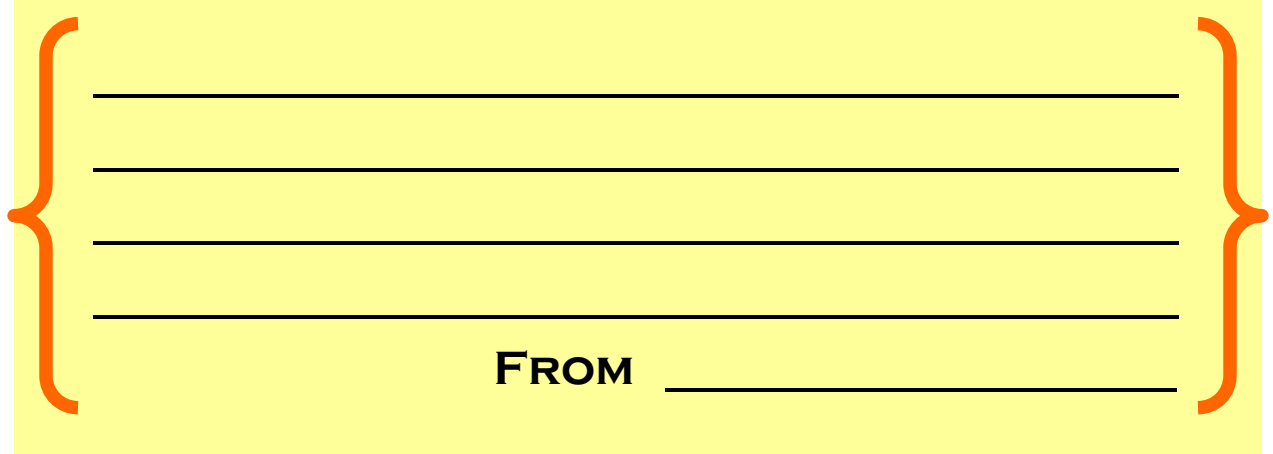
A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed by large, orange curly braces on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed by large, orange curly braces on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

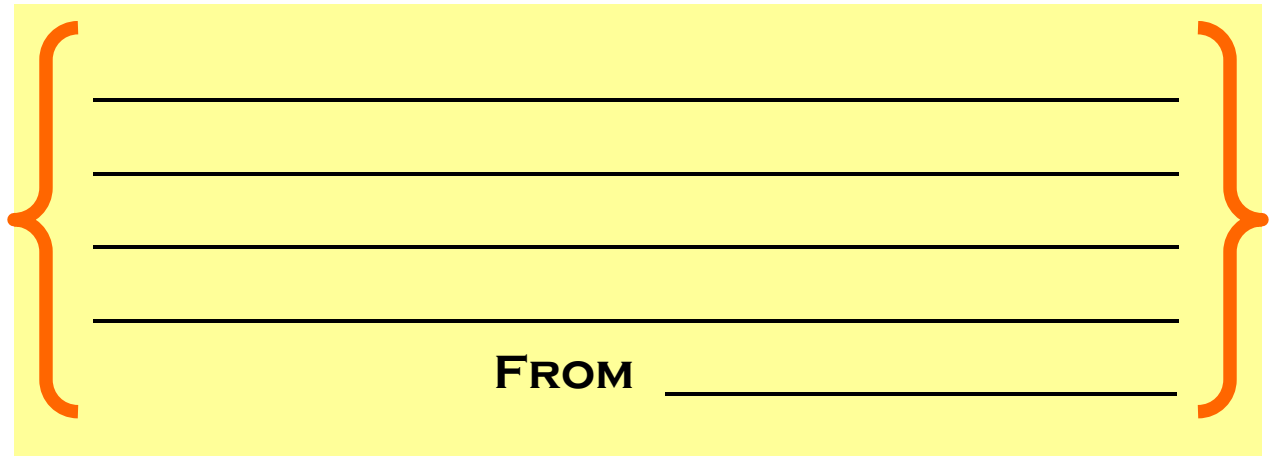
A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed by large, orange curly braces on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

MESSAGES

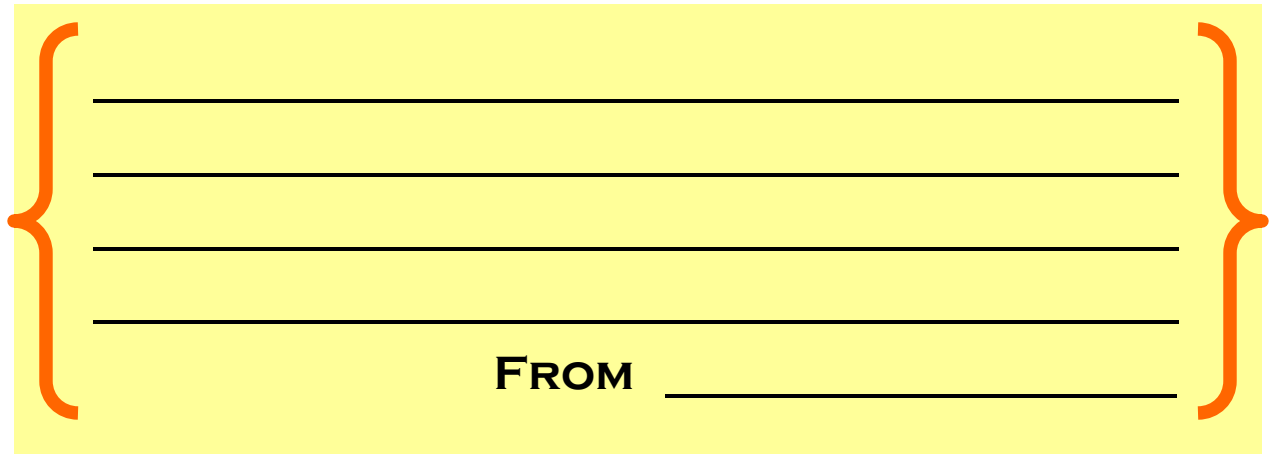
FROM IMPORTANT PEOPLE IN MY LIFE



A yellow rectangular card with four horizontal black lines for writing. The card is framed by orange curly braces on the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.



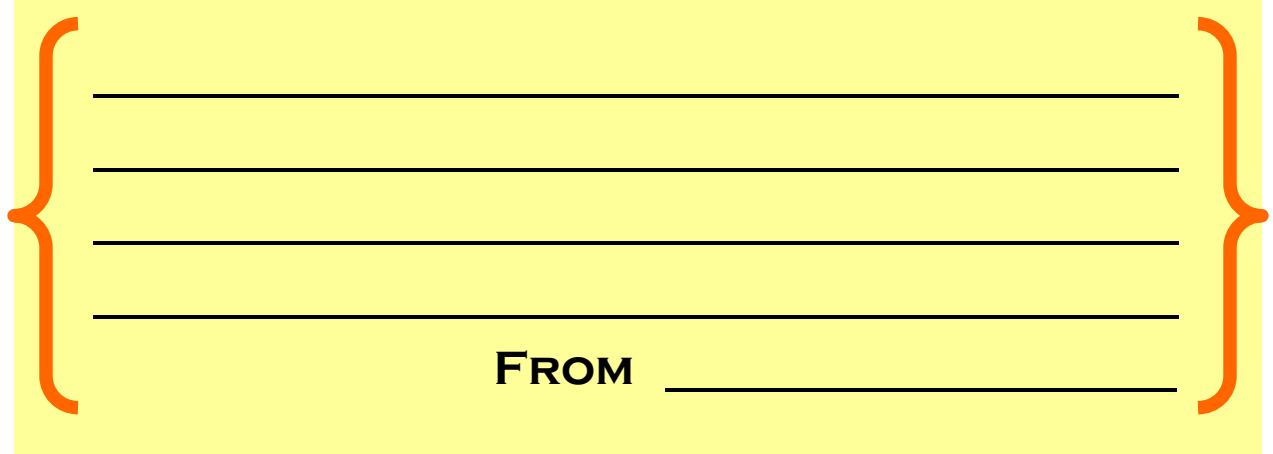
A yellow rectangular card with four horizontal black lines for writing. The card is framed by orange curly braces on the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.



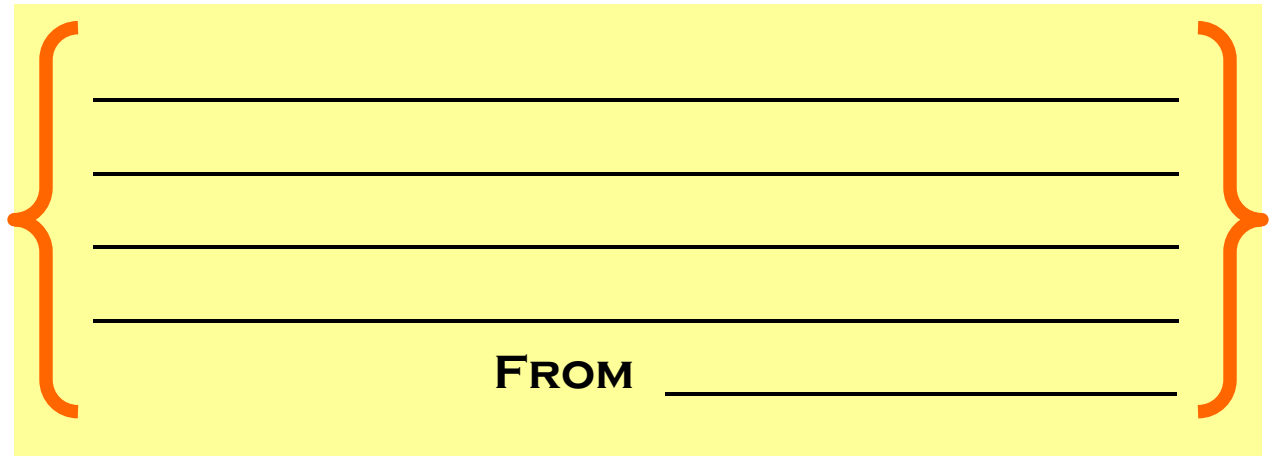
A yellow rectangular card with four horizontal black lines for writing. The card is framed by orange curly braces on the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

MESSAGES

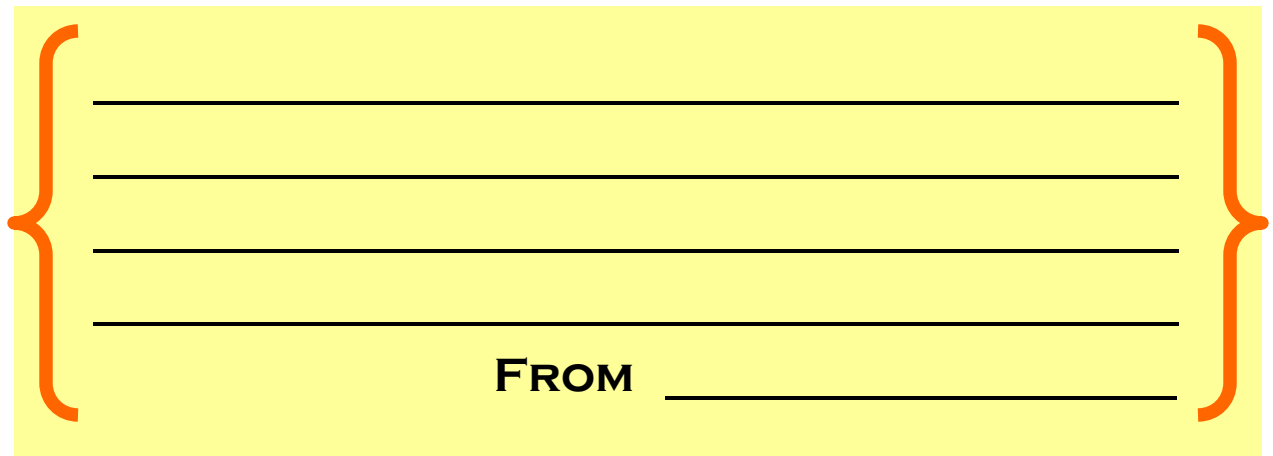
FROM IMPORTANT PEOPLE IN MY LIFE



A yellow rectangular card with four horizontal black lines for writing. The card is framed by orange curly braces on the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.



A yellow rectangular card with four horizontal black lines for writing. The card is framed by orange curly braces on the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.



A yellow rectangular card with four horizontal black lines for writing. The card is framed by orange curly braces on the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

MESSAGES

FROM IMPORTANT PEOPLE IN MY LIFE

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed within a large, orange, stylized curly bracket on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed within a large, orange, stylized curly bracket on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

A yellow rectangular card with a white background. It features four horizontal black lines for writing. The lines are enclosed within a large, orange, stylized curly bracket on both the left and right sides. At the bottom center, the word "FROM" is printed in black, followed by a horizontal line for a name.

TAB:

Labeled: All About Me

All About Me

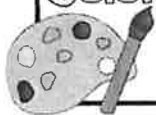
Name: _____

My Favorites

Food:



Color:



Activity:



Animal:



Place:



Likes & Dislikes

Things I Like:



1 _____

2 _____

3 _____

Things I do not like:



1 _____

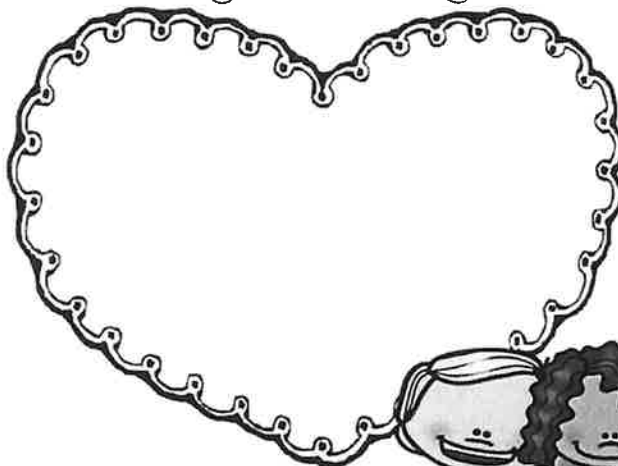
2 _____

3 _____

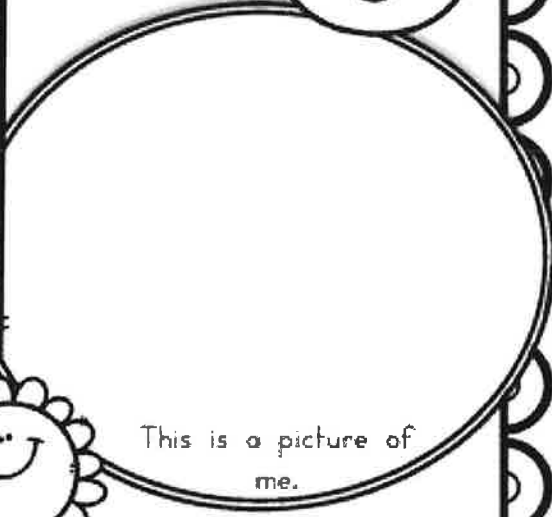
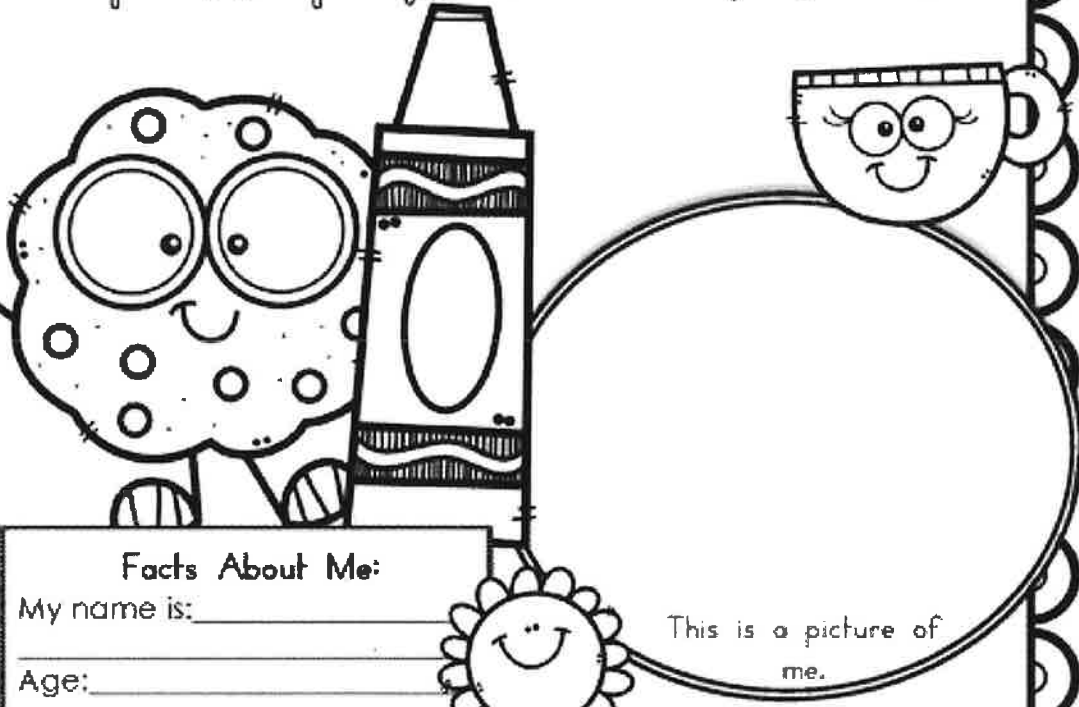
When I Grow Up

I want to be...

My Family



All About Me!



Facts About Me:

My name is: _____

Age: _____

When I grow up I want to be:

This is a picture of me.

My Favorites

Animal: _____

Food: _____

Sport: _____

Color: _____

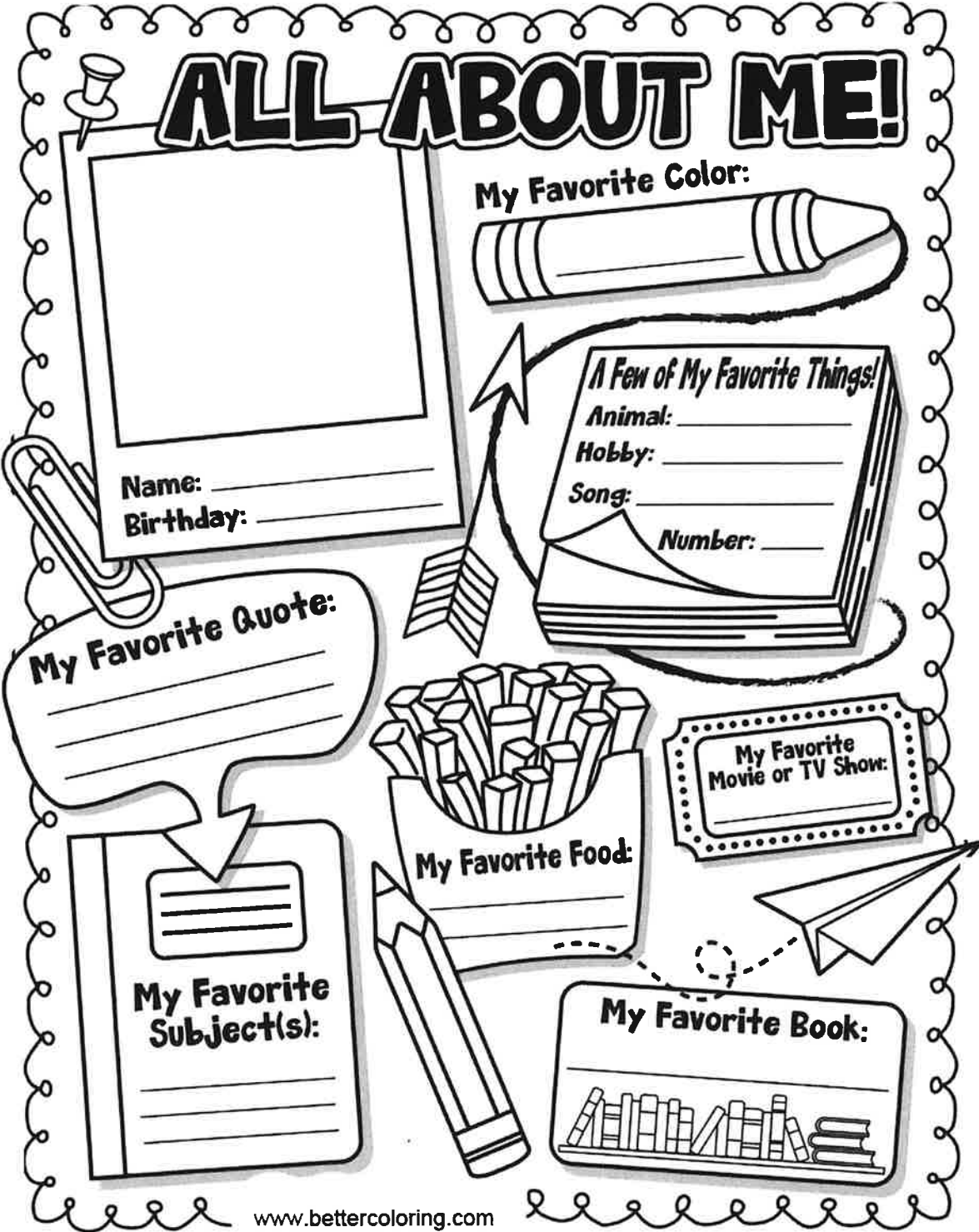
Book: _____

Things to do at home:

My Hero

Something You Don't Know About Me

ALL ABOUT ME!



Name: _____
Birthday: _____

My Favorite Color:

A Few of My Favorite Things!
Animal: _____
Hobby: _____
Song: _____
Number: _____

My Favorite Quote:

My Favorite Food:

My Favorite
Movie or TV Show:

My Favorite
Subject(s):

My Favorite Book:



all about me

my favorite color is



my favorite food is



I'm a superstar because



my birthday is in this month



my favorite place to visit is



when I grow up I want to be a



my best friend is



my favorite book is



my favorite subject is



I am this many years old

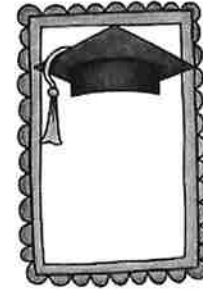


my favorite holiday is

I want you to know this most of all!



all about Me



My favorite word

“ ”

My birthday

MONTH	DAY

My self portrait

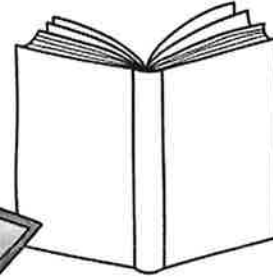


My favorite color

My favorite animal



My favorite School subject



What makes me happy

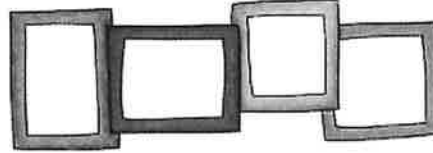


My favorite food

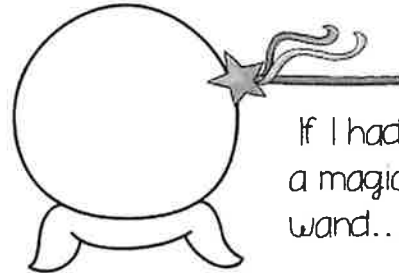
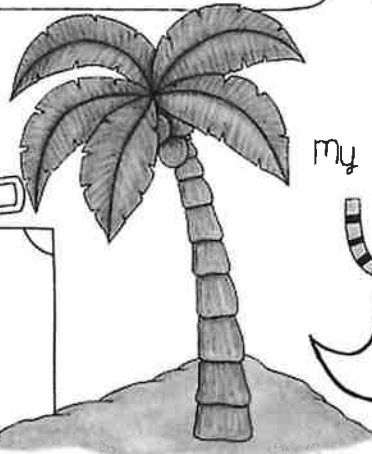
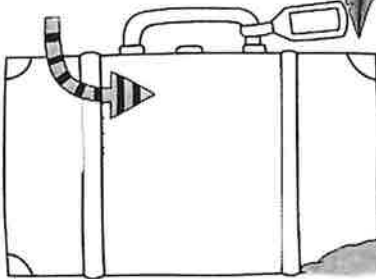


What I'm afraid of or worried about

My friends

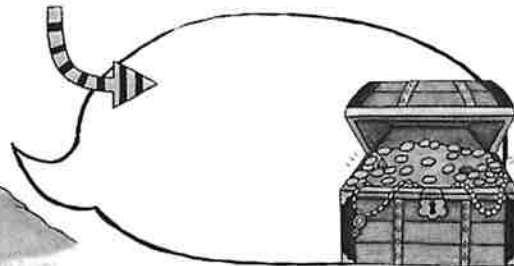


What I'd bring on a deserted island



If I had a magic wand...

My most treasured possession



TAB:

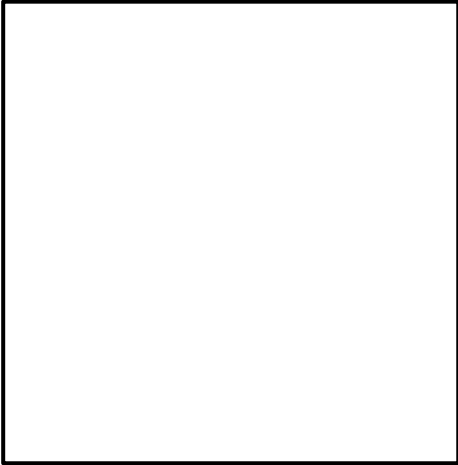
Labeled: My family

My Family Story

A large, stylized outline of a house in a brown color. The house has a triangular roof and a rectangular chimney on the right side, outlined in red. The interior of the house is filled with horizontal lines for writing. There are four lines in the attic area and sixteen lines in the main living area, providing a structured space for a child to write their family story.

My Family Story

A house-shaped writing template. The house is outlined in brown. It has a triangular roof and a rectangular chimney on the right side, outlined in red. The interior of the house is filled with horizontal lines for writing. There are four lines in the attic area and sixteen lines in the main living area.



MY _____ MOM

(BIRTH, STEP, FOSTER, ADOPT)

MY MOM'S NAME IS: _____

MY MOM WAS BORN ON: _____

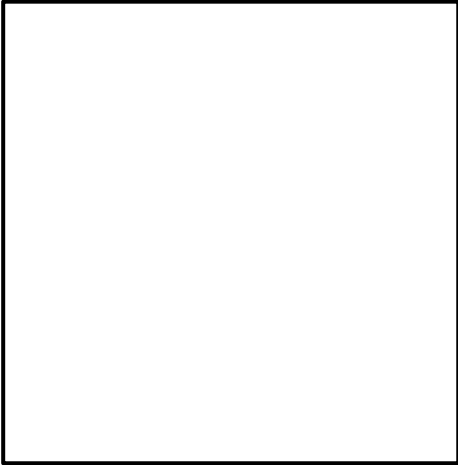
MY MOM IS FROM: _____

THE BEST THING ABOUT MY MOM ...

THE THINGS I LIKE DOING WITH MY MOM ARE:

A SPECIAL MEMORY I HAVE WITH MY MOM IS:

A STORY MY MOM HAS TOLD ME:



MY _____ MOM

(BIRTH, STEP, FOSTER, ADOPT)

MY MOM'S NAME IS: _____

MY MOM WAS BORN ON: _____

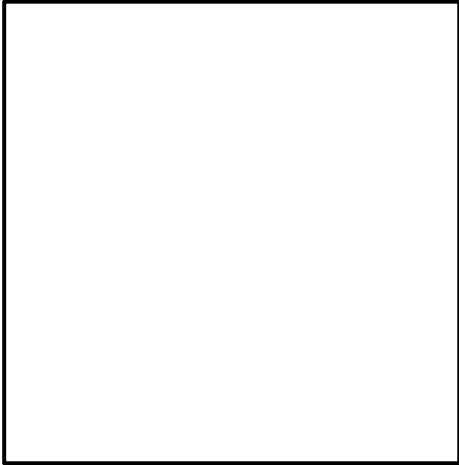
MY MOM IS FROM: _____

THE BEST THING ABOUT MY MOM ...

THE THINGS I LIKE DOING WITH MY MOM ARE:

A SPECIAL MEMORY I HAVE WITH MY MOM IS:

A STORY MY MOM HAS TOLD ME:



MY _____ DAD

(BIRTH, STEP, FOSTER, ADOPT)

MY DAD'S NAME IS: _____

MY DAD WAS BORN ON: _____

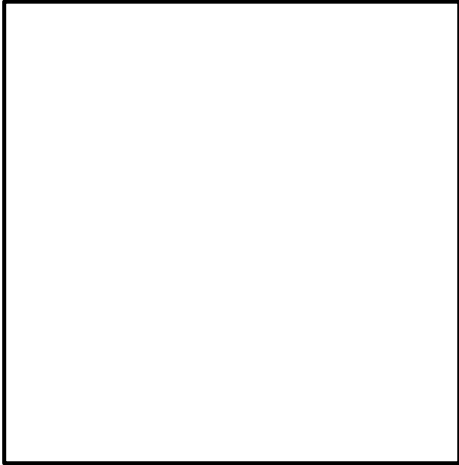
MY DAD IS FROM: _____

THE BEST THING ABOUT MY DAD ...

THE THINGS I LIKE DOING WITH MY DAD ARE:

A SPECIAL MEMORY I HAVE WITH MY DAD IS:

A STORY MY DAD HAS TOLD ME:



MY _____ DAD

(BIRTH, STEP, FOSTER, ADOPT)

MY DAD'S NAME IS: _____

MY DAD WAS BORN ON: _____

MY DAD IS FROM: _____

THE BEST THING ABOUT MY DAD ...

THE THINGS I LIKE DOING WITH MY DAD ARE:

A SPECIAL MEMORY I HAVE WITH MY DAD IS:

A STORY MY DAD HAS TOLD ME:

My Brother

My brother is important to me because _____

I like to _____

_____ with my brother.

Words that describe my brother:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

A special memory _____

My Brother

My brother is important to me because _____

I like to _____

_____ with my brother.

Words that describe my brother:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

A special memory _____

My Brother

My brother is important to me because _____

I like to _____

_____ with my brother.

Words that describe my brother:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

A special memory _____

My Brother

My brother is important to me because _____

I like to _____

_____ with my brother.

Words that describe my brother:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

A special memory _____

My Sister

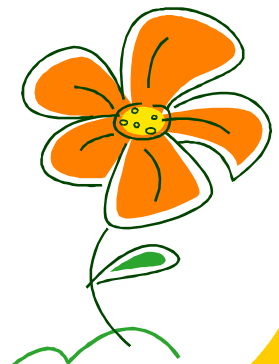
My sister is important to me because _____

I like to _____

_____ with my sister.

Words that describe my sister:

A special memory _____



My Sister

My sister is important to me because _____

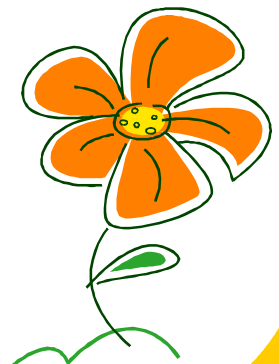
I like to _____

_____ with my sister.

Words that describe my sister:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

A special memory _____



My Sister

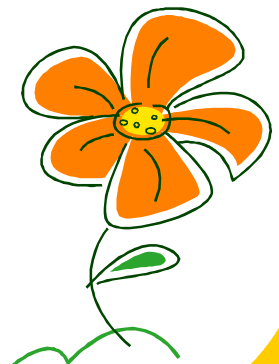
My sister is important to me because _____

I like to _____

_____ with my sister.

Words that describe my sister:

A special memory _____



My Sister

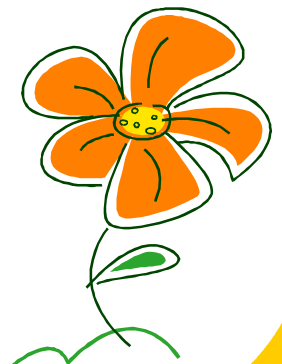
My sister is important to me because _____

I like to _____

_____ with my sister.

Words that describe my sister:

A special memory _____

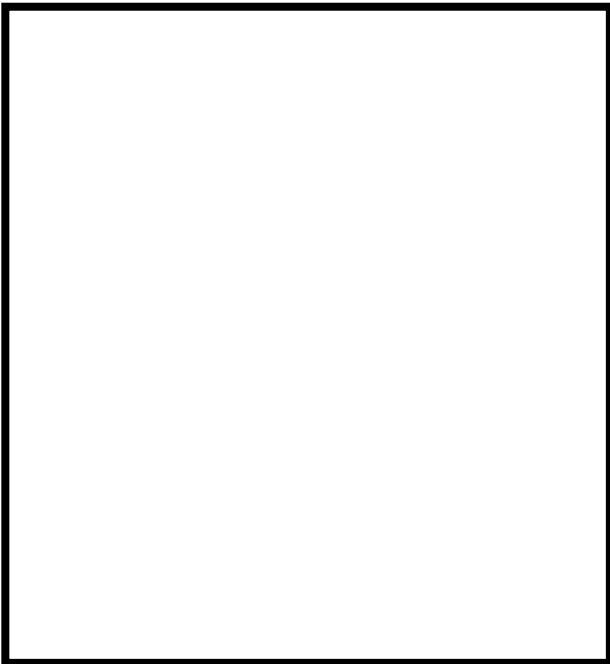
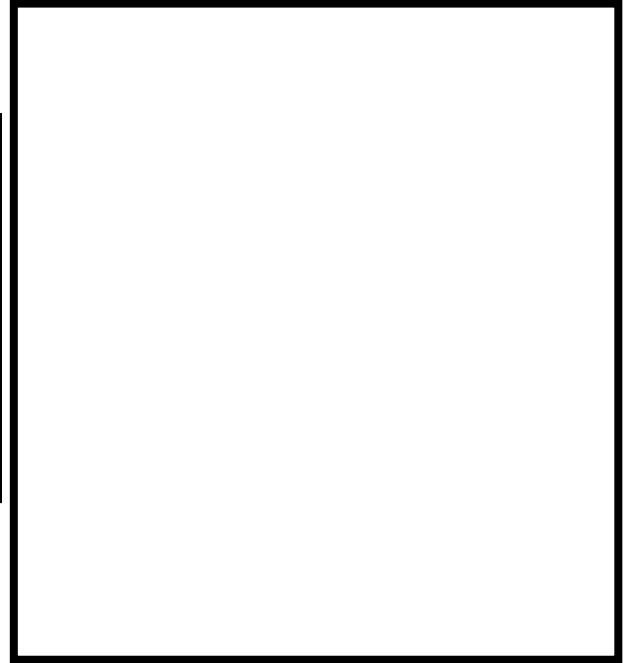


MY EXTENDED FAMILY MEMBERS

Family member's name: _____

How are we related: _____

Memories:



Family member's name: _____

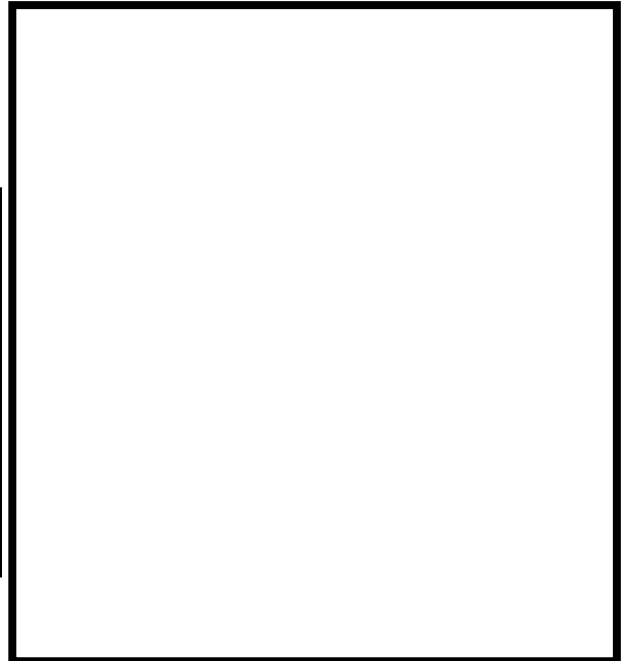
How are we related: _____

Memories:

Family member's name: _____

How are we related: _____

Memories:

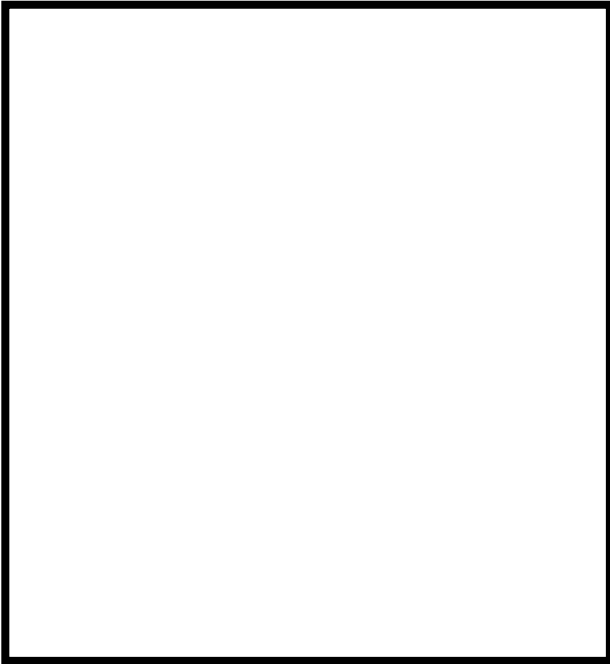
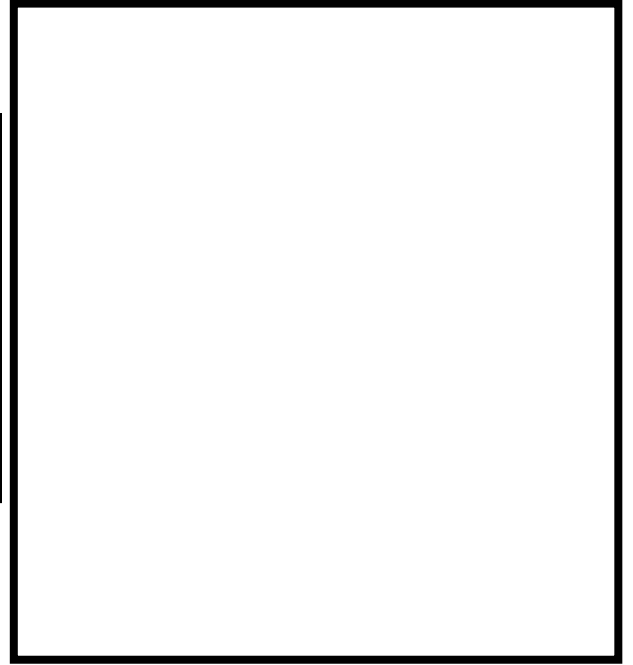


MY EXTENDED FAMILY MEMBERS

Family member's name: _____

How are we related: _____

Memories:



Family member's name: _____

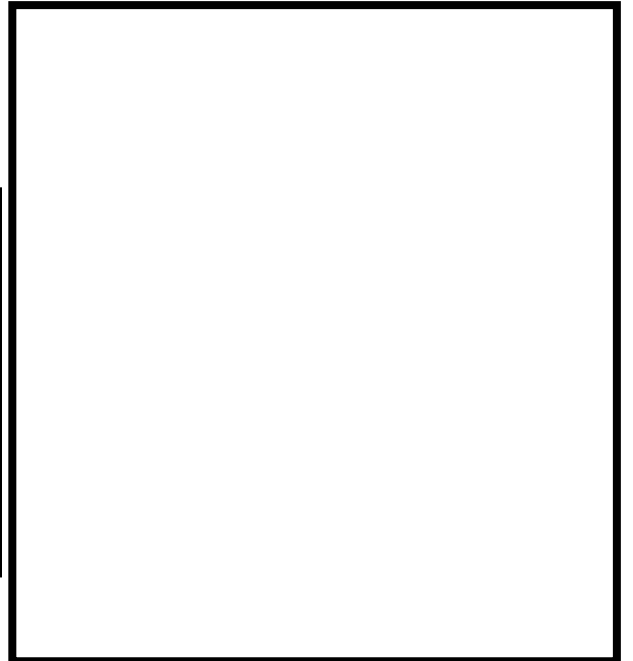
How are we related: _____

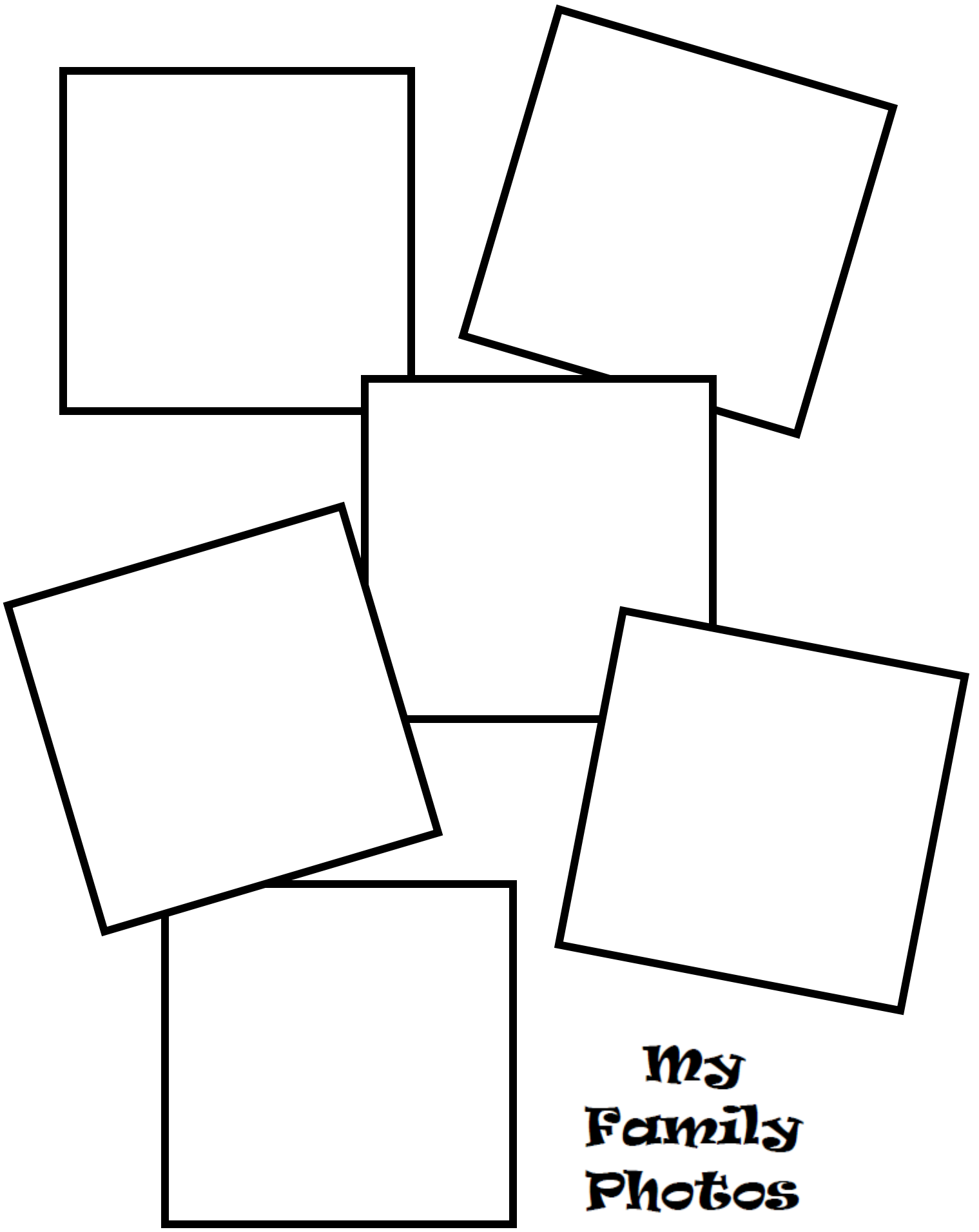
Memories:

Family member's name: _____

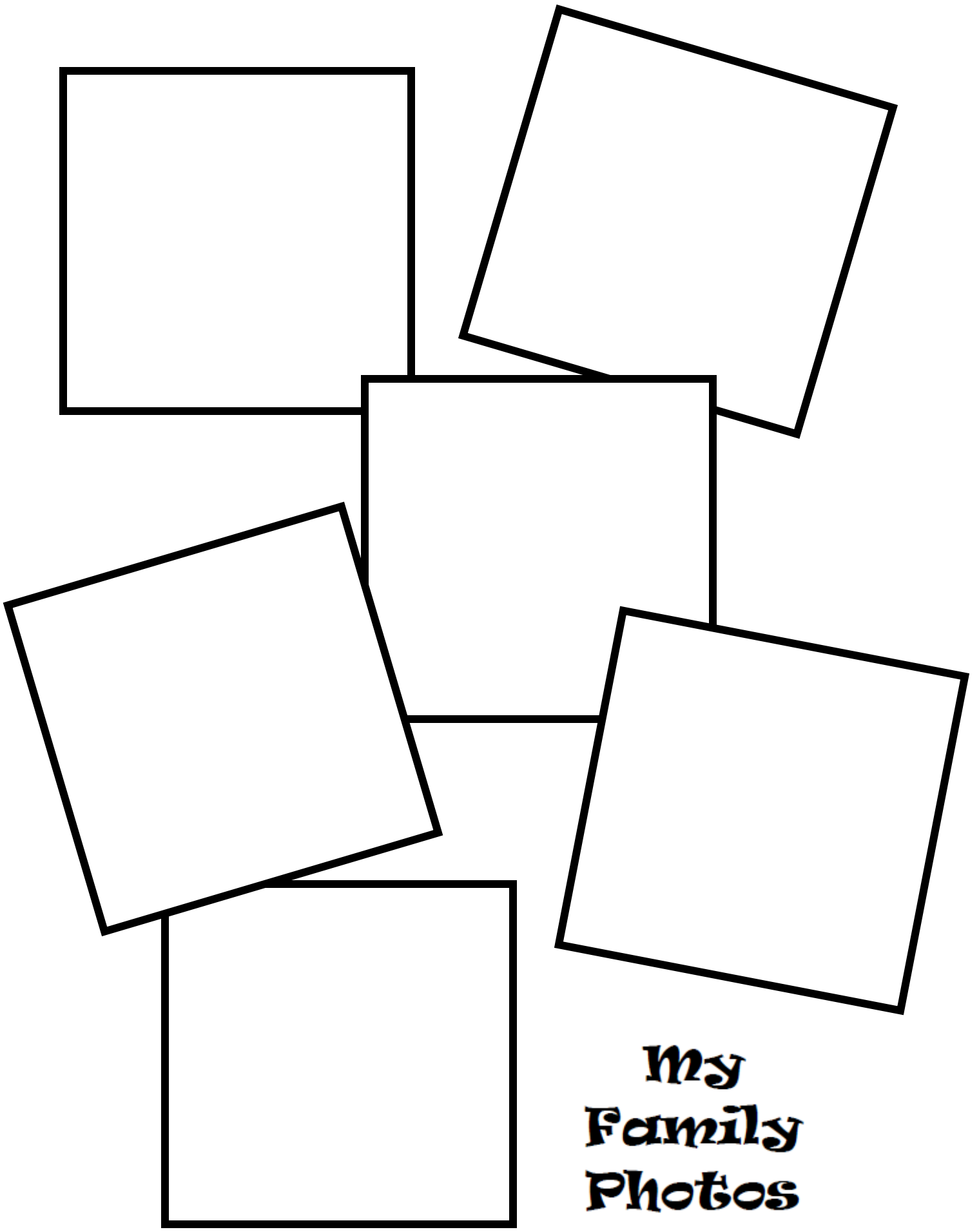
How are we related: _____

Memories:





**My
Family
Photos**



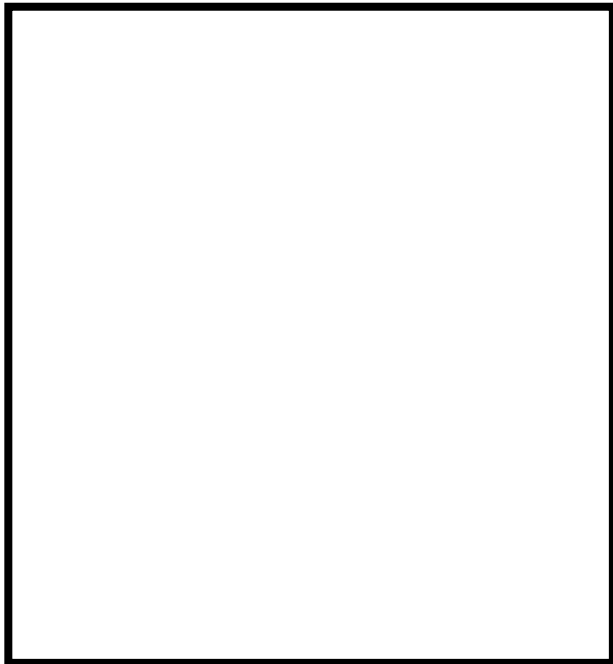
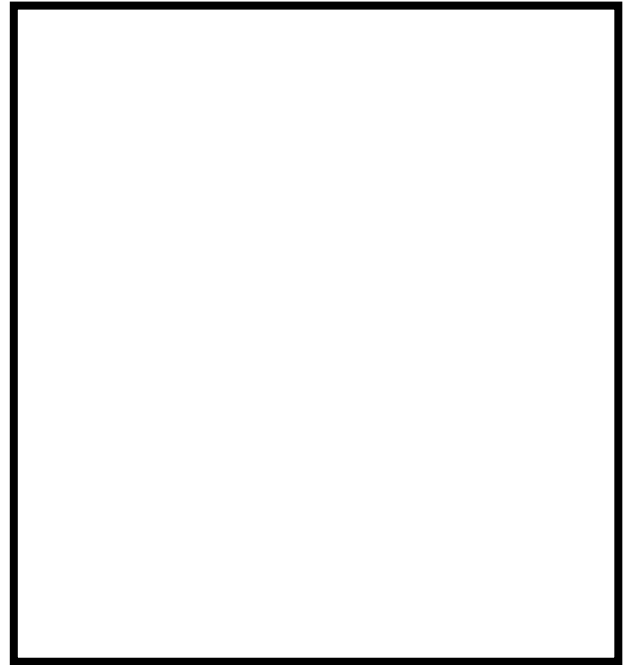
**My
Family
Photos**

TAB:

Labeled: People in my life

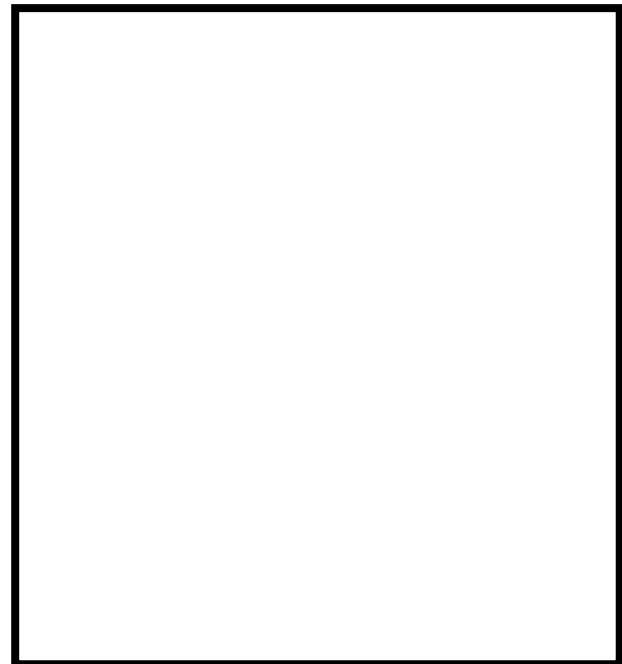
Someone I look up to

_____ means so much to me because



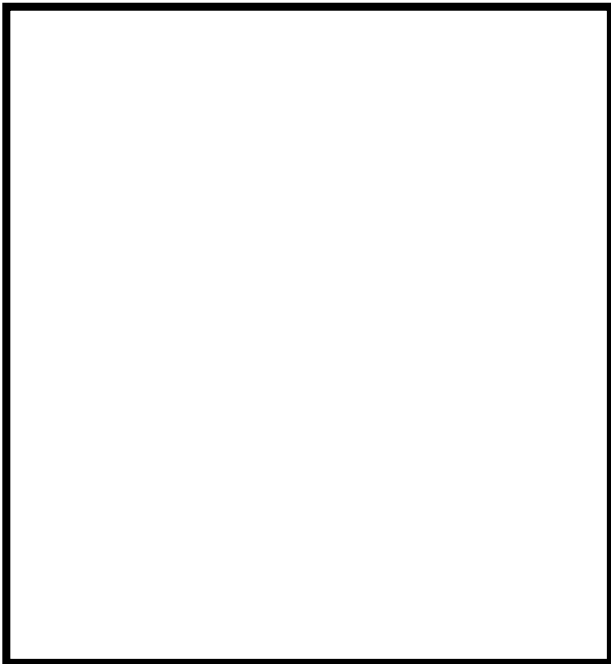
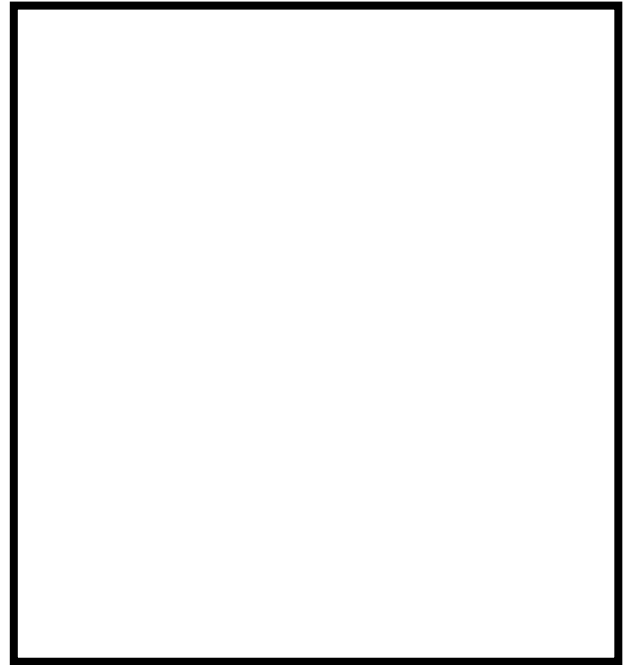
_____ means so much to me because

_____ means so much to me because



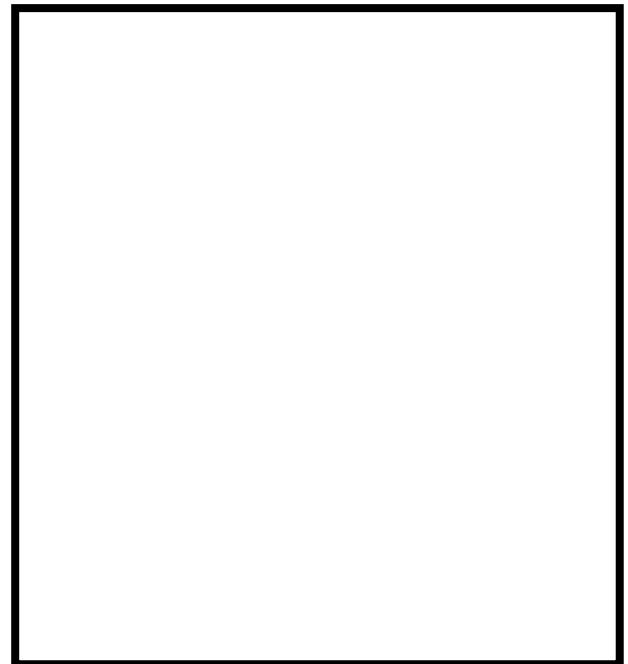
Someone I look up to

_____ means so much to me because



_____ means so much to me because

_____ means so much to me because

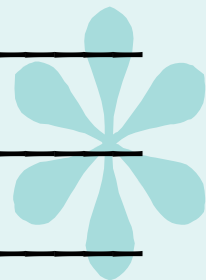




Someone I Care About

is special to me because

A happy memory:

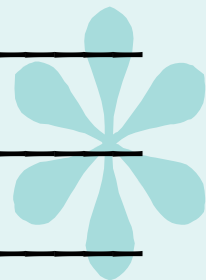


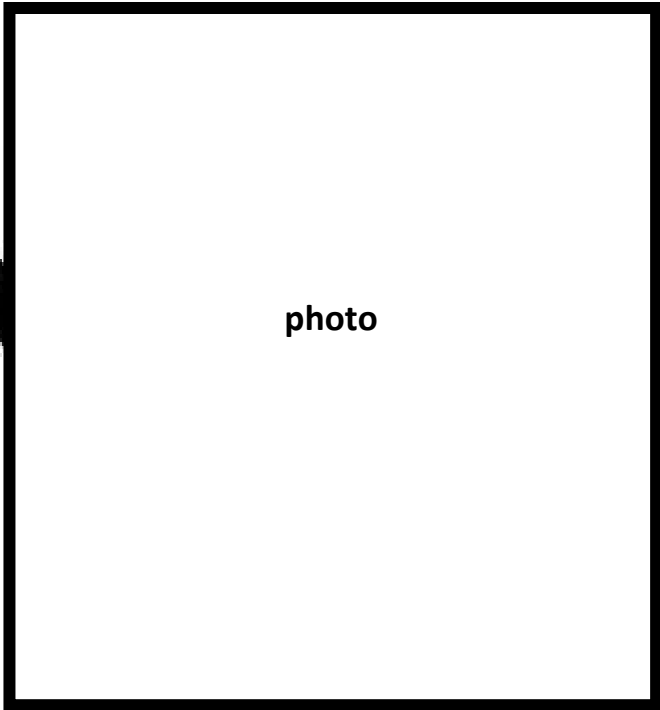


Someone I Care About

is special to me because

A happy memory:





photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

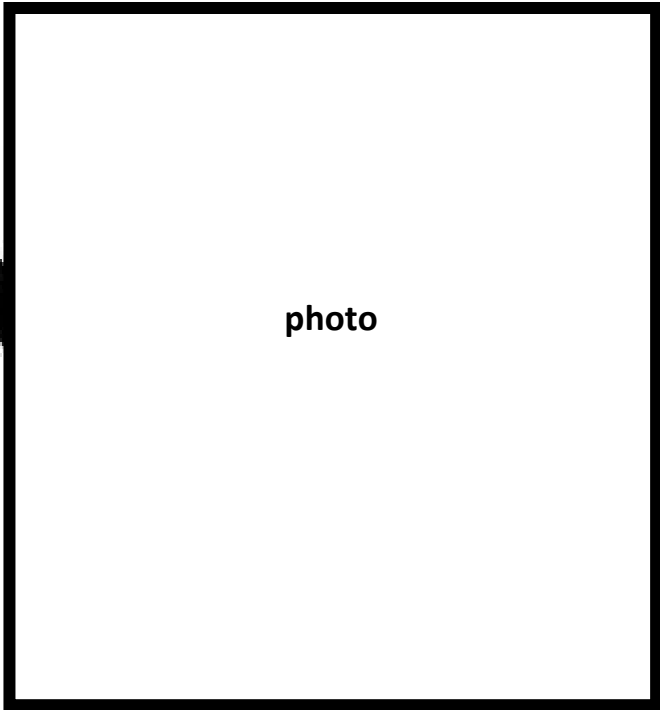
My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because



photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

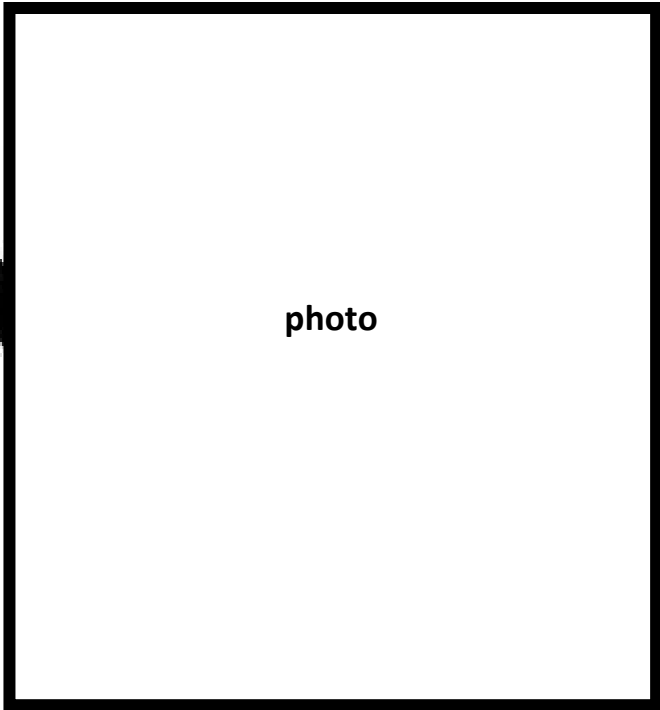
My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because



photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

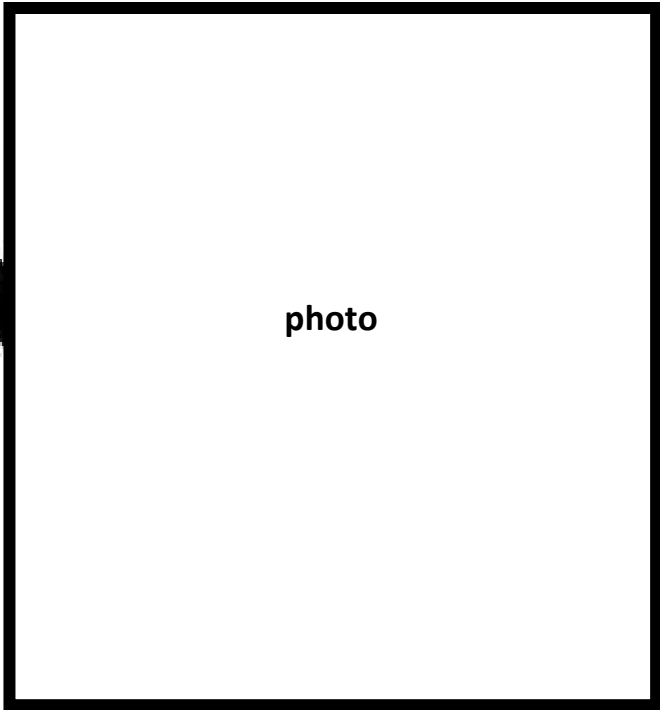
My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because



photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

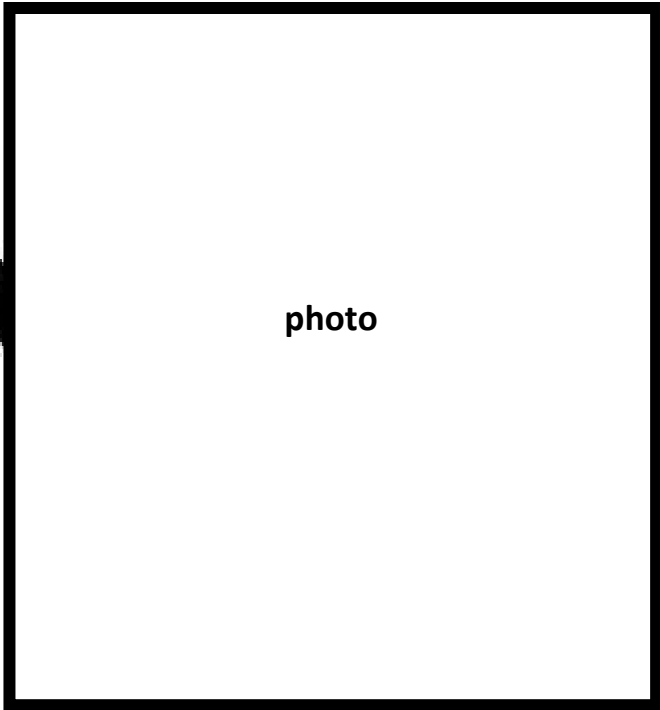
My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because



photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

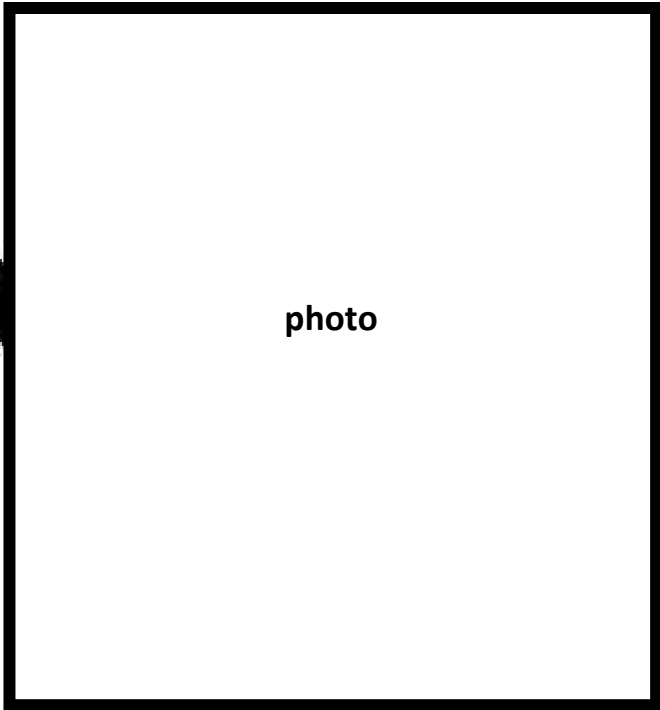
My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because



photo

My Foster Home

On _____, I moved into _____
house. It was (Circle): Winter Spring Summer Fall

Name of Resource Family: _____

My Caseworker's name is: _____

My favorite part of the house is:

I attended _____ school.

Some of the foods I like in this home were:

What I remember about this house is:

On _____, I left this home because

TAB:

Labeled: Milestones & School



When I was born

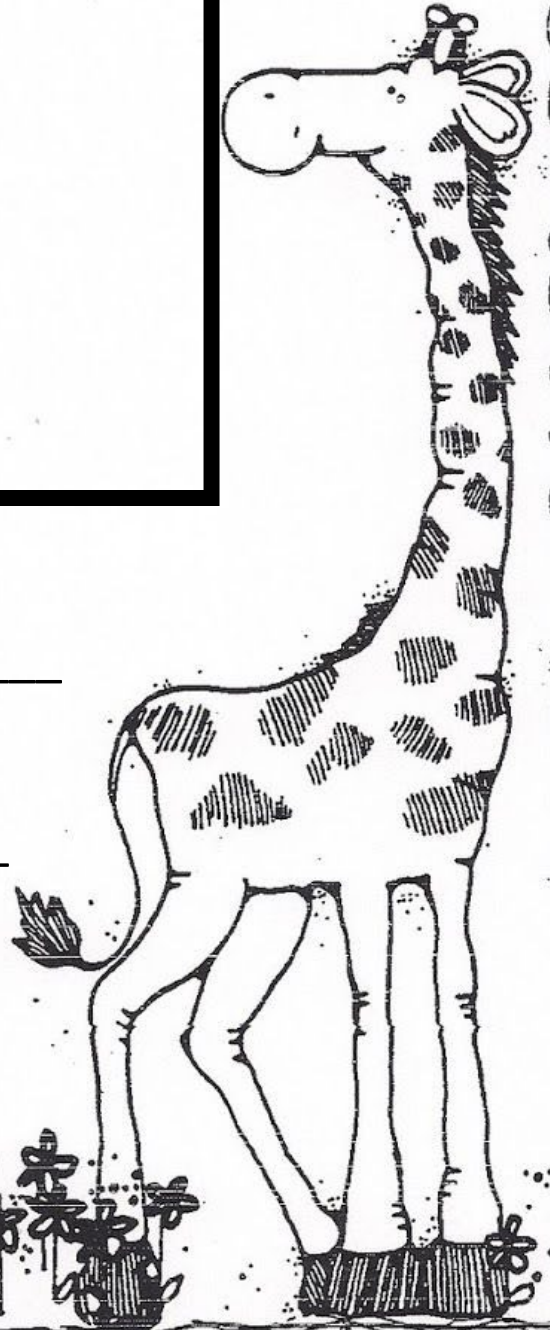
My Full Name

My birth date & time

Weight

Length

Location



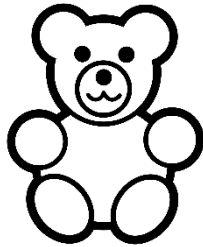
Baby Milestones

Smiling

(around 8 weeks)

Date:

Age:



Grabbing

(3-4 months)

Date:

Age:

Hugging

(around 5 months)

Date:

Age:

Rolling Over

(2-3 months)

Date:

Age:

Sitting Up

(10-18 months)

Date:

Age:

Crawling

(6-10 months)

Date:

Age:

Peek-a-Boo

(around 6 months)

Date:

Age:

Walking

(10-18 months)

Date:

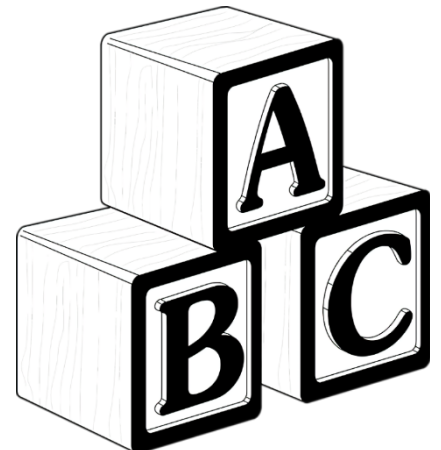
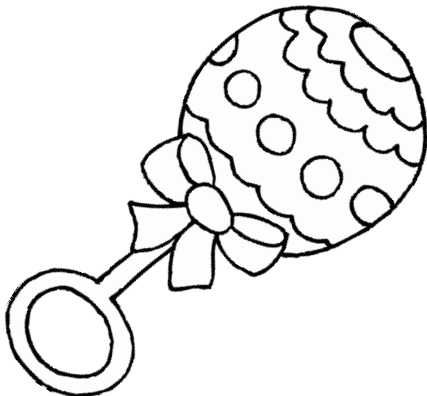
Age:

Pulling Up

(around 8 months)

Date:

Age:



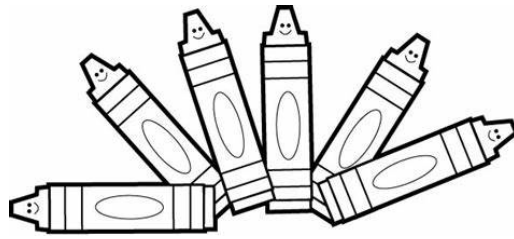
Baby Milestones

Scribbles

(around 1 years old)

Date:

Age:



First Word

(18 months)

Date:

Age:

First Friend

Name:

Age:

Hair cut

Date:

Age:

First tooth

(around 6 months)

Date:

Age:

Brush teeth

Date:

Age:

Cup

(6-9 months)

Date:

Age:

Claps

(9 months)

Date:

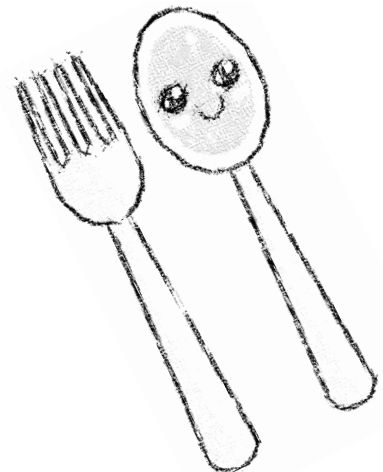
Age:

Fork & Spoon

(10-12 months)

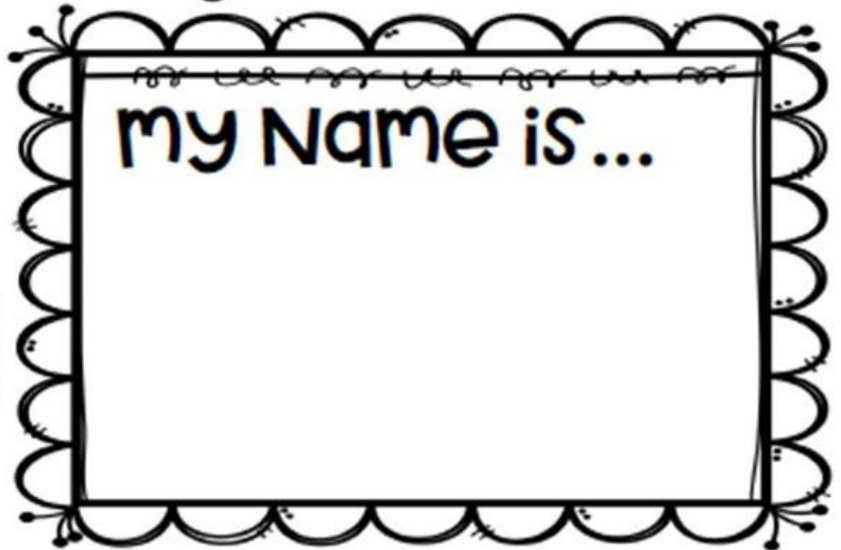
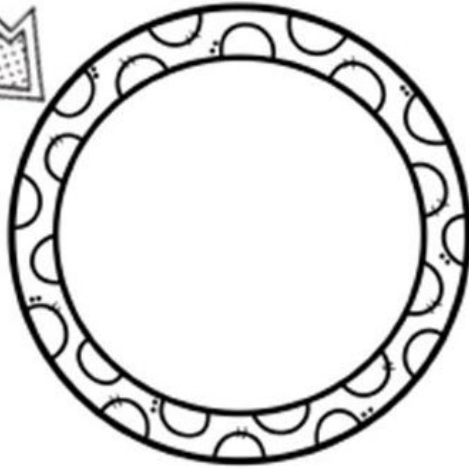
Date:

Age:



I'm an Amazing Preschooler!

This is ME!



I am _____ years old!

Color in the correct number of candles.



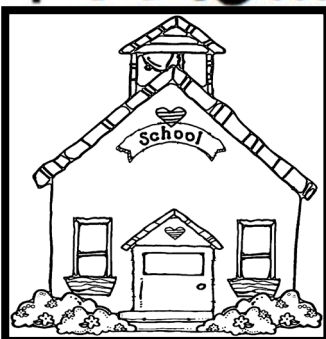
my favorite
color is



I like to
play...



ALL
ABOUT
ME!

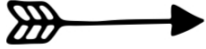


FIRST

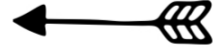
DAY OF

kindergarten

ALL ABOUT ME



name



Large empty rectangular box for drawing or writing.

I AM _____ YEARS OLD

MY SCHOOL _____

MY TEACHER _____

MY FAVORITE FOOD _____

MY FAVORITE THING TO DO IS _____

WHEN I
GROW UP I
WANT TO BE:

Empty rectangular box for writing the answer to the question above.

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



MY TEACHER IS

WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle

CHEER



MY SCHOOL IS



WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle

CHEER



MY SCHOOL IS



WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle



MY SCHOOL IS



WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

All about

ME

FIRST DAY OF

GRADE

THIS IS HOW I WRITE MY NAME:

MY BEST FRIEND IS

AGE

SHOE SIZE



HOBBIES

AFTER SCHOOL I LIKE TO



HEIGHT & WEIGHT



MY FAVORITE SUBJECT IS

FAMILY: how many?

Brothers _____

Sisters _____

Are you the oldest, youngest or middle

CHEER



MY SCHOOL IS

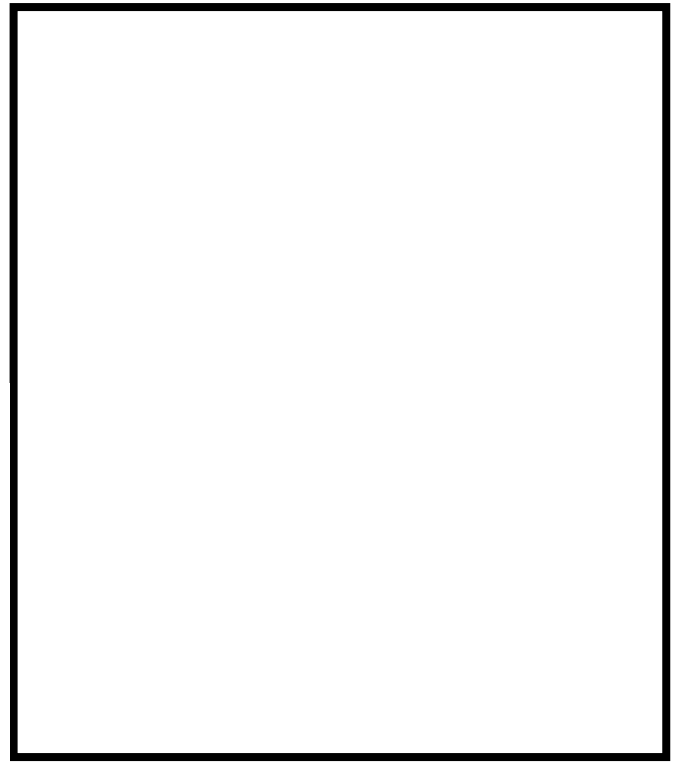


WHEN I GROW UP I WANT TO BE...

MY FIRST DAY OF SCHOOL PHOTO

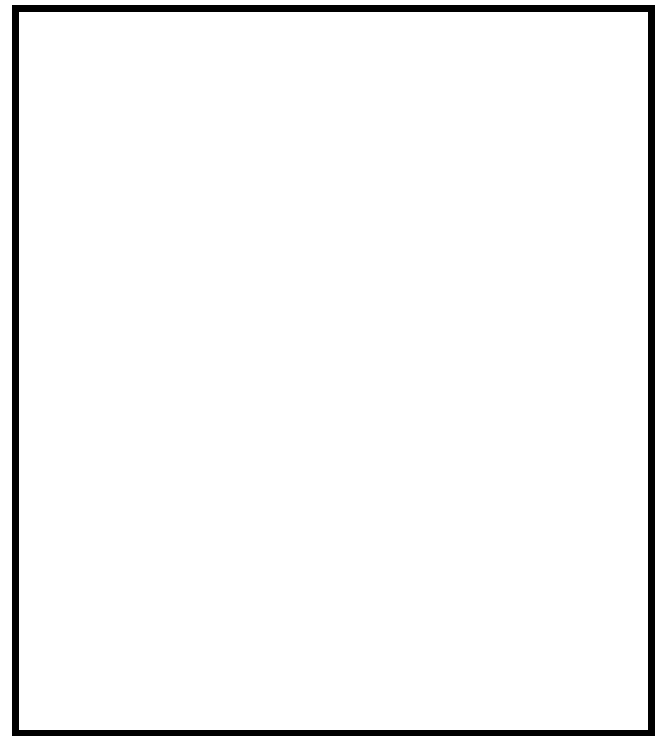
TAB:

Labeled: Birthday & Memories



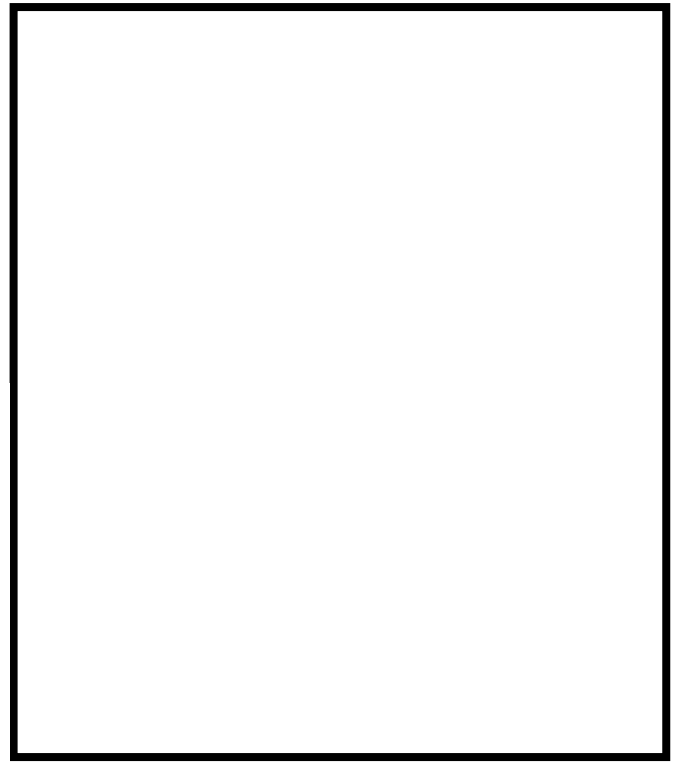
All About it:

I am _____ years old!



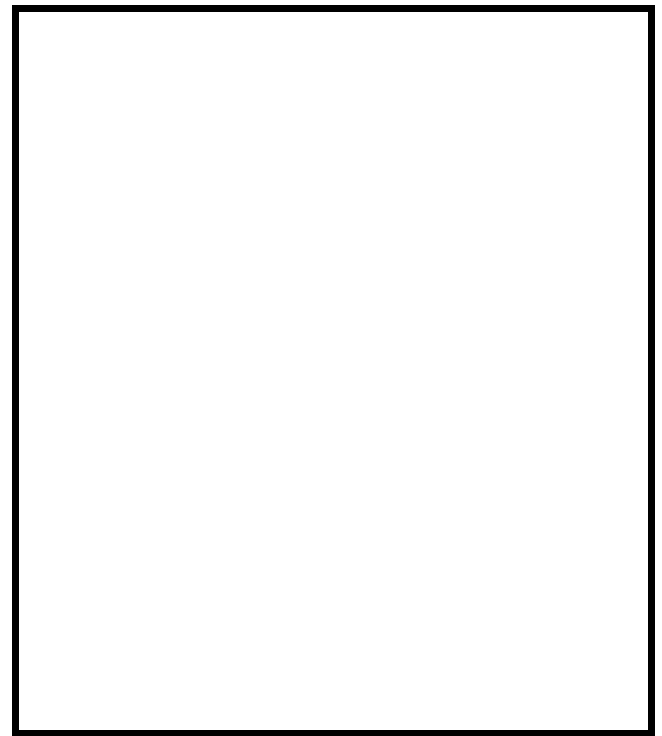
All About it:

I am _____ years old!



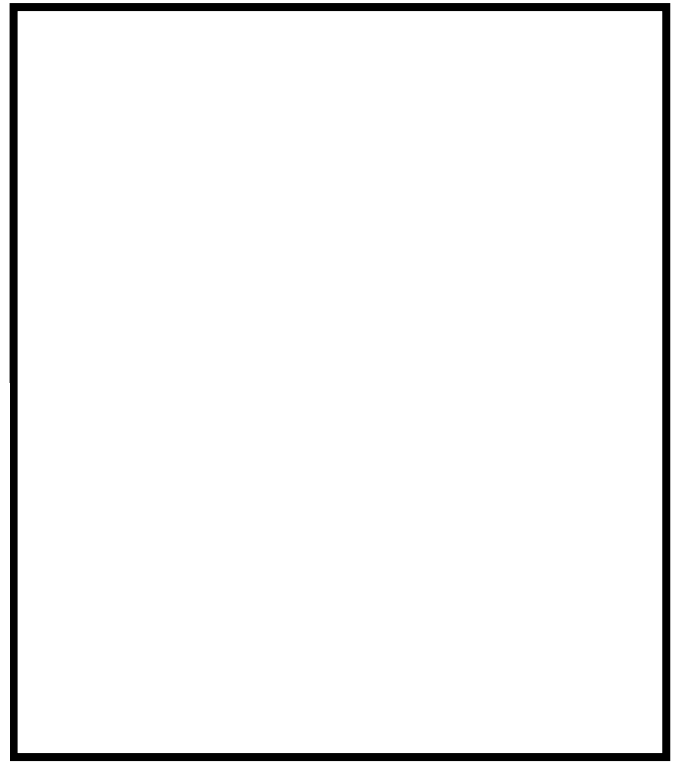
All About it:

I am _____ years old!



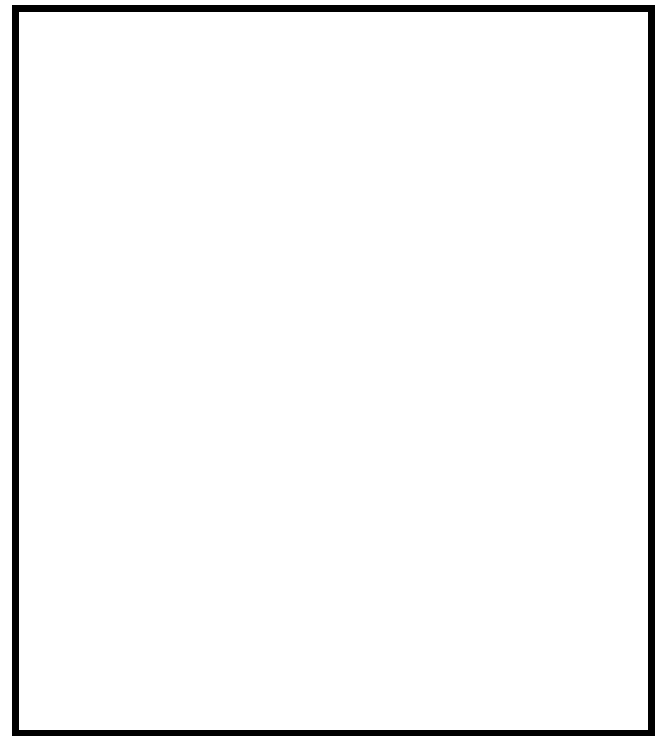
All About it:

I am _____ years old!



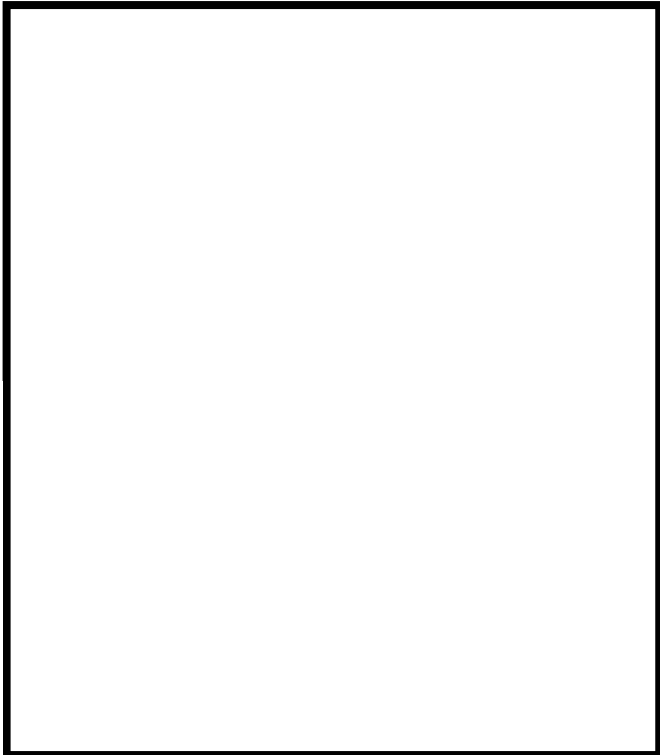
All About it:

I am _____ years old!



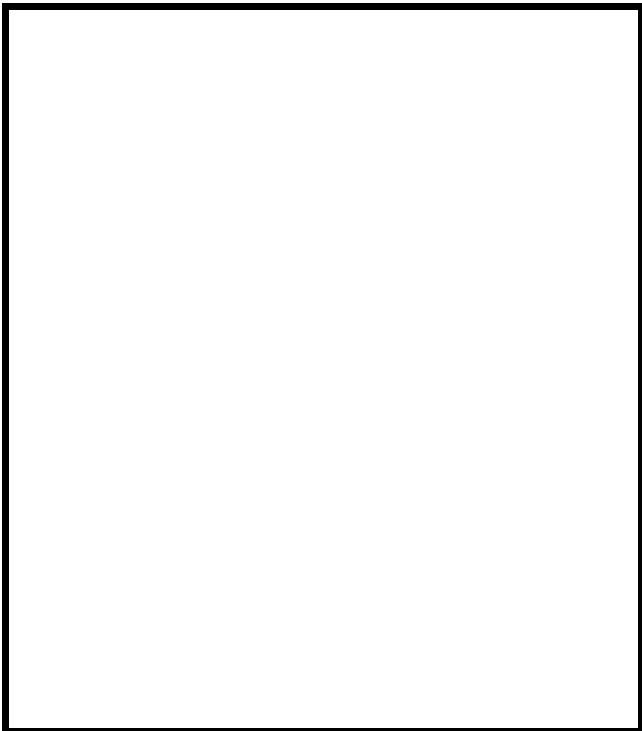
All About it:

I am _____ years old!



All About it:

I am _____ years old!



All About it:

I am _____ years old!



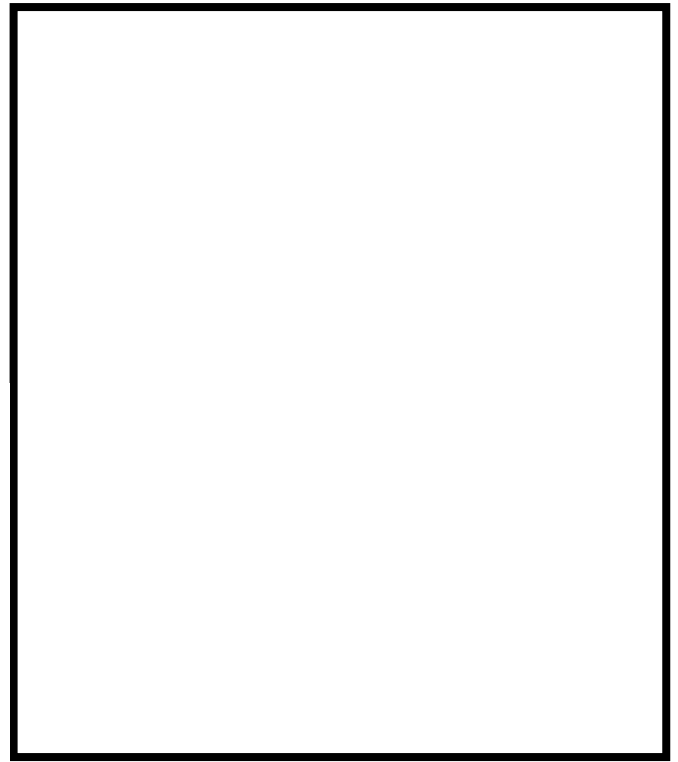
All About it:

I am _____ years old!



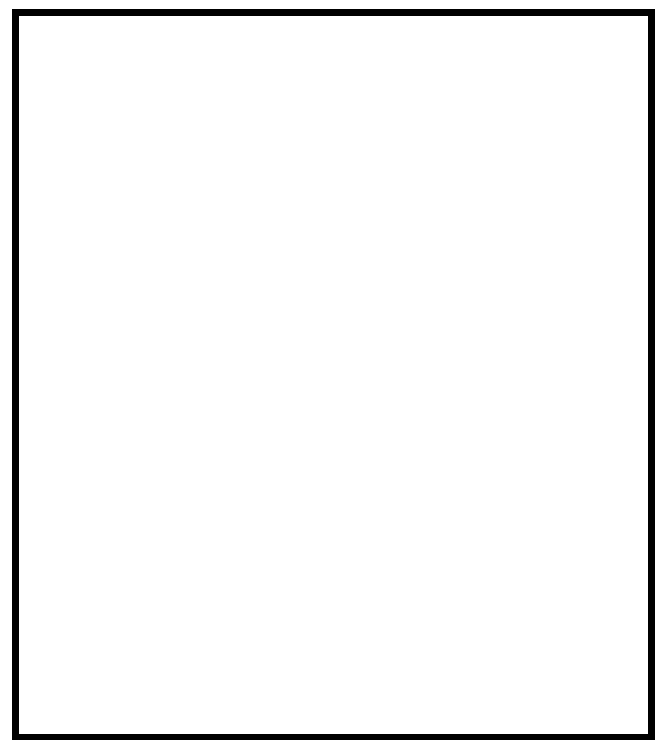
All About it:

I am _____ years old!



All About it:

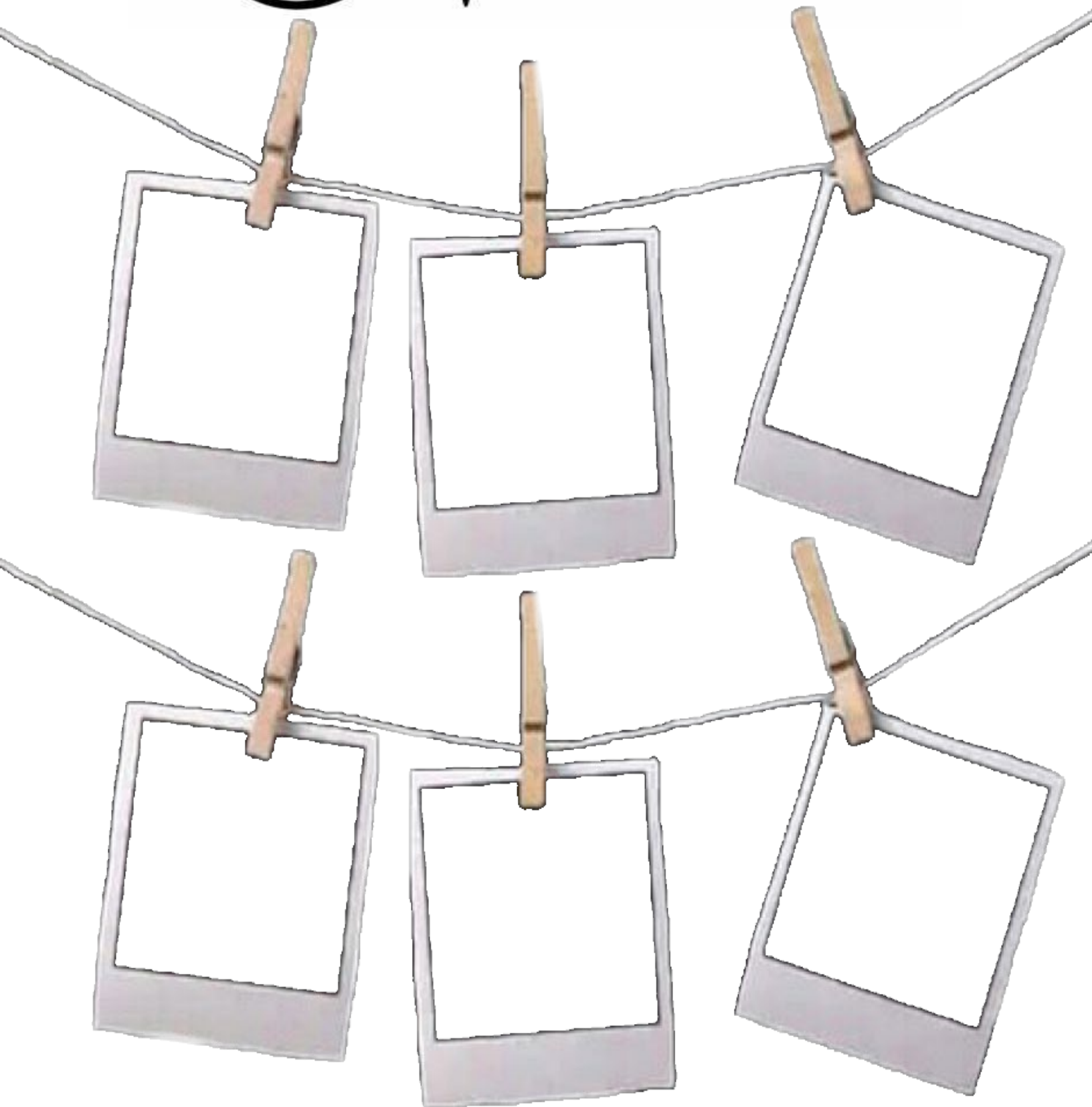
I am _____ years old!



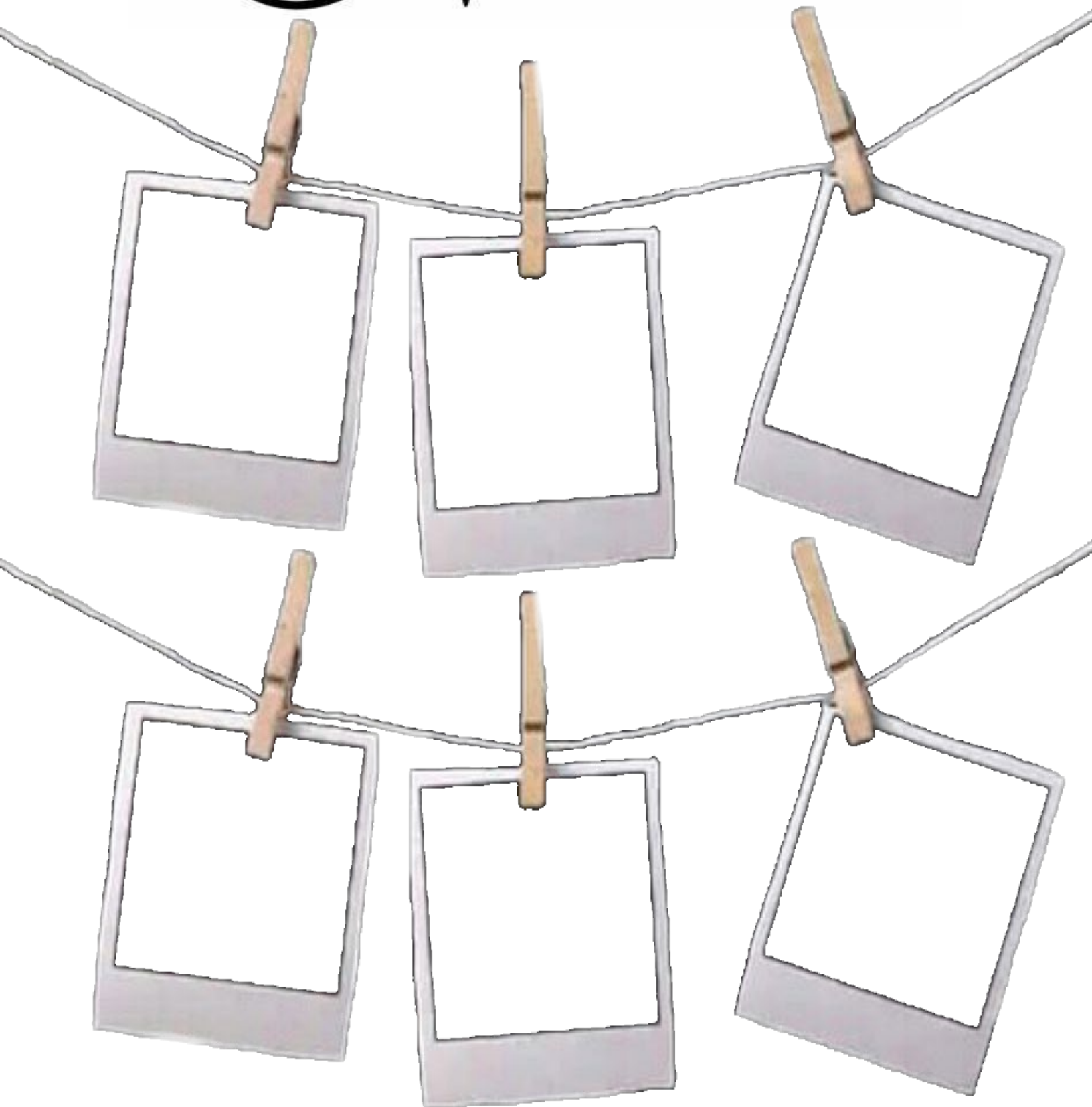
All About it:

I am _____ years old!

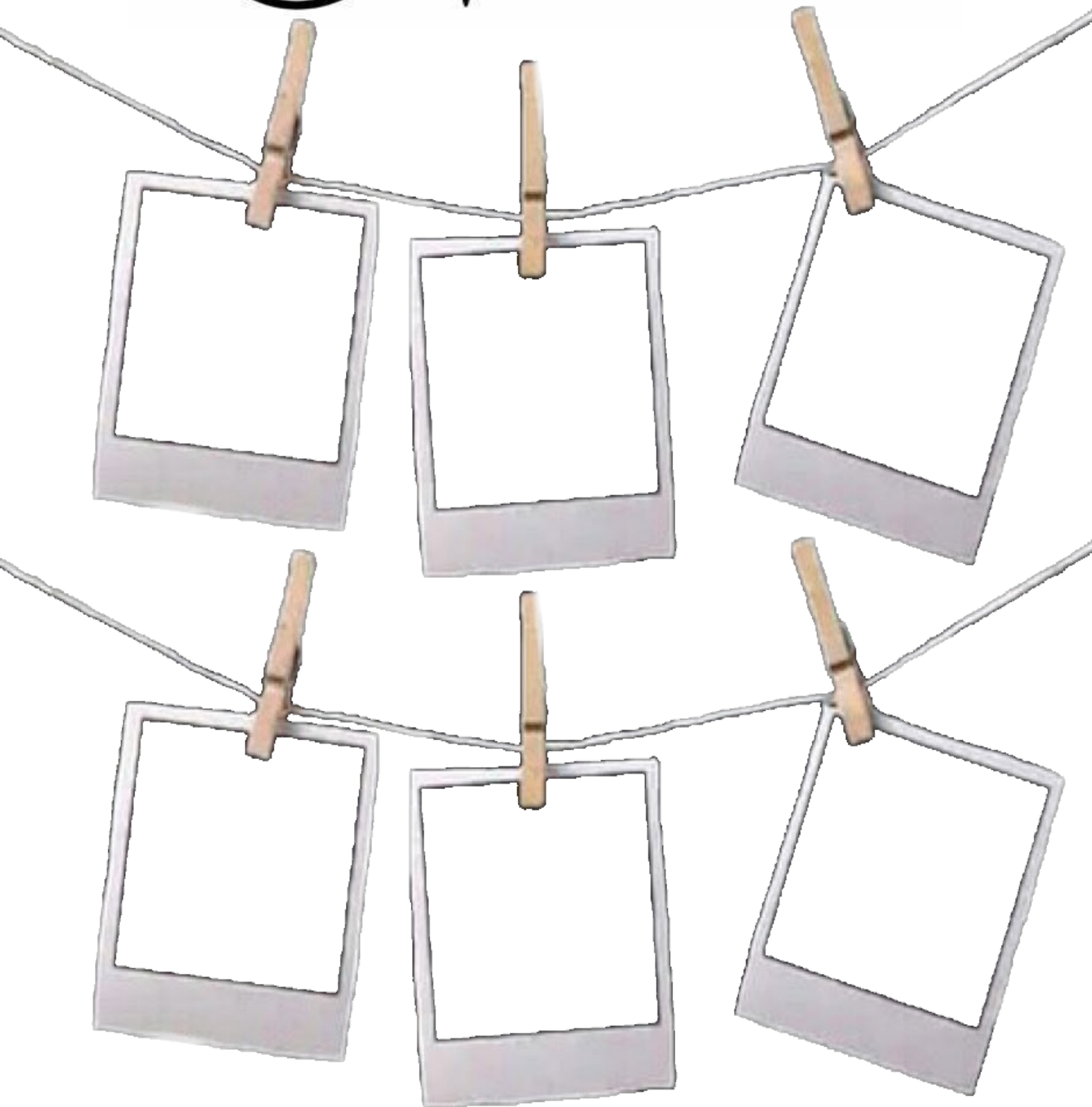
Captured Memories



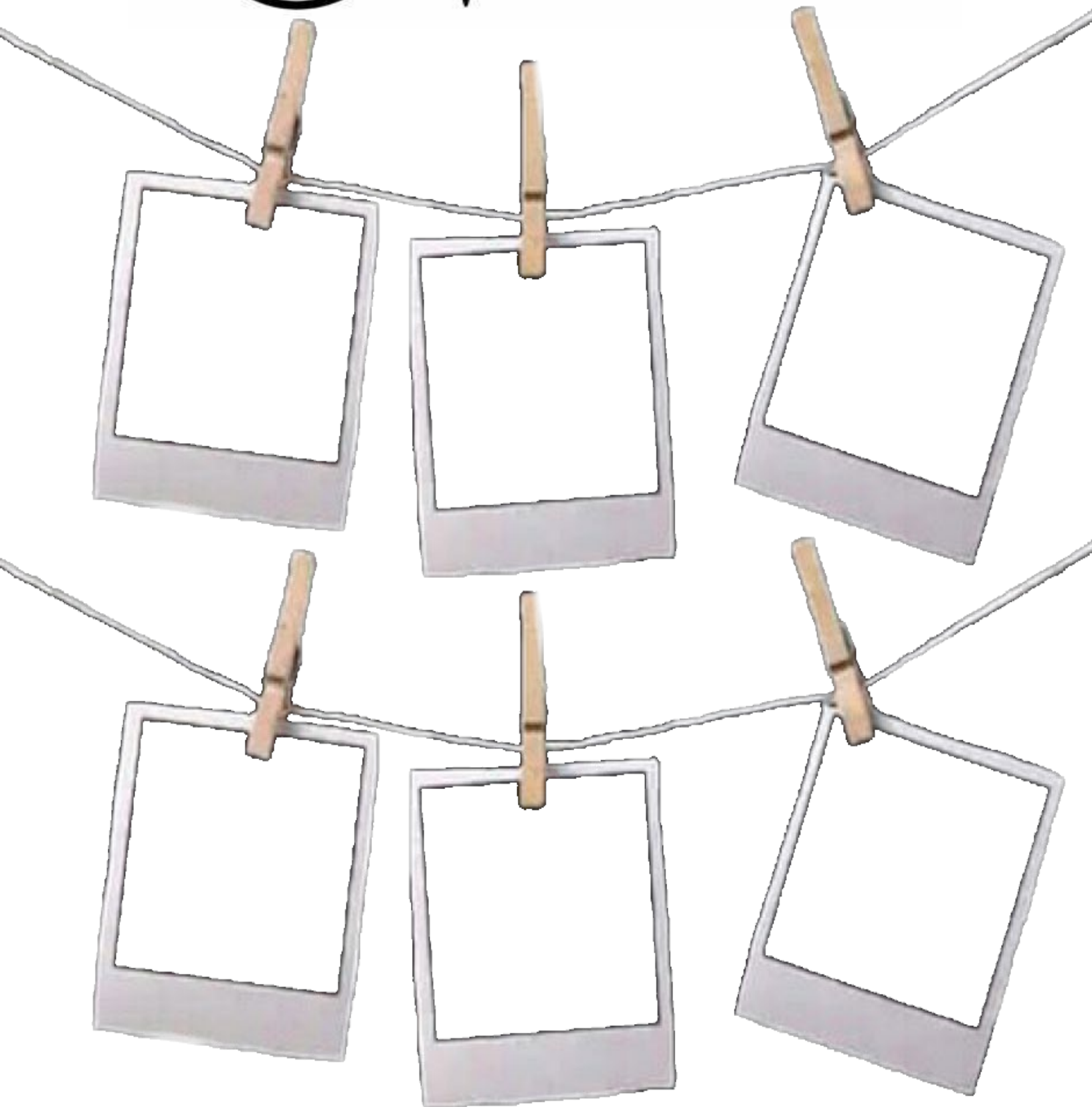
Captured Memories



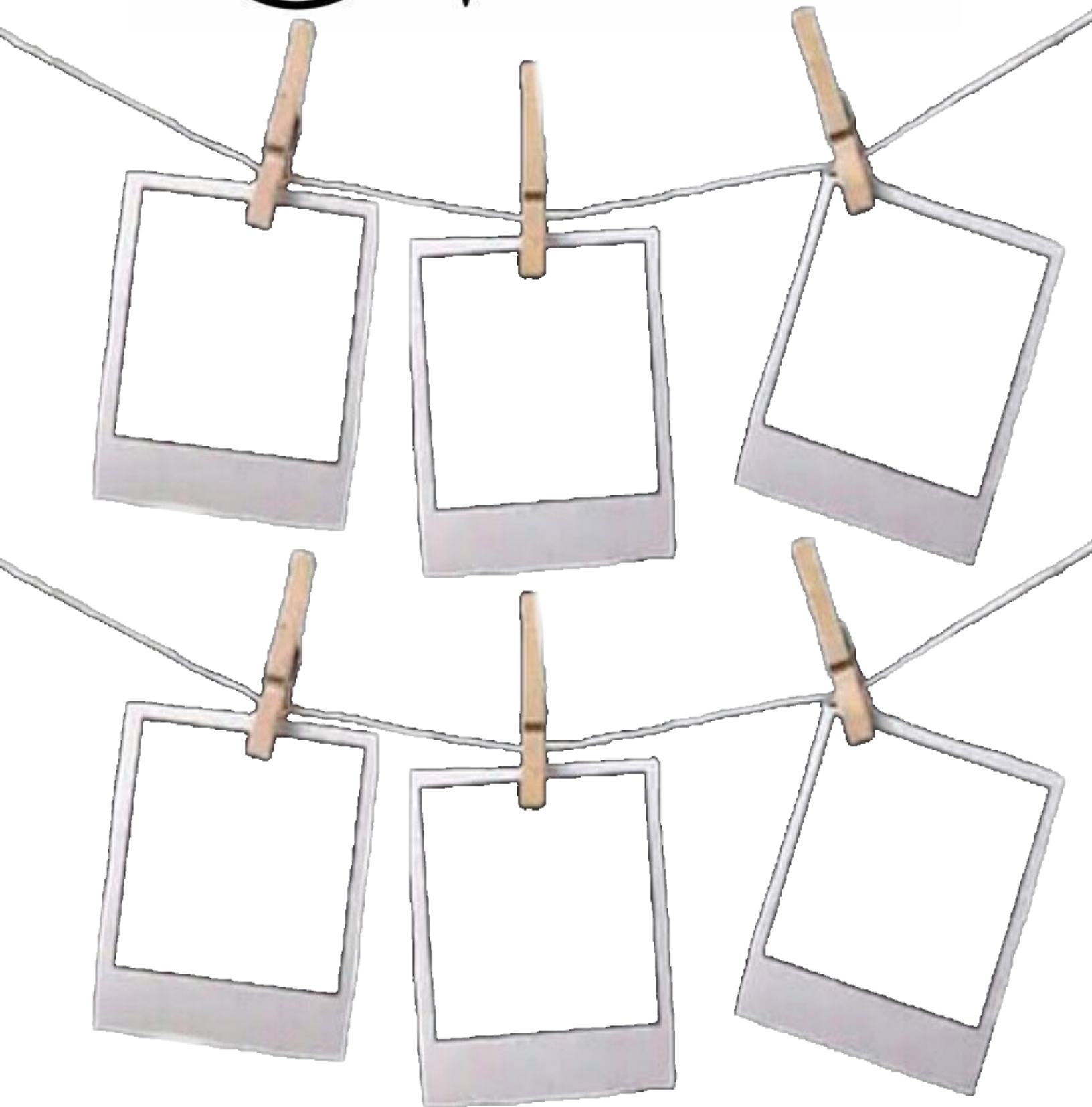
Captured Memories



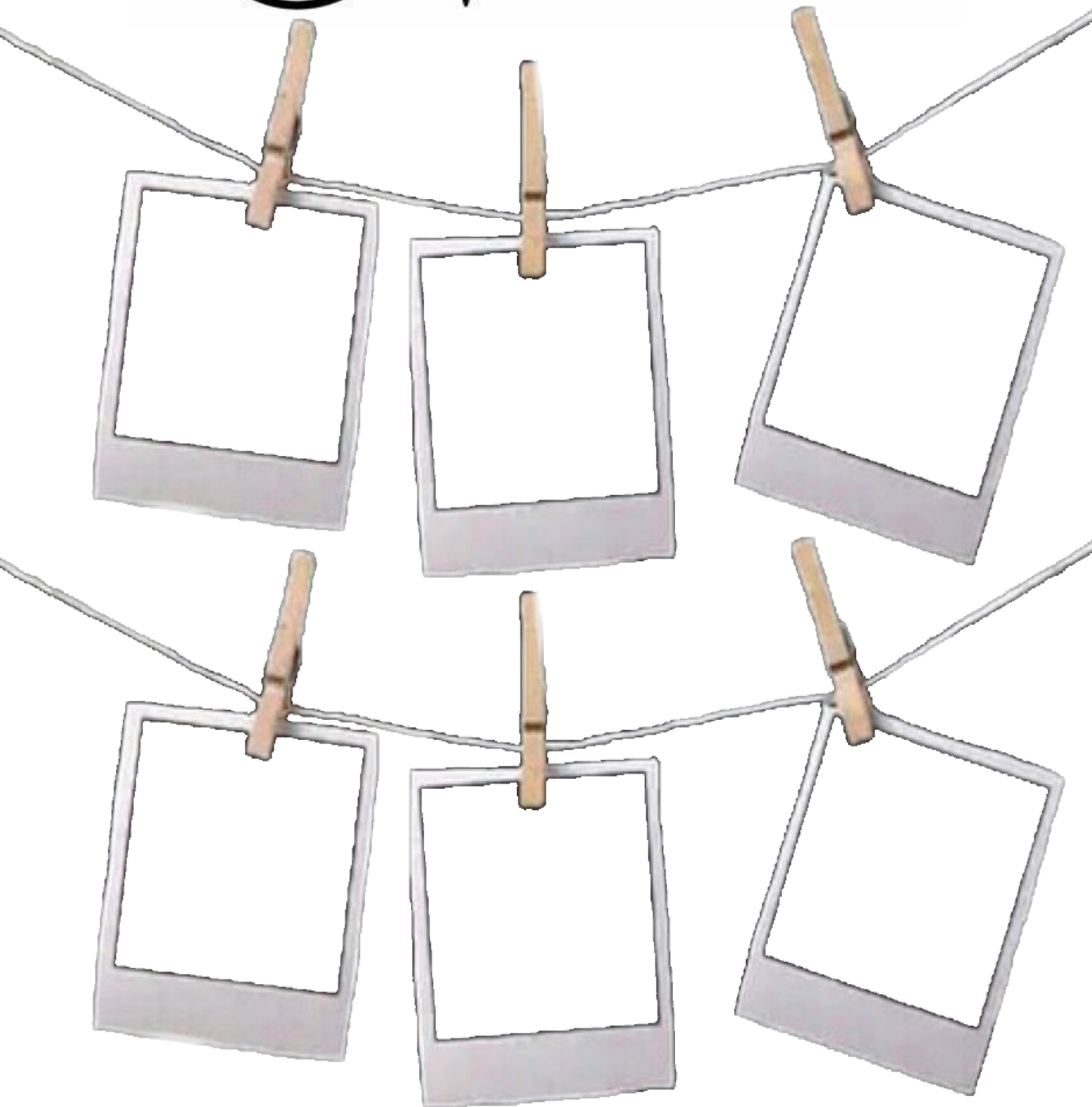
Captured Memories



Captured Memories



Captured Memories



TAB:

Labeled: My friends & my future

MY FRIENDS

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

MY FRIENDS

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

MY FRIENDS

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

MY FRIENDS

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:

My friend's name: _____

How/where we met: _____

Memories:



Friends

(Contact Information)

Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:
Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:
Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:

Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:
Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:
Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:
Name: Phone: Social media handles:	Name: Phone: Social media handles:	Name: Phone: Social media handles:

MY FAVORITE THINGS

Movies

Songs

Hobbies

Books

Colors

TV Shows

Sports

Actors

Foods

Animals

Musicians

Subjects

Board Games

Holidays

Websites

Restaurants

**My Wishes for
Myself Right Now**

**My Wishes for
Myself in the Future**

**My Wishes
for the World**

**My Wishes for
my Family**



My Wishes

Words That Describe ME!

fun

athletic

quiet

LOUD

sad

musical

SMART

short

happy

proud

TALL

silly

responsible

friendly

artistic

confused

upbeat

daydreamer

bossy

creative

WILD

nervous

SCARED

generous

adventurous

careful

ENERGETIC

LOVING

mad

beautiful

serious

tired

KIND

PLANNING *my* FUTURE



AFTER HIGH SCHOOL, I WANT TO...

work go to college live at home go to a vocational school move out
 join the military (branch _____) take a year off other (_____)

IF GOING TO COLLEGE...

College that I want to attend: _____ Major: _____

How many years of college will I need? _____ The year I hope to graduate: _____

WORK

Job that I want to have: _____ Place I want to work: _____

The annual salary I hope to make: _____

What I plan to do with the money that I earn: _____

LIFESTYLE

State or country that I want to live in: _____

What features do I want my house to have? (# of bedrooms, pool, big yard, etc.) _____

Type of car I want to drive: _____

Do I want to be married? Yes No Children? Yes No How many? _____

What hobbies, sports, or organizations do I hope to be a part of? _____

What do I want my social life and friend group to look like? _____

What do I want my relationship with my parents and siblings to look like? _____

HOW I'M FEELING ABOUT MY FUTURE:

excited optimistic pessimistic sad anxious angry prepared unprepared
 stressed curious enthusiastic overwhelmed hopeful confident ashamed

What steps do I need to take or changes do I need to make to help my future look the way that I want it to?

What help do I need from others? _____

When I get older, I want to look back and say, "I've lived a _____ life!"

