FOSTERING RELATIONSHIPS in VISITATION (FRV) Parent/Caregiver Visitation Model Overview

What are the goals of the Fostering Relationships in Visitation Model?

- Help parents to have successful and focused visits with their children, which encourages consistent visitation.
- Support birth parents to "follow their child's lead" to encourage engagement and connection with their children.
- Strengthen the relationship and communication between caregivers and birth parents.
- Provide supportive training and coaching to birth parents to assist in rebuilding attachment with their child.

What do participants have to do?

- Families agree to participate in the program and may stop the program at any time.
- Families will be offered an Ice Breaker meeting before the start of FRV so that parents and caregivers can meet each other, discuss the child's needs and enhance communication.
- Birth parents will arrive 20 minutes before the start of each FRV visit to meet with a Field Based Case Aid (FBCA) mentor. Parents will receive coaching on following the child's lead, connecting with their child, and managing challenges in the visit. Your assigned FBCA mentor will contact you for scheduling.
- Caregivers will be trained on ways to support the birth parent during the visit and encourage parents as they follow the child's lead. Training may be provided individually or in a group.
- Caregivers will provide transportation and attend visits at a CFS office with birth parents and children.
- After each visit, the caregiver and birth parent will fill out a brief questionnaire and will receive phone calls from the social worker to discuss the visit.

The FRV model is designed to provide an encouraging, non-threatening environment for birth parents, their children and caregivers

Strengthening VC Families
Ventura County Children & Family Services

Who is eligible to be referred to FRV?
* Children ages 6 months - 6 years old placed in a foster home
* Parent consent to participate in an initial "Ice Breaker" meeting, visitation coaching, and in FRV visits